Sunday Monday Tuesday Wednesday Thursday Friday Saturday Support Run 2 Remember 9:30 Exercise luly 2023 10:00 Ft Lewis PX/Commissary **Board Games** 10:30 30 Minute fitness 1:00 2:00 Bingo 3:00 Cribbage Mexican Train Trivia Night w/ Steven D. Patriots Landing Independent & Assisted Living Life Enrichment Independence Day Trivia Canada Day 5 Transportation: APPT. Day 7 Transportation: APPT. Day Happy 4th of July 4 9:30 SAIL Fitness 6 Shuttle to St. Frances Cab 9:30 SAIL Fitness Support Run 2 Remember 9:30 Cardio/Strength Fitness SAIL Fitness 1:15 9:30 9:30 SAIL Fitness DVD Shuttle to St. John Bosco 9:30 10:00 Tacoma Mall Jean Pierre's Three 16 11:00 9:30 Exercise 1:00 Sit & Fit 1:00 Sit & Fit 1:00 Sit & Fit DVD Church @ Patriots Landing 9:30 10:30 Catholic Prayer Service **French Restaurant** McChord BX/Commissary 10:00 6:15 Mexican Train 11:15 Crafts 3:00 **Golf Putting** 4th of July Event starting at 6:00pm | 11:00 Communion 30 Minute fitness 1:00 Sit & Fit 1:00 6:30 Poker McChord BX/Commissary 1:00 1:00 Sit & Fit 2:00 Bingo 2:00 Bingo 6:15 Mexican Train American Legion Band, BBQ, Big 1:00 30 Minute fitness 3:00 Needle Group Triominos 3:00 Cribbage 6:15 Band, Fireworks at Dusk 2:00 Bingo Friday Night Movie 6:15 Mexican Train 7:00 3:00 Cards: Bridge 6:15 Triominos Front of Building. Saturday Movie Night 7:00 Cribbage 6:30 Poker 6:30 6:30 Bingo 7:00 Movie Night Independence Day (US) 12 Transportation: APPT. Day 8:20 Shuttle to St. Frances Cab **Q** Transportation: APPT. Day 10 Transportation: APPT. Day 13 9:30 SAIL Fitness 9:30 Shuttle to St. John Bosco Support Run 2 Remember 9:30 SAIL Fitness 9:30 Cardio/Strength Fitness Cardio/Strength Fitness 9:30 SAIL Fitness 10:00 Walmart 9:30 Church @ Patriots Landing Exercise L:00 Sit & Fit 11:00 **Bacco Trattoria Italian** 10:30 Playing 8-ball billiards 11:00 Brain fitness 11:00 Anthonys Olympia Ft Lewis PX/Commissary 11:15 Walk 10:00 1:45 Crafting Social 1:00 Sit & Fit 1:00 Sit & Fit Sit & Fit 10:30 Catholic Prayer Service 30 Minute fitness 1:00 1:00 Ft Lewis PX/Commissary 6:15 Mexican Train 2:00 Bingo – 6 Games 11:00 Communion 2:00 Bingo 2:00 2:00 Bean Bag Toss Bingo 30 Minute fitness 6:30 Poker **Cabaret Singer Music Social** 3:00 Cribbage 1:00 Sit & Fit Music 4 Vets/ Wine social 3:00 Golf Putting 3:15 Poker Triominos Mexican Train 3:00 Needle Group 6:15 Triominos Triominos 6:15 Mexican Train Saturday Movie Night 7:00 7:00 Friday Night Movie 3:00 Cards: Bridge 6:30 Poker 7:00 Movie Night 6:30 Cribbage 7:00 Movie Night Shuttle to St. Frances Cab 16 Transportation: APPT. Day **18** 9:30 19 Transportation: APPT. Day SAIL Fitness Support Run 2 Remember Exercise 17 Transportation: APPT. Day 20 9:30 SAIL Fitness 21 10:00 Fred Meyers Cardio/Strength Fitness 9:30 Cardio/Strength Fitness 9:30 Shuttle to St. John Bosco 10:30 Catholic Prayer Service 10:00 Book Club – 3rd floor 11:00 **Curry Corner Lacey** 9:30 10am-1pm Craft Fair (Lobby) 1:00 Sit & Fit Church @ Patriots Landing 9:30 McChord BX/Commissary 11:00 Communion 10:00 1:00 Sit & Fit 10:00 **ACU Banking for residents** 1:00 Sit & Fit 11:15 Theater Read 6:15 Mexican Train 30 Minute fitness 1:00 Sit & Fit 1:00 3:00 Mahjong 2:00 Bingo (6 games) Playing 8-ball billiards McChord BX/Commissary 1:00 6:30 Golf Putting 2:00 Bingo 3:00 Needle Group 6:15 Mexican Train **Story Time** 1:00 Sit & Fit 30 Minute fitness 1:00 3:00 Cribbage 3:00 Cards: Bridge 6:30 Poker 6:15 Triominos 2:00 Bingo 2:00 Bingo Mexican Train 6:15 6:30 Cribbage 7:00 History Stories w/Steven D 3:15 Friday Night Movie 6:15 Triominos Poker 7:00 7:00 Saturday Movie Night 6:30 Poker 6:30 Bingo **Sports & Local Legends** 6:15 Triominos 7:00 Movie Night Movie Night 7:00 10:00 Farmers Market Olympia 26 Transportation: APPT. Day 8:20 Shuttle to St. Frances Cab 23 Transportation: APPT. Day 24 Transportation: APPT. Day Support Run 2 Remember 9:30 Shuttle to St. John Bosco SAIL Fitness 9:30 9:30 Cardio/Strength Fitness 9:30 SAIL Fitness Cardio/Strength Fitness 9:30 Church @ Patriots Landing **Elmer's Restaurant Tacoma** 10:30 Catholic Prayer Service 11:00 9:30 Exercise L:00 Sit & Fit 11:15 Walk 11:00 Brain Fitness 10:30 Playing 8-ball billiards 11:00 Catholic Mass 1:00 Sit & Fit Ft Lewis PX/Commissary 10:00 12:30 EMERALD DOWNS / Running o 2:00 Residents Birthday L:00 Sit & Fit 1:00 Sit & Fit 2:00 Bingo 30 Minute fitness 1:00 Sit & Fit 1:00 the Corgi Dog Races Party/Trivia Songbirds w/Alan Z 2:00 1:00 Ft Lewis PX/Commissary 2:00 **Town Hall** 6:15 Triominos 2:00 Bingo 2:00 Bingo 6:15 Mexican Train 1:00 30 Minute fitness Cribbage 7:00 Friday Night Movie 3:00 6:15 Mexican Train 3:00 Needle Group 3:15 Poker 6:30 Poker 2:00 Bingo Mexican Train 6:15 6:30 3:00 Cards: Bridge Golf Putting 6:15 Triominos 6:15 Triominos 7:00 Saturday Movie Night 6:30 Poker 7:00 Movie Night Cribbage 6:30 7:00 Movie Night 6:30 Bingo Shuttle to St. Frances Cab 30 Transportation: APPT. Day 31 8:20 9:30 SAIL Fitness Shuttle to St. John Bosco 9:30 Sit & Fit 1:00 **PATRIOTS LANDING** 9:30 Church @ Patriots Landing Songbirds w/Alan Z Theater Read 11:15 1:00 McChord BX/Commissary 6:15 Mexican Train RETIREMENT COMMUNITY 1:00 30 Minute fitness 6:30 Golf Putting Bingo 2:00 6:15 Triominos 6:30 Poker 7:00 Movie Night