




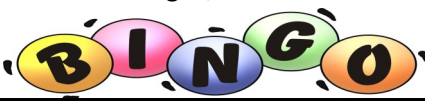



2023 May



SERENITY a Randall Residence
Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy Birthday to our friends and neighbors Jeanine– 15th Peggy– 28th 	1 9:30 workout w/ Connie 10:30 Creative engagement 10-12 Nailcare 1:30 Music therapy 2:30 Music & snack 6:00 Resident Choice Game	2 9:30 Stretch in Place 10:30 Creative Engagement 1:30 Balloon Ball 2:30 Music & Snack 6:00 Resident Choice Movie	3 9:30 workout w/ Connie 10:30 Creative engagement 10-12 Nailcare 1:30 Music therapy 2:30 Music & snack	4 STAR WARS THEME 9:00 Stretch in place 10:00 Creative engagement 1:30 Tour of Mexico Video 2:30 Bird Trivia & snack 6:00 Puzzles & games	5 CINCO DE MAYO 9:00 workout w/ Connie 10:00 Creative engagement 1:30 Gardening Day 2:00 Cinco De Mayo Party 2:30 Music & Snack 	6 Puzzles & Games Resident Choice Movies
7 Worship on TV Silent Prayer Nailcare	8 PAJAMA DAY 9:00 workout w/ Connie 10:00 May Trivia 10:30 Creative Engagement 1:30 Bingo On AL 2:30 Movie Monday 6:00 Coloring w/ staff	9 WEAR YOUR DISNEY ATTIRE 9:30 Stretch in Place 10:30 Creative Engagement 1:30 Gardening Day 2:30 Music & Snack 	10 WEAR SPORTS ATTIRE 9:30 workout w/ Connie 10-12 Nailcare 10:30 Creative Engagement 1:30 Music Therapy 2:30 Movie & Snack	11 WEAR CAMO DAY 9:30 Bean Bags on the patio 10:30 Creative Engagement 1:30 Listen/ Learn about the Mariachi Orchestra 2:00 Picture BINGO 2:30 Music & Snack 6:00 Puzzles & Games	12 WEAR TYE-DIE 9:00 workout w/ Connie 10:00 Mother's Day Coffee hr 10:30 Creative Engagement 1:30 Tissue Paper Flowers 2:30 Music & Snack 6:00 Resident Choice Activity	13 Puzzles & Games Resident Choice Movies
14 	15 National Chocolate Chip Day 9:00 workout w/ Connie 10:00 Make Cookies 11:00 Quilting Activity 1:30 Bingo On AL 2:30 Movie Monday 6:00 Puzzle & Games	16 9:00 Stretch in Place 10:00 Creative Engagement 1:30 Stone Painting 2:00 Watch a video about how to quilt 6:00 Resident Choice Activity	17 9:00 Workout w/ Connie 10:00 Creative Engagement 10:00 Read the book of quilts 10-12 Nailcare 1:30 Music Therapy 2:30 Movie & Snack 	18 9:00 Balloon Ball on the patio 10:00 Creative Engagement 1:00 Gardening Day 2:30 Music & Snack 3:30 Spring Collage 6:00 Puzzles & Games	19 9:30 Workout W/ Connie 10:30 Make a quilt square 1:00 Creative Engagement 2:00 Lets Watch "The Three Amigos"	20 Puzzles & Games Resident Choice Movies
21 Worship on TV Silent Prayer Nailcare	22 National Vanilla Pudding Day 9:00 workout w/ Connie 10:00 Creative Engagement 1:30 Bingo On AL Pudding parfait for snack 2:30 Movie Monday 6:00 Coloring w/ staff 	23 9:00 Zumba sitercise 10:00 Creative Engagement 1:00 Gardening Day 1:00 Bean bag toss 2:00 Music & Snack on the patio	24 9:00 Workout w/ Connie 10:00 Creative Engagement 10-12 Nailcare 1:30 Music Therapy 2:30 Movie & Snack	25 9:00 Stretch in Place 10:00 Creative Engagement 1:15 Learn about The Olmec People 2:00 Picture BINGO 2:30 Music & Snack On the Patio 3:00 "kick ball" on the patio 6:00 Puzzle & Games	26 9:00 Workout w/ Connie 10:00 Creative Engagement 1:00 Summer crafts 2:30 Music & Snack 3:00 Lets Watch "Coco" 6:00 Resident Choice Activity	27 Puzzles & Games Resident Choice Movies
28 Worship on TV Silent Prayer Nailcare	29 MEMORIAL DAY 9:00 workout w/ Connie 10:00 Creative Engagement 1:30 Bingo On AL 2:30 Movie Monday 6:00 Puzzle & Games	30 9:00 Balloon Ball on the patio 10:00 Creative Engagement 1:30 Gardening Day 2:00 Make suncatchers 2:30 Music & Snack 3:00 Puzzles & Games out on The Patio 6:00 Resident Choice Movie	31 National Flip Flop Day 9:00 Workout w/ Connie 10:00 Flip Flop Craft on AL 10-12 Nailcare 1:30 Music Therapy 2:30 Movie & Snack 	Come take the scenic route with us as we travel to the southern part of North America to see all the sites of Mexico!	