



May Birthdays

Catherine G. 5/4

Jake B. 5/3

Addilyn M. 5/1

Chante B. 5/11

HAPPY
BIRTHDAY!



FRIENDS & FAMILY REFERRAL PROGRAM!

\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

CARRIAGE PARK
CONNECT

May
2023



Spring is in full bloom! Weather is changing and hopes of warmer days and summer are on the horizon. There is a lot to look forward to this month with many new activities and events happening. Please be sure to pick up a May calendar. Some of the highlights this month are Cinco de Mayo, May 5th. We have a trip to Mexico planned, complete with Margaritas! Be sure to pick up your passports and boarding passes ✈. On May the 6th we will be witnessing history as we watch the coronation of Prince Charles. We've waited 74 years to see him become king. Also, on the 6th we'll be watching the Kentucky Derby and betting on the horses. We'll have our own version of the race here at WaltonWood. May 12th there will be a special Tea for the mother's here, so please be sure to R.S.V.P. by May 9th for you and a guest to attend. May 14th there will be a special Mother's Day dinner at 12pm in the dining room. As we near the end of the month we will honor the men and women who gave their lives for our freedom. A special remembrance service will be held in the dining room at 10am. A trip to Stahl Museum is planned for May 30th. This is a "not to be missed" trip. Lastly, May 31 is our Senior Health and Fitness Day. We will be holding a Senior Olympics on the patio, so come join us at 1:30pm and cheer on your favorite Olympian.



Redefining Retirement Living

SINGH

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COMMUNITY
MANAGEMENT

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Ashley Hall
Marketing Manager

Elizabeth Griffin
Marketing Manager

Esperanca de Abreu
Resident Care Manager

Annette Blackwell
Wellness Coordinator

Jonathan VanWicklin
Environmental Service
Manager

William Scott
Independent Living Manager

ASSOCIATE SPOTLIGHT

JORDAN FEHLIG

Jordan has been part of our Carriage Park family for almost a year. He works in the culinary department as a server. He is on time to work and stays late to make sure the kitchen is ready for the next day. Did you know that Jordan is multi-talented musically? He plays the Bari Sax and the Bass Guitar. Jordan also enjoys entertaining!



Our Bowling League is back!

Every Thursday at 10am.

We will be competing with the other Waltonwood Assisted Livings for best scores over 8 games for a pizza party!

Join us! Or come cheer us on!

APRIL HIGHLIGHTS

02

The Easter Bunny came to WaltonWood to delight Kids and grown-ups alike

05

Crafting is a favorite pastime. There is a lot of hidden talent in all of our residents.



19

Residents enjoyed a taste of Britain where they were treated like royalty and like Kings and Queens

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MAY HAPPENINGS

05

Cinco de Mayo

12

Mother's Day Tea

29

Memorial Day

31

Senior Health and Fitness Day



FOREVER FIT / WELLNESS Chris Grabowski, MS

On the last Wednesday of May WaltonWood joins with other seniors across the country to celebrate National Senior Health and Fitness Day. This year's event marks the 30th anniversary of the occasion aimed at encouraging and promoting health and wellness for older adults. With the theme of "Move More to Do More", each community will be highlighting the day in their own unique way. Here at Carriage Park, we will be having a Senior Olympics, complete with opening ceremonies and medals. On Wednesday May 31st join WaltonWood and your fellow residents as we celebrate "National Senior Health and Fitness Day", the perfect way to move and feel better.

EXECUTIVE DIRECTOR CORNER

"Mothers are like glue. Even when you can't see them, they are still holding the family together". -Susan Gale

Happy May and Happy Mother's Day for those of you celebrating yourself or the mothers in your lives. Fran is excited to be hosting her first Mother's Day event on May 12th at 2:30pm, as she settles into her new role as Life Enrichment Manager. Fran is doing an amazing job and has many more fun activities instore for the residents! I would also like to welcome Annette Blackwell back to the resident care team as the new Wellness Coordinator! Annette's experience in education along with her experience and passion to become a nurse will be a great addition to the team and the WaltonWood family. ~Angie

