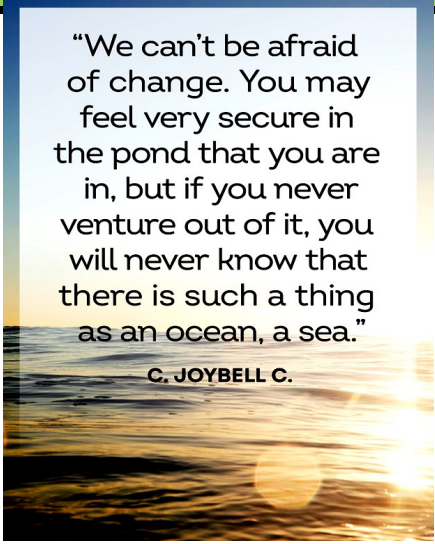









# The Birches Daybreak Calendar of Events May 2023

| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|--|---|--|---|---|---|--|
|  <p>"We can't be afraid of change. You may feel very secure in the pond that you are in, but if you never venture out of it, you will never know that there is such a thing as an ocean, a sea."<br/>C. JOYBELL C.</p>                                   | <b>1</b><br><b>10:30am Morning Games n Juice</b><br><b>10:45am FOX Sit N Fit</b><br><b>1:00pm BINGO!</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm YouTube Sing a Long</b><br><b>6:30pm Music with Courtney Colletti (PCLR)</b>  | <b>2</b><br><b>10:00am Morning Games n Juice</b><br><b>10:00am Rosary Group</b><br><b>10:35am FOX Sit N Fit</b><br><b>1:00pm Mini Manis</b><br><b>2:00pm Balloon Volley</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm I Love Lucy &amp; Snack</b> | <b>3</b><br><b>10:00am Morning Games n Juice</b><br><b>10:35am Fox Sit N Fit</b><br><b>1:00pm Sing a Long Songs</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm Arts n Crafts</b>  | <b>4 MAY THE 4TH BE WITH YOU!</b><br><b>10:00am Morning Games n Juice</b><br><b>10:35am FOX Sit N Fit</b><br><b>1:00pm Time for Art</b><br><b>2:00pm Balloon Volley</b><br><b>FULL "FLOWER" MOON</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm Evening Movie</b> | <b>5 Cinco de Mayo</b><br><b>10:00am Morning Games n Juice</b><br><b>10:30am Music Therapy with Ted Jordan</b><br><b>1:00pm BINGO!</b><br><b>1:30pm Mini Manis with Maddie</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>6:00pm Evening Movie and Snack</b> | <b>6</b><br><b>10:30am Music from The Harp with Gloria Galante (PCLR)</b><br> <b>KENTUCKY DERBY DAY</b><br> <b>1:00pm Letter Of the Day</b><br><b>2:30pm Snack Time</b><br><b>3:00pm Balloon Volley</b><br><b>5:30pm Evening Movie and Snack</b> |
| <b>7</b><br><b>10:45am Morning Games n Juice</b><br><b>11:00am YouTube Catholic Mass</b><br><b>1:00pm BINGO!</b><br><b>2:30pm Dave Cornwall Piano Hymns (Bistro)</b><br><b>4:00pm TV Time</b><br><b>6:30pm Evening Movie and Snack</b>   | <b>8</b><br><b>10:30am Morning Games n Juice</b><br><b>10:45am FOX Sit N Fit</b><br><b>1:00pm BINGO!</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm YouTube Sing a Long</b><br><b>6:30pm Historic Program with Mike Jesberger (PCLR)</b>  | <b>9</b><br><b>10:00am Morning Games n Juice</b><br><b>10:00am Rosary Group</b><br><b>10:35am FOX Sit N Fit</b><br><b>1:00pm Mini Manis</b><br><b>2:00pm Balloon Volley</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm I Love Lucy &amp; Snack</b> | <b>10</b><br><b>10:00am Morning Games n Juice</b><br><b>10:35am Fox Sit N Fit</b><br><b>1:00pm Sing a Long Songs</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm Arts n Crafts &amp; Evening Snack</b><br><b>PAPARAZZI JEWELRY 11AM-3PM (LOBBY)</b>  | <b>11</b><br><b>10:00am Morning Games n Juice</b><br><b>10:35am FOX Sit N Fit</b><br><b>1:00pm Time for Art</b><br><b>2:00pm Balloon Volley</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm Evening Movie &amp; Snack</b>  | <b>12</b><br><b>10:00am Morning Games n Juice</b><br><b>10:30am FOX Sit n Fit</b><br><b>1:00pm BINGO!</b><br><b>2:30pm Snack Time</b><br><b>3:00pm—3:30pm FOX Fitness</b><br><b>6:00pm Evening Movie and Snack</b>  | <b>13</b><br><b>10:45am Morning Games n Juice</b><br><b>11:00am Letter of the Day</b><br><b>1:30pm Trivia Corner</b><br><b>2:30pm Snack Time</b><br><b>3:00pm Balloon Volley</b><br><b>5:30pm Evening Movie and Snack</b>  |
| <b>14</b><br><b>10:45am Morning Games n Juice</b><br><b>11:00am Catholic Communion Rite</b><br><b>1:00pm BINGO!</b><br><b>2:30pm Snack Time</b><br><b>4:00pm TV Time</b><br><b>6:30pm Evening Movie &amp; Snack</b><br><b>Happy Mother's Day!</b><br> | <b>15</b><br><b>10:30am Morning Games n Juice</b><br><b>10:45am FOX Sit N Fit</b><br><b>1:00pm BINGO!</b><br><b>2:00pm Circle Kick Ball</b><br><b>2:30pm Mothers Day Social with Russell Norkevich (Bistro)</b><br><b>3:45pm—4:15pm FOX Fitness</b><br><b>3:30pm YouTube Sing a Long</b><br><b>6:00pm Evening Movie</b> | <b>16</b><br><b>10:00am Morning Games n Juice</b><br><b>10:00am Rosary Group</b><br><b>10:35am FOX Sit N Fit</b><br><b>1:30pm Mini Manis</b><br><b>2:30pm Snack Time</b><br><b>3:45pm—4:15pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm I Love Lucy &amp; Snack</b>                                | <b>17</b><br><b>10:00am Morning Games n Juice</b><br><b>10:35am Fox Sit N Fit</b><br><b>12:00pm May Meal of the Month and Birthday Celebration</b><br><b>1:00pm Sing a Long Songs</b><br><b>2:30pm Snack Time</b><br><b>3:45pm—4:15pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm Arts n Crafts &amp; Evening Snack</b><br><b>6:00pm Caregiver Support Group (PDR)</b> | <b>18</b><br><b>10:00am Morning Games n Juice</b><br><b>10:35am FOX Sit N Fit</b><br><b>1:00pm Time for Art</b><br><b>2:00pm Balloon Volley</b><br><b>2:30pm Snack Time</b><br><b>3:45pm—4:15pm FOX Fitness</b><br><b>3:30pm Trivia Challenge</b><br><b>6:00pm Evening</b>  | <b>19</b><br><b>10:00am Morning Games n Juice</b><br><b>10:35am FOX Sit N Fit</b><br><b>11:00am Brain Teasers</b><br><b>1:00pm BINGO!</b><br><b>2:30pm Snack Time</b><br><b>3:45pm—4:15pm FOX Fitness</b><br><b>6:00pm Evening Movie and Snack</b>                                      | <b>20</b><br><b>10:45am Morning Games n Juice</b><br><b>11:00am Letter of the Day</b><br><b>1:30pm Trivia Corner</b><br><b>2:30pm Snack Time</b><br><b>3:00pm Balloon Volley</b><br><b>5:30pm Evening Movie and</b>  |

# The Birches Daybreak Calendar of Events May 2023


| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|--|---|--|---|--|---|--|
| <p>21</p> <p>10:45am Morning Games n Juice</p> <p>11:00am YouTube Catholic Mass</p> <p>1:00pm BINGO!</p> <p>2:30pm Snack Time</p> <p>6:30pm Evening Movie &amp; Snack</p>          | <p>22</p> <p>10:00am Morning Games n Juice</p> <p>10:45am FOX Sit N Fit</p> <p>1:00pm BINGO!</p> <p>2:30pm Snack Time (PCLR)</p> <p>3:00pm Sing a long songs</p> <p>3:45pm—4:15pm FOX Fitness</p> <p>6:30pm Evening Movie and Snack</p> | <p>23</p> <p>10:00am Morning Games and Juice</p> <p>10:00am Rosary Group</p> <p>10:45am Fox Sit N Fit</p> <p>12:00pm Parkinson's Support Group with FOX (T)</p> <p>1:30pm Letter of The Day</p> <p>2:00pm Kick Ball Circle</p> <p>2:30pm Snack Time</p> <p>3:45pm—4:15pm FOX Fitness</p> <p>6:00pm I Love Lucy &amp; Evening Snack</p> | <p>24</p> <p>10:00am Morning Games n Juice</p> <p>10:45am Fox Sit N Fit</p> <p>1:00pm Brain Games</p> <p>2:30 Snack Time</p> <p>3:45pm—4:15pm FOX Fitness</p> <p>6:00pm Arts n Crafts &amp; Evening Snack</p> | <p>25</p> <p>10:30am Morning Games n Juice</p> <p>1:00pm Time For Art</p> <p>2:00pm Balloon Volley</p> <p>2:30pm Snack Time</p> <p>3:45pm—4:15pm FOX Fitness</p> <p>6:30pm Evening Movie &amp; Snack</p> | <p>26</p> <p>10:30am Morning Games n Juice</p> <p>10:45am Fox Sit N Fit</p> <p>1:00pm BINGO!</p> <p>1:30pm The Phrase Game</p> <p>2:30pm Snack Time</p> <p>3:45pm—4:15pm FOX Fitness</p> <p>3:30pm Trivia Challenge</p> <p>6:00pm Evening Movie and Snack</p> | <p>27</p> <p>10:45am Morning Games and Juice</p> <p>11:00am Letter of the Day</p> <p>1:00pm Numbers Game</p> <p>2:30pm Snack Time Chat</p> <p>3:00pm Balloon Volley Ball</p> <p>5:30pm Evening Movie and Snack</p> |
| <p>28</p> <p>10:45am Morning Games and Juice</p> <p>11:00am Catholic Communion Rite</p> <p>1:00pm BINGO!</p> <p>2:00pm Snack Time</p> <p>6:30pm Evening Movie &amp; Snack Time</p> | <p>29</p> <p>10:00am Morning Games and Juice</p> <p>1:00pm BINGO!</p> <p>2:30pm Music by John's Outlaws (PCLR)</p> <p>6:30pm Evening Movie</p>       | <p>30</p> <p>10:00am Morning Games and Juice</p> <p>10:00am Rosary Group</p> <p>10:45am Fox Sit N Fit</p> <p>1:30pm Letter of The Day</p> <p>2:30pm Snack Time</p> <p>3:45pm FOX Fitness</p> <p>6:00pm I Love Lucy &amp; Evening Snack</p>   | <p>31</p> <p>10:00am Morning Games n Juice</p> <p>10:45am Fox Sit N Fit</p> <p>1:00pm Brain Games</p> <p>2:30 Snack Time</p> <p>3:45pm FOX Fitness</p> <p>6:00pm Arts n Crafts &amp; Evening Snack</p>        |    |   |  |



## BIRTHDAYS

Bernita C. 6th

Sheila C. 21st



### Activity Location Key

Daybreak Activity Room ~ DAR

Blue Dining Room - BDR

Daybreak Living Room - DLR

PC Living Room ~ PCLR

Private Dining Room~ PDR

Bistro ~ B

Theater ~ T

Lobby ~ L

The Daybreak Daily Sheet is posted in the Daybreak entry way and Bulletin Boards in the Daybreak Activity Room

Thank you.