The Birches Daybreak Calendar of Events May 2023

			Garchar of District tracy Dele			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
"We can't be afraid of change. You may feel very secure in the pond that you are in, but if you never venture out of it, you will never know that there is such a thing as an ocean, a sea."  C. JOYBELL C.	1 10:30am Morning Games n Juice 10:45am FOX Sit N Fit 1:00pm BINGO! 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm YouTube Sing a Long 6:30pm Music with Courtney Colletti (PCLR)	10:00am Morning Games n Juice 10:00am Rosary Group 10:35am FOX Sit N Fit 1:00pm Mini Manis 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm I Love Lucy & Snack	3 10:00am Morning Games n Juice 10:35am Fox Sit N Fit 1:00pm Sing a Long Songs 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Arts n Crafts	4 MAY THE 4TH BE WITH YOUR  10:00am Morning Games n Juice  10:35am FOX Sit N Fit 1:00pm Time for Art 2:00pm Balloon Volley FULL "FLOWER" MOON  2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie	5 Cinco de Mayo 10:00am Morning Games n Juice 10:30am Music Therapy with Ted Jordan 1:00pm BINGO! 1:30pm Mini Manis with Maddie 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 6:00pm Evening Movie and Snack	10:30am Music from The Harp with Gloria Galante (PCLR)  KKNTUCKY DERBY DAY  1:00pm Letter Of the Day 2:30pm Snack Time 3:00pm Balloon Volley 5:30pm Evening Movie and Snack
7 10:45am Morning Games n Juice 11:00am YouTube Catholic Mass 1:00pm BINGO! 2:30pm Dave Cornwall Piano Hymns (Bistro) 4:00pm TV Time 6:30pm Evening Movie and Snack	8 10:30am Morning Games n Juice 10:45am FOX Sit N Fit 1:00pm BINGO! 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm YouTube Sing a Long 6:30pm Historic Program with Mike Jesberger (PCLR)	9 10:00am Morning Games n Juice 10:00am Rosary Group 10:35am FOX Sit N Fit 1:00pm Mini Manis 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm I Love Lucy & Snack	10 10:00am Morning Games n Juice 10:35am Fox Sit N Fit 1:00pm Sing a Long Songs 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Arts n Crafts & Evening Snack PAPARAZZI JEWELRY 11AM-3PM (LOBBY)	11 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 1:00pm Time for Art 2:00pm Balloon Volley 2:30pm Snack Time 3:00pm—3:30pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Evening Movie & Snack	12 10:00am Morning Games n Juice 10:30am FOX Sit n Fit 1:00pm BINGO! 2:30pm Snack Time 3:00pm -3:30pm FOX Fitness 6:00pm Evening Movie and Snack	13 10:45am Morning Games n Juice 11:00am Letter of the Day 1:30pm Trivia Corner 2:30pm Snack Time 3:00pm Balloon Volley 5:30pm Evening Movie and Snack
14 10:45am Morning Games n Juice 11:00am Catholic Communion Rite 1:00pm BINGO! 2:30pm Snack Time 4:00pm TV Time 6:30pm Evening Movie & Snack Happy Mother's Day!	15 10:30am Morning Games n Juice 10:45am FOX Sit N Fit 1:00pm BINGOL 2:00pm Circle Kick Ball 2:30pm Mothers Day Social with Russell Norkevich (Bistro) 3:45pm -4:15pm FOX Fitness 3:30pm YouTube Sing a Long 6:00pm Evening Movie	16 10:00am Morning Games n Juice 10:00am Rosary Group 10:35am FOX Sit N Fit 1:30pm Mini Manis 2:30pm Snack Time 3:45pm-4:15pm FOX Fitness 3:30pm Trivia Challenge 6:00pm I Love Lucy & Snack	17 10:00am Morning Games n Juice 10:35am Fox Sit Weith 2:00pm May Med of the Month and Pirthday Celebration 1:00pm Sing a Long Songs 2:30pm Snack Time 3:45pm—4:15pm FOX Fitness 3:30pm Trivia Challenge 6:00pm Arts n Crafts & Evening Snack 6:00pm Caregiver Support Group (PDR	1:00pm Time for Art 2:00pm Balloon Volley 2:30pm Snack Time 3:45pm—4:15pm FOX Fitness 3:30pm Trivia Challenge	19 10:00am Morning Games n Juice 10:35am FOX Sit N Fit 11:00am Brain Teasers 1:00pm BINGO! 2:30pm Snack Time 3:45pm- 4:15pm FOX Fitness 6:00pm Evening Movie and Snack	10:45am Morning Games n Juice 11:00am Letter of the Day 1:30pm Trivia Corner 2:30pm Snack Time 3:00pm Balloon Volley 5:30pm Evening Movie and

## The Birches Daybreak Calendar of Events May 2023

## Wednesday Friday Monday Tuesday Thursday Sunday Saturday 27 21 22 23 25 26 10:00am Morning 10:30am Morning Games 10:00am Morning Games 10:30am Morning 10:45am Morning 10:45am Morning 10:00am Morning and Juice **Games n Juice** n Juice Games n Juice **Games and Juice Games n Juice** Games n Juice 10:00am Rosary Group 10:45am Fox Sit N Fit 10:45am Fox Sit N 1:00pm Time For Art 11:00am Letter of the 10:45am FOX Sit N Fit 10:45am Fox Sit N Fit 1:00pm BINGO! 11:00am 2:00pm Balloon Dav 1:00pm BINGO! 12:00pm Parkinson's 1:30pm The Phrase 1:00pm Brain Games Volley **YouTube Catholic** 1:00pm Numbers Game Support Group with FOX 2:30pm Snack Time Game 2:30pm Snack Time **(T)** 2:30 Snack Time Mass (PCLR) 2:30pm Snack Time 2:30pm Snack Time 1:30pm Letter of The Day 3:00pm Sing a long Chat 3:45pm-4:15pm 1:00pm BINGO! 3:45pm-4:15pm FOX 3:45pm-4:15pm FOX 2:00pm Kick Ball Circle 3:00pm Balloon Volley **FOX Fitness** 2:30pm Snack Fitness Fitness 2:30pm Snack Time Ball 3:45pm-4:15pm FOX 6:00pm Arts n Crafts 6:30pm Evening 3:45pm-4:15pm FOX 3:30pm Trivia Challenge 5:30pm Evening Movie Time **Fitness** & Evening Snack **Fitness** Movie & Snack 6:00pm Evening Movie and Snack 6:30pm Evening 6:30pm Evening 6:00pm I Love Lucy and Snack **Movie and Snack** Movie & Snack & Evening Snack 30 28 31 29 10:00am Morning 10:00am Morning 10:00am Morning 10:45am Morning **Games and Juice Games n Juice Games and Juice Games and Juice** 10:00am Rosary 1:00pm BINGO! 10:45am Fox Sit N 11:00am Catholic Group 2:30pm Music by Fit **Communion Rite** 10:45am Fox Sit N Fit John's Outlaws 1:00pm Brain 1:00pm BINGO! We honour 1:30pm Letter of The (PCLR) **Games** 2:00pm Snack Day the fallen on memorial day 6:30pm Evening Movie 2:30 Snack Time **Time** 2:30pm Snack Time **3:45pm FOX Fitness** 6:30pm Evening 3:45pm FOX Fitness 6:00pm Arts n 6:00pm I Love Lucy **Movie & Snack**



Time

Smack

Crafts & Evening

Bernita C.

& Evening Snack

MEMÔRIAI



## Activity Location Key

Daybreak Activity Room ~ DAR The Daybreak Daily Sheet Blue Dining Room - BDR Daybreak Living Room - DLR PC Living Room ~ PCLR Private Dining Room~ PDR Bistro ~ B Theater ~ T

Lobby ~ L

is posted in the Daybreak entry way and **Bulletin Boards** in the Daybreak Activity Room Thank you.