













2023 May

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 **SERENITY** a Randall Residence
Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy Birthday Nancy C.! 10AM Workout Video -AR 10:30AM Manicures -AR 1:30PM Bingo w/ MC -AR 2:45PM Movie Monday -T	2 10AM Welcome to Mexico -AR 11AM PT Reserved Classes -AR 1PM Bingo -AR 2:15PM Craft Corner: Ink Spill Coasters -AR	3 10AM Workout w/ Weights -AR 10:30AM Wordle -AR 1PM Bingo -AR 2:15PM Trivia -AR	Star Wars Day! 4 Wear Something Star Wars! 10AM Morning Stretch -AR 11AM PT Reserved Classes -AR 1:30PM Wheel of Fortune -AR 2:15PM Darts -AR Star Wars Movie Marathon! 10AM - 4PM in the T	5 Happy Cinco De Mayo! 10AM Workout w/ Noodles -AR 10:30AM Noodleball -AR 2PM Cinco De Mayo Party -AR 	6 1PM Bingo -AR
7 Nurses Week 5/8 - 5/12 There is activity packets, coloring pages, and word searches in the activity room.	8 Wear Your Pajamas! 10AM Workout w/ Noodles -AR 10:30AM Thank you Card Making -AR 1:30PM Bingo w/ MC -AR 2:45PM Movie Monday -T	9 Wear Your Disney Attire! 10AM Darts -AR 11AM PT Reserved Classes -AR 1PM- Bingo -AR 2:10PM Make Stone Cactus's -AR 	10 Wear Your Sports Attire! 10AM Workout Video -AR 10:30AM Wheel of Fortune -AR 1PM Bingo -AR 2:15PM Mexico Trivia -AR	11 Wear Camo Day! 10AM Morning Stretch -AR 11AM PT Reserved Classes -AR 1:30PM Outing: 	12 Wear Tie Dye! 10AM Mother's Day Coffee Hour 1:30PM Afternoon Workout -AR 2PM Top Places to See in Mexico -AR	13 1PM Board Games-AR
14 	15 National Chocolate Chip Day! 10AM Workout w/ Weights -AR 10:30AM Baking Cookies -AR 1:30PM Bingo w/ MC -AR 2:45PM Movie Monday -T	16 10AM Basketball -AR 11AM PT Reserved Classes -AR 1PM Bingo -AR 2:15PM Craft Corner: Painting Bird Houses -AR	17 10AM Workout w/ Noodles -AR 10:30AM Learn About The Great Pyramids of Cholula -AR 1PM Bingo -AR 2:15PM Wordle -AR	18 10AM Morning Stretch -AR -AR 11AM PT Reserved Classes -AR 1:30PM Sip & Paint on the Patio 	19 10AM Workout Video -AR 10:30AM Wordle -AR 1:30PM Movie Day! -T "Coco"	20 1PM Bingo -AR
21 There is activity packets, coloring pages, and word searches in the activity room.	22 National Vanilla Pudding Day! 10AM Workout Video -AR 10:30AM Manicures -AR 1:30PM Bingo w/ MC -AR 2:45PM Movie Monday -T	23 10AM Morning Stretch -AR 11AM PT Reserved Classes -AR 1:30PM Resident Council -AR 	24 10AM Workout w/ Weights -AR 10:30AM Wordle -AR 1PM Bingo -AR 2:15PM Activity Meeting -AR	25 10AM Make Mexican Flowers -AR 11AM PT Reserved Classes -AR 1:30PM Craft Corner: Decorate Picture Frames 	26 10AM Workout w/ Noodles -AR 10:30AM Wheel of Fortune -AR 1:30PM Bingo -AR 2:45PM Lets Learn Spanish -AR	27 1PM Card Games -AR
28 Happy Birthday Jenny! There is activity packets, coloring pages, and word searches in the activity room.	29 Happy Memorial Day 10AM Workout w/ Noodles -AR 10:30AM Noodleball -AR 1:30PM Bingo w/ MC -AR 2:45PM Movie Monday -T Wear Red, White, & Blue!! 	30 10AM Morning Stretch -AR 11AM PT Reserved Classes -AR 1:30PM Outing: 	31 National Flip Flop Day! 10AM Workout Video -AR 10:30AM Flip Flop Craft -AR 1PM Bingo -AR 2:15PM Learn About Leonardo Carrington -AR	Always Take the Scenic Route: This month we will be traveling to Mexico! We will be exploring all the beautiful things Mexico has to offer. We will even be making cactuses! So buckle up, we are off to Mexico!	Happy Birthday  Nancy C. 5/1  Jenny 5/28	First Floor: AR: Activity Room Second Floor: T: Theater Third Floor: CR: Craft Room