

Remember and Honor

Monday



8:30- Move & Groove

8:30- Move & Groove

9:00- Daily Chronicles

10:00- Kickball

12:00- Freshen Up

1:00- Pretty Nails

2:00- Snack and Chat

2:30- Name that State

8:30- Move & Groove

9:00- Daily Chronicles

10:00- Kickball

10:30- Hymn Sing

12:00- Freshen Up

2:00- Snack and Chat

1:00- Pretty Nails

2:30- Drum Circle

3:00- Balloon Volley

8:30- Move & Groove

9:00- Daily Chronicles

12:00- Freshen Up

1:00- Pretty Nails

2:30- Drum Circle

3:00- Bowling

2:00- Snack and Chat

8:30- Move & Groove

9:00- Daily Chronicles

9:15- Coffee and Conversation

11:00- Lunch with Friends

4:00- Dinner with Friends

10:00- Music with Pam Weston

9:15- Coffee and Conversation

11:00- Lunch with Friends

4:00- Dinner with Friends

4:00- Dinner with Friends

3:00- Table Games

9:15- Coffee and Conversation

10:30- Picture this discussion

11:00- Lunch with Friends

Keepsake Village

Friday

5 <u>Cinco de Mayo</u> 8:30 Balloon Fitness

9:00- Daily Chronicles

10:00-Cornhole

12:00- Freshen Up

2:30- Meditation

2:00- Snack and Chat

8:30- Balloon Fitness

9:00-Daily Chronicles

10:00- Racket Ball

12:00- Freshen Up

2:30- Hymn Sing

3:00- Fold and Sort

8:30- Balloon Fitness

10:00- Cornhole

12:00- Freshen Up

1:00- Arts & Crafts

2:00- Snack and Chat

8:30- Balloon Fitness

9:00- Daily Chronicles

10:00- Bean Bag Toss

10:30– Finish the lyrics

11:00- Lunch with Friends 12:00– Freshen Up 1:00– Monthly Birthday Party

9:15- Coffee and Conversation

9:00- Daily Chronicles

9:15- Coffee and Conversation

10:30- Correct Spelling Game

11:00- Lunch with Friends

2:30- Picture this discussion

3:00- Puzzles/Table Games

4:00- Dinner with Friends

1:00- Arts & Crafts

2:00- Snack and Chat

4:00- Dinner with Friends

9:15- Coffee and Conversation

11:00- Lunch with Friends

4:00- Dinner with Friends

10:30- Rummage Sale Detective

419 East Main Street Hendersonville , TN 37075 (615) 264-0779 www.thehearthhendersonville.com www.facebook.com/thehearthathendersonville

Keepsake Village Staff:

Tiffany Delay

Live More Coordinators:

Barb Lewis

AnnMarie Worthington

Rhonda McClain

Saturday



05/04- Floyd Wilkinson

8:30- Chair Zumba

10:30- TV Sermon

12:00- Freshen Up

2:30- Hymn Sing

3:00- Kickball

9:00- Daily Chronicles

9:15- Coffee and Conversation

10:00- Prayers and Devotion

11:00- Lunch with Friends

1:00- Colorful Creations

4:00- Dinner with Friends

2:00- Snack and Chat

14 <u>Mother's Day</u> 8:30- Chair Zumba

9:00- Daily Chronicles

10:30- TV Sermon

12:00- Freshen Up

2:30- Hymn Sing

8:30- Chair Zumba

12:00- Freshen Up

2:30- Hymn Sing

1:00- Balloon Volley

2:00- Snack and Chat

3:00- Wheel of Fortune

4:00- Dinner with Friends

9:00- Daily Chronicles

9:15-Coffee and Conversation

10:00- Prayers and Devotion

1:00- Muffins with Mom MAPPY theris

11:00- Lunch with Friends

2:00– Snack and Chat 🚁

4:00- Dinner with Friends

3:00- Mother's Day Discussion

9:15- Coffee and Conversation

10:00- Prayers and Devotion

Sunday

05/30- Helen Hyatt

10:30- Rhyme and Reason Day (Trivia) 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Sky High Building Blocks 2:00- Snack 2:30- Drum Circle 3:00- May Day Basket 4:00- Dinner with Friends

9:15- Coffee and Conversation

8:30-Tai Chi

8:30- Tai Chi

10:00- Ring Toss

12:00- Freshen Up

1:00-KSV Creation

2:00- Taste Creation

2:30- Drum Circle

3:00-Bowling

8:30- Tai Chi

10:30- Trivia

8:30- Tai Chi

10:00- Darts

9:00- Daily Chronicles

10:30- Name that sound

11:00- Lunch with Friends

4:00- Dinner with Friends

9:15- Coffee and Conversation

9:00- Daily Chronicles

10:00- Bean Bag Toss

12:00– Freshen Up

1:00- Name that fool

11:00- Lunch with Friends

2:00- Wizard of Oz Movie

4:00- Dinner with Friends

9:00- Daily Chronicles

10:30- Fact or Fiction

12:00- Freshen Up

1:00- KSV Creations

2:00- Snack and Chat

29 <u>Memorial Day</u>

11:00- Lunch with Friends

2:30-Victorian Slang Trivia

4:00- Dinner with Friends

3:00- Language of the Hand Fan

9:15- Coffee and Conversation

9:15- Coffee and Conversation

9:00- Daily Chronicles

10:00- Bean Bag Toss

11:00- Lunch with Friends

12:00– Freshen Up 1:00– Music with Ray Newman 2:00- Snack and Chat 2:30- Sunglasses & Sunshine 3:00- Small Groups 4:00- Dinner with Friends 8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation

Tuesday

8:30- Chair Yoga

10:00- Racket Ball

9:00- Daily Chronicles

10:30- Travelin' Tunes

9:15- Coffee and Conversation

10:00- Darts 10:30- Finish the phrase 11:00– Lunch with Friends 12:00– Freshen Up 1:00– Music with Ray Newman 2:00- Snack and Chat

2:30- Courtyard Time 3:00- Small Groups 4:00- Dinner with Friends 8:30- Chair Yoga 9:00- Daily Chronicles

10:00- Bowling 10:30- Table Topics 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Ray Newman 2:00- Snack and Chat 2:30- Trivia 3:00- Small Groups 4:00- Dinner with Friends

9:15- Coffee and Conversation

8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Ring Toss 10:30- Pair Up Game 11:00- Lunch with Friends

12:00– Freshen Up 1:00– Music with Ray Newman 2:00- Snack and Chat 2:30-Courtyard Time 3:00- Small Groups

4:00- Dinner with Friends

8:30- Chair Yoga 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Lasso Toss 10:30- Cowboy Jokes

11:00– Lunch with Friends 12:00- Freshen Up 2:00- Snack and Chat

4:00- Dinner with Friends

1:00- Music with Ray Newman 2:30- Westerns 3:00-Balloon Stampede

9:00- Daily Chronicles 9:00- Daily Chronicles 9:15- Coffee and Conversation 9:15- Coffee and Conversation 10:00- Music with Gabe Lamog 10:00- Toss and Catch 11:00- Lunch with Friends 10:30- Trivia 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Grump Out Day with Movie & 1:00- Music with Rick Applegate 2:30-Sing A Long "Bing Crosby" 3:00- Noodle Ball 4:00- Dinner with Friends

Wednesday

2:00- Snack and Chat 2:30- Colorful Creations 3:00-Small Groups 4:00- Dinner with friends

8:30- Sit & Stretch

12:00- Freshen Up

8:30- Sit & Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation

Thursday

10:00- Toss & Catch 10:30- Words in Words 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Balloon Volley 2:00- Snack and Chat

2:30- Memory Streets Trivia 3:00- Small Groups 4:00- Dinner with Friends 8:30- Sit & Stretch

9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Beach Ball Toss 10:30- Junk Drawer Detective 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Music with Rick Applegate

2:00- Snack and Chat 2:30-Colorful Creations 3:00- Small Groups 4:00- Dinner with Friends

8:30- Sit & Stretch 9:00- Daily Chronicles 9:15- Coffee and Conversation

10:00- Number Toss 10:30- This goes with that 11:00- Lunch with Friends 12:00– Freshen Up 1:00- Ice cream Social

2:00- Snack and Chat 2:30- Rainbow Detective 3:00- Small Groups

2:00- Snack and Chat 2:30- Meditation 3:00- Arts & Crafts 4:00- Dinner with Friends 4:00- Dinner with Friends

8:30- Scarf Dancing 9:00- Daily Chronicles 9:15- Coffee and Conversation 9:15- Coffee and Conversation 10:00- Parachute 10:30 – Table Topics 11:00-Lunch with Friends 12:00- Freshen Up 1:00– Cinco De Mavo Partv 2:00- Snack and Chat 3:00- Puzzles/ Table Games

10:30- Jokes & Riddles 11:00- Lunch with Friends 1:00- Horse Basketball 2:30- Music & Maracas 3:00- Ice Cream Social 4:00- Dinner with Friends

8:30- Ribbon Dancing 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Parachute 10:30- Finish the lines 11:00- Lunch with Friends 12:00– Freshen Up 1:00– Golf in the Courtyard 2:00- Snack and Chat 2:30- Mindful Meditation 3:00- Noodle Ball

4:00- Dinner with Friends 20 <u>Armed Forces Day</u> 8:30– Scarf Dancing 9:00– Daily Chronicles 9:15- Coffee and Conversation 10:00- Darts 10:30- Memory Streets Trivia 11:00- Lunch with Friends

12:00- Freshen Up l:00– Noodle Ball 2:00- Snack and Chat 2:30- Guess that scent 3:00- Service Days Remir 4:00- Dinner with Friends



8:30- Ribbon Dancing 9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Kickball 10:30- Memory Street Trivia

11:00- Lunch with Friends 12:00- Freshen Up

1:00- Outdoor Social 2:00- Snack and Chat 2:30-Trivia

3:00- Finish the phrase

4:00- Dinner with Friends *All activities are subject to

change based on the needs of the residents

*Scenic bus rides every Tuesday Morning

> *See the activity board for evening programs



8:30- Chair Zumba 9:00- Daily Chronicles

9:15- Coffee and Conversation 10:00- Prayers and Devotion 10:30-TV Sermon

11:00- Lunch with Friends 12:00- Freshen Up

4:00- Dinner with Friends

1:00- Hang Man 2:00- Snack and Chat 2:30- Hymn Sing 3:00- Basketball 3:00- Flag Craft

9:00- Daily Chronicles 9:15- Coffee and Conversation 10:00- Balloon Volley 10:30- Memorial day Reminiscing 11:00- Lunch with Friends 12:00– Fresehn Up

4:00- Dinner with Friends

1:00- Patriotic Songs 2:00- Snack and Chat :30- Memorial Day Trivia

9:15- Coffee and Conversation 10:00- Live More Olympics 11:00- Lunch with Friends 12:00- Freshen Up 1:00- Photo Booth 2:00- Snack and Chat 2:30- Meditation & Music 3:00- Kickball 4:00- Dinner with Friends

the hearth **Live More Week** May 28th-June 3rd