

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 May Day 9:00 Bend & Stretch 10:00 Daily Chronicle 11:00 Linked Senior 1:30 Self Expression 2:30 Bird Watching 3:30 Sing along 6:00 Travel the world	2 9:00 Move to Groove 10:00 News and Views 11:00 Health Facts 1:30 Word Search / Puzzles 2:30 Lady's Talk 3:30 Seated Yoga 6:00 Nature Film	3 9:00 Fun & Fitness 10:00 Senior Topics 11:00 Simon Says 1:30 Beauty Club 2:30 Bingo Fun 3:30 Music & Movement 6:00 Evening News	4 9:00 Morning Stretch 10:00 Brain Teaser 11:00 Who am I- Video 1:30 Storytelling 2:30 Taste and See 3:30 Wheeling/Walking 6:00 Evening Movies	5 Cinco de Mayo 9:00 Creative Movement 10:00 Linked Senior 11:00 Target Toss 1:30 Crafts of Interest 2:30 Cinco de Mayo Party 3:30 Exercise with Will 6:00 Our Planet Earth	6 9:00 Happy and healthy 10:00 Week in Review 11:00 Poetry Appreciation 1:30 Bible Story 2:30 Ping Pong/Dominoes 3:30 Sing along 6:00 Evening News
7 9:30 Our Lady of Grace 10:00 Sunday Stretch 11:00 Daily Chronicle 1:30 Plant Care 2:30 Bingo Royal 3:30 Life Enrichment 6:00 Evening Movie	8 9:00 Bend & Stretch 10:00 Daily Chronicle 11:00 Linked Senior 1:30 Self Expression 2:30 Bird Watching 3:30 Sing along 6:00 Travel the world	9 9:00 Move to Groove 10:00 News and Views 10:30 Music - Alligator 1:30 Word Search / Puzzles 2:30 Lady's Talk 3:30 Seated Yoga 6:00 Nature Film	10 9:00 Fun & Fitness 10:00 Senior Topics 11:00 Sing Fit 1:30 Pretty Nails 2:30 Bingo Royal 3:30 Music & Movement 6:00 Evening News	11 9:00 Morning Stretch 10:00 Brain Teaser 11:00 Who am I- Video 1:30 Storytelling 2:00 Chef's Corner - Paul 3:30 Wheeling/Walking 6:00 Evening Movies	12 9:00 Creative Movement 10:00 Linked Senior 11:00 Music Talk 1:30 Crafts of Interest 2:30 Happy Hour - M&k 3:30 Exercise with Will 6:00 Our Planet Earth	13 9:00 Happy and healthy 10:00 Week in Review 11:00 Proverbs 1:30 Bible Story 2:30 Ping Pong/Dominoes 3:30 Sing along 6:00 Evening News
14 Mother's Day 9:30 Our Lady of Grace 10:00 Sunday Stretch 11:00 Daily Chronicle 12:00 Mother's Day Luncheon Buffet 2:30 Bingo Royal 3:30 Life Enrichment 6:00 Evening Movie	15 9:00 Bend & Stretch 10:00 Daily Chronicle 11:00 Linked Senior 1:30 Self Expression 2:30 Bird Watching 3:30 Sing along 6:00 Travel the world	16 9:00 Move to Groove 10:00 News and Views 11:00 Health Facts 1:30 Word Search / Puzzles 2:30 Lady's Talk 3:30 Seated Yoga 6:00 Nature Film	17 9:00 Fun & Fitness 10:00 Senior Topics 11:00 Sing Fit 1:30 Glamour Hour 2:30 Bingo Time 3:30 Music & Movement 6:00 Evening News	18 9:00 Morning Stretch 10:00 Brain Teaser 11:00 Who am I- Video 1:30 Storytelling 2:30 Taste and See 3:30 Wheeling/Walking 6:00 Evening Movies	19 9:00 Creative Movement 10:00 Linked Senior 11:00 Music Talk 1:30 Crafts of Interest 2:30 Music - Jaime 3:30 Exercise with Will 6:00 Our Planet Earth	20 Armed Forces Day 9:00 Happy and healthy 10:00 Week in Review 11:00 poetry Appreciation 1:30 Bible Story 2:30 Ping Pong/Dominoes 3:00 BAM! Concert 6:00 Evening News
21 9:30 Our Lady of Grace 10:00 Sunday Stretch 11:00 Daily Chronicle 1:30 Plant Care 2:30 Bingo Royal 3:30 Life Enrichment 6:00 Evening Movie	22 9:00 Bend & Stretch 10:00 Daily Chronicle 11:00 Linked Senior 1:30 Self Expression 2:30 Bird Watching 3:30 Sing along 6:00 Travel the world	23 9:00 Move to Groove 10:00 News and Views 11:00 Health Facts 1:30 Word Search / Puzzles 2:30 Asian American and Pacific Islander Party 3:30 Seated Yoga 6:00 Nature Film	24 9:00 Fun & Fitness 10:00 Senior Topics 11:00 Sing Fit 1:30 Beauty Club 2:30 Bingo Fun 3:30 Music & Movement 6:00 Evening News	25 9:00 Morning Stretch 10:00 Brain Teaser 11:00 Who am I- Video 1:30 Storytelling 2:30 Taste and See 3:30 Wheeling/Walking 6:00 Evening Movies	26 9:00 Creative Movement 10:00 Linked Senior 11:00 Music Talk 1:30 Crafts of Interest 2:30 Birthday Bash 3:30 Exercise with Will 6:00 Our Planet Earth	27 9:00 Happy and healthy 10:00 Week in Review 11:00 Proverbs 1:30 Bible Story 2:30 Ping Pong/Dominoes 3:30 Sing along 6:00 Evening News
28 9:30 Our Lady of Grace 10:00 Sunday Stretch 11:00 Daily Chronicle 1:30 Plant Care 2:30 Bingo Royal 3:30 Life Enrichment 6:00 Evening Movie	29 Memorial Day 9:00 Bend & Stretch 10:00 Daily Chronicle 11:00 Linked Senior 12:00 Memorial Day Barbeque Luncheon 2:30 Bird Watching 3:30 Sing along 6:00 Travel the world	30 9:00 Move to Groove 10:00 News and Views 11:00 Health Facts 1:30 Culinary and Resident Meeting 2:30 Lady's Talk 3:30 Seated Yoga 6:00 Nature Film	31 9:00 Fun & Fitness 10:00 Senior Topics 11:00 Sing Fit 1:30 Beauty Club 2:30 Bingo Fun 3:30 Music & Movement 6:00 Evening News			