

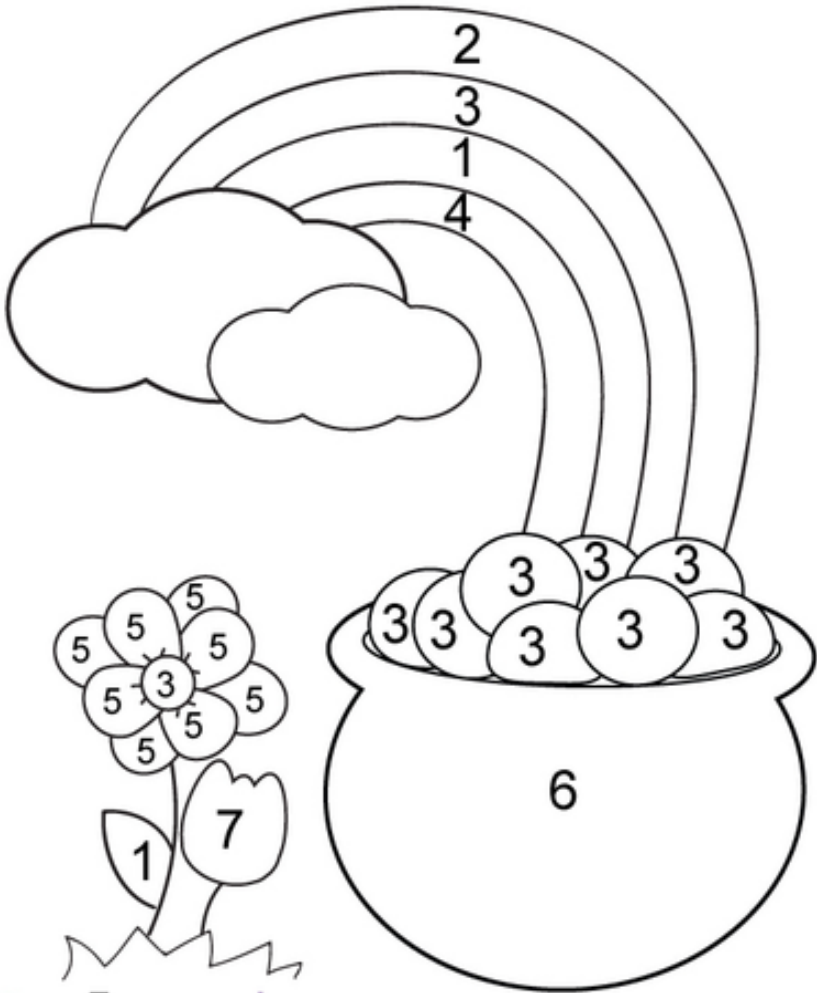
March Color by Number

The Roundup

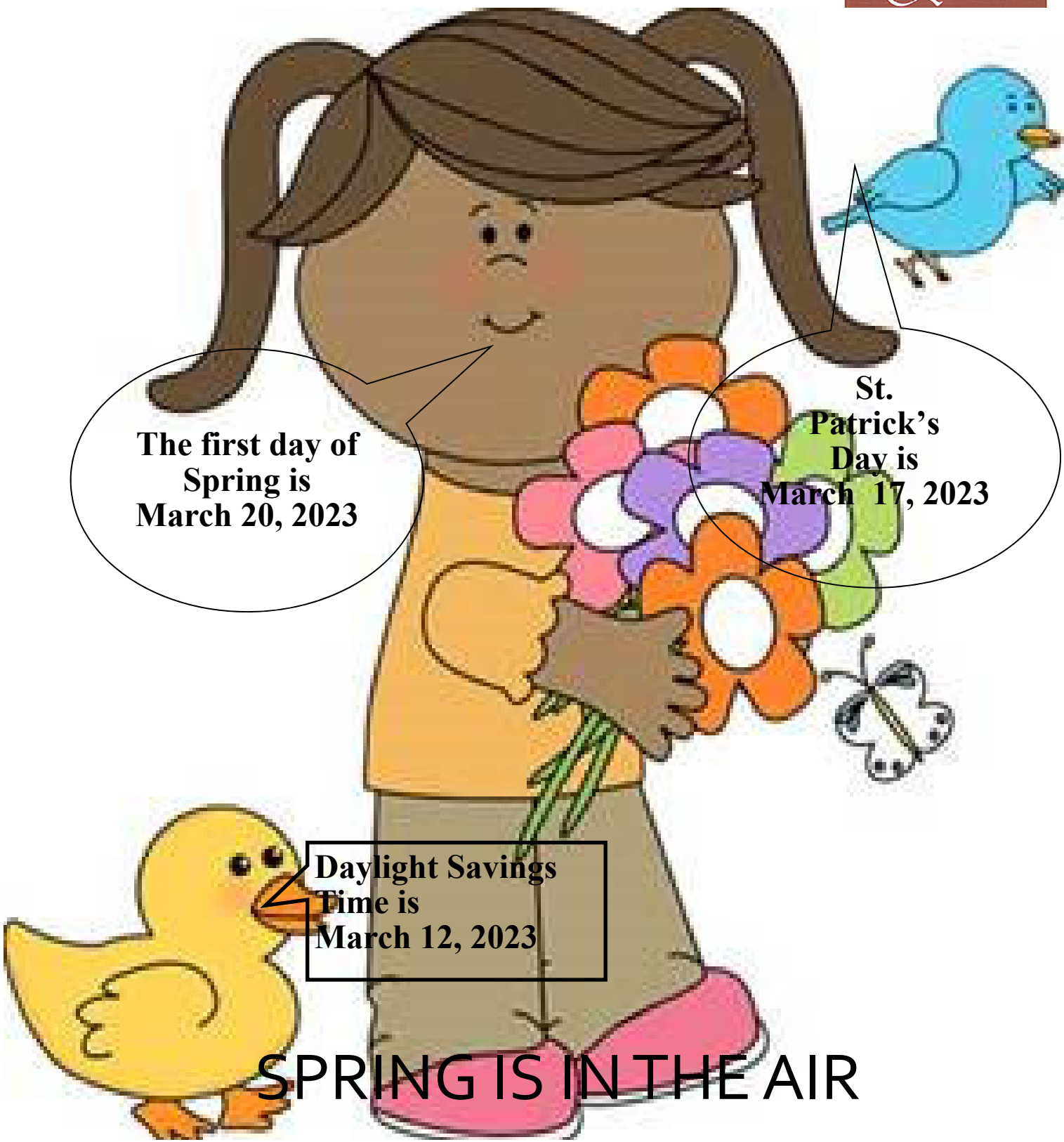
March 1,
2023



1 2 3 4 5
March



- 1- green
- 2- red
- 3- yellow
- 4 blue
- 5- purple
- 6- orange
- 7- pink
- 8- black



The first day of
Spring is
March 20, 2023

St.
Patrick's
Day is
March 17, 2023

Daylight Savings
Time is
March 12, 2023

SPRING IS IN THE AIR

SPRING FORWARD



**DAYLIGHT SAVINGS
TIME
MARCH 12, 2023.**

**DON'T FORGET TO SET
YOUR CLOCKS
FORWARD
1 HOUR ON
SUNDAY, MARCH 12, 2023
AT 2 AM OR SATURDAY
NIGHT MARCH 11, 2023
BEFORE BED.**

SHAMROCK SLUSH

INGREDIENTS:

- ⊙ 1/2 quart (2 cups) lime sherbet, softened
- ⊙ 1/4 cup frozen limeade concentrate
- ⊙ 1 tbsp. sugar, optional
- ⊙ 1 (12 oz.) can OR 1 1/2 cups lemon-lime soda, chilled
- ⊙ 1 cup crushed ice
- ⊙ Green sugar crystals, optional

DIRECTIONS:

Place all ingredients into a large blender. Blend until smooth. Serve immediately. Top with some shamrock dust (green sugar crystals) if desired.



REUBEN SQUARES



INGREDIENTS: **Reuben Sandwiches**

- ⊙ Cooking Spray
- ⊙ 2 (8oz.) refrigerated crescent rolls
- ⊙ 1/2 lb. corned beef
- ⊙ 6 slices Swiss cheese
- ⊙ 3/4 c. sauerkraut
- ⊙ 2 tbsp.. melted butter
- ⊙ Kosher salt
- ⊙ Caraway seeds

INGREDIENTS: **Russian Dressing**

- 1/4 mayonnaise
- 1 tbsp. ketchup
- 1 tbsp. horseradish
- 1 tsp. Worcestershire sauce
- 1 tsp. sugar
- 1/4 tsp. paprika
- Kosher salt
- Ground black pepper

DIRECTIONS:

Preheat oven to 350°F. Grease a small baking sheet with cooking. Unroll 1 tube of crescent rolls onto pan and pinch seams together. Bake until lightly golden, 10 minutes.

Layer corned beef, Swiss, and then sauerkraut on top of par-baked crescents. Top with second tube of crescent rolls and pinch seams and sides together.

Brush with butter and sprinkle with salt and caraway seeds.

Bake until golden and dough is cooked through, 30 minutes more.

Meanwhile, make Russian dressing: In a medium bowl, combine all ingredients, except salt and pepper.

Cut Reuben into squares and serve with Russian dressing for dipping.

WELCOME

RESIDENTS

GLEN BOYD
W.T. BROWN
RICKEY EATON
MARSHALL FAIR
CLARENCE FAIRCLOTH
SHARON JACKSON-
MEEKS

SUE McCLARAN
VIRIGINA MEEKS
MARY MELENDEZ
JIM RIVERA
MARIA SENA
DINNIE TOSH
NONA WILSON

EMPLOYEES

Ski Apodaca-Hospitality Aide
Lindsey Armijo-Hospitality Aide
Guadalupe Chavarria-CNA
Dijana Cheathum-CNA (welcome back)
Kyle Cobriros-CNA (welcome back)
Krystle Hall-LPN
Doris Hernandez-Housekeeping
Leslie McCartney-Hospitality Aide

HAPPY BIRTHDAY RESIDENTS EMPLOYEES

Happy Birthday
to our
Residents
and
Employees.

Renae Bashline-3/1
Anna Hernandez-3/1
Summer Johnson-3/3
Patricia Taylor-3/7
Tashawnda Trevino-3/9
Reynaldo Hernandez-3/12
Kaylie Kemp-3/12
Joyce Washington-3/12
Linda Ferguson-3/13
Brenda Looney-3/16
Marina Ranger-3/19
Tambra Morales-3/28



CONNIE BAIZE
GARY DORMAN
HARVEY MAGDEN
MARY MELENDEZ
NONA WILSON

In our Thoughts and Prayers

Blessed are
those that
mourn, for they
shall be
comforted.
Matthew 5:4

THE FAMILY OF EVELYN
KIKER
THE FAMILY OF TRIXIE
MONTAGUE
THE FAMILY OF PATRICIA
RAINS

“Blessed be the Lord, who daily
loadeth us with benefits, even the
God of our salvation.”

Psalms 68:19

Congratulations to Amanda
Rodriguez, CNA for achieving
recognition in the Psi Chi Honor
Society (Psychology) and Alpha
Chi Honor Society (Collegiate).
Keep up the good work!

An Irish Prayer:
May God give you, For every storm, A rainbow,
For every tear, A smile,
For every care, A promise,
And a blessing in each trial.
For every problem life sends, A faithful friend to share,
For every sigh, A sweet song,
And an answer for each prayer.



DAYLIGHT SAVINGS TIME

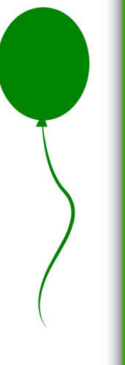
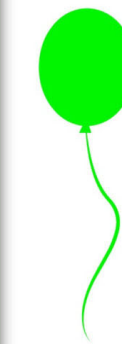
HOW MANY WORDS CAN YOU MAKE?

[illegible]

St. Patrick's Day Word Search



Search for the words hidden up, down, left and right.



C	K	X	K	W	L	D	C	S	H	F	U	D	D	N	T
N	X	G	M	D	W	S	L	E	T	L	V	D	G	J	W
U	T	F	X	O	U	K	M	V	H	S	I	R	I	B	L
M	U	S	I	C	L	O	V	E	R	K	H	C	E	T	W
T	L	Z	A	Z	G	L	K	N	X	H	G	Y	X	U	Q
W	R	N	D	H	D	G	X	T	H	D	T	K	H	S	G
Y	V	U	Y	X	S	G	C	E	D	Y	H	C	R	A	M
B	Q	M	D	G	R	C	L	E	H	A	V	O	C	L	X
J	K	W	L	U	C	K	C	N	Y	P	G	R	Y	U	A
D	K	C	I	R	T	A	P	T	F	N	I	M	I	D	X
E	W	B	O	V	X	D	S	H	A	E	J	A	I	M	Z
S	U	Q	P	K	P	L	E	P	R	E	C	H	A	U	N
K	T	W	B	Y	F	O	R	J	J	R	U	S	Q	T	W
I	F	C	I	O	F	A	I	R	Y	G	Q	W	A	K	O
J	Q	T	W	G	Y	K	Z	I	G	D	X	T	P	P	I
X	C	Z	N	J	O	F	A	N	H	K	L	I	S	J	A

CLOVER
IRISH
LUCK
PATRICK

FAIRY
JIG
MARCH
SEVENTEENTH

GREEN
LEPRECHAUN
MUSIC
SHAMROCK



ACTIVITIES

RESIDENTS' RIGHTS

s

Long-Term care residents have rights under federal and state law.

One of those rights is:

****To understand and participate in your plan of care and treatments. Ask questions if you don't know what medication or treatments are ordered for you. Attend your quarterly plan of care meeting.**

If you have a question about when your next plan of care meeting is scheduled, you may speak to Trisha at extension 3236.

If you have a concern, you feel is not being address appropriately you may contact the Long-term Care Ombudsman, they are your advocate! Your local Ombudsman is Sheri Jones, you can reach her directly at 1-575-520-5327.

Ombudsman Program at:

Statewide Toll-Free:

1-866-451-2901

Santa Fe:

2550 Cerrillos Road

Santa Fe, NM 87501

Saint Patrick's Day Scramble

Ginger McNugget mixed up his favorite words. Can you help the leprechaun unscramble the words, then put the numbered letters in order to answer the riddle?



1. _ _ _ 7

2. ₁₂ ₃ ₅ _ _ _ _

3. _ _ _ _ ₁₃

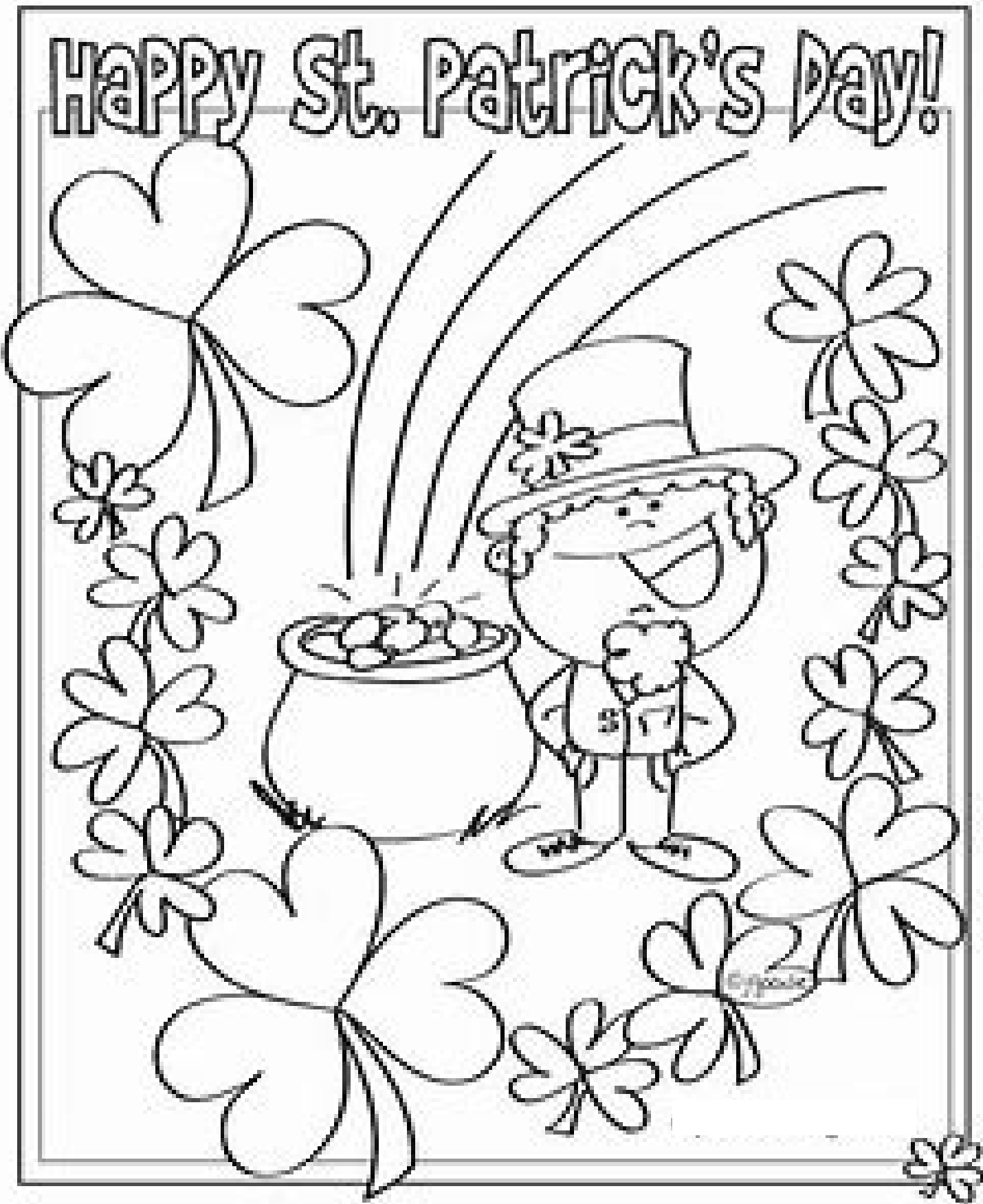
4. ₆ _ _ ₈ ₂ _

5. _ ₉ _ ₄

6. ₁ _ _ _ ₁₁ ₁₀ _

Where can you always find gold?

₁ ₂ ₃ ₄ ₅ ₆ ₇ ₈ ₉ ₁₀ ₁₁ ₁₂ ₁₃ !



15 ST. PATRICK'S DAY TRIVIA

1. St. Patrick's Day always fall on the 17th of March.
2. The first St. Patrick's Day parade took place in America, not in Ireland.
3. The New York City St. Patrick's Day parade is the world's oldest and the largest in the United States.
4. Chicago began its annual tradition of turning the Chicago River green on St. Patrick's Day in 1962.
5. In Ireland, St. Patrick's Day had been viewed mostly as a religious observance, and up until the 1960's, they even had laws that forbid bars from being open that day.
6. In 1798, green became the official color associated with St. Patrick's Day. Before then, another color was associated with St. Patrick's Day.
7. St. Patrick's Day switched over from a strictly holy day for Catholics to an official Irish public holiday in 1903.
8. Although St. Patrick's Day fall within the period of Lent-a time when the Catholic Church prohibits eating meats, the ban is lifted on this specific day of celebration.
9. The annual shamrock ceremony in the White House started in 1952.
10. Each year, 5.5 million people visit New York's St. Patrick's Day Cathedral.
11. Before St. Patrick's became a missionary, he had been kidnapped at the age of 16 and taken to Ireland as a slave.
12. St. Patrick is said to have been buried in the town of Downpatrick, County Down, in Northern Ireland.
13. There are two autobiographical writings from St. Patrick himself, including *Confessio* and *Letter to Coroticus*.
14. Traditionally, Catholic families go to church in the morning on St. Patrick's Day, and partake in a meal that includes cabbage and Irish bacon.
15. Dublin's first official celebration of St. Patrick's Day did not occur until 1931.

The Blessings of Spring

by Deborah Ann Belka

There are many blessings,
that each new Spring brings
you can see it bloom about
and hear the song it sings.

With winters bleakness
over, and brighter days
ahead comes promises of
new life Springtime loves to
spread.

As God unfolds the flowers,
and their buds begin to
show
He sends to us the promise
His care for us, we will
know.

He sends us the robin song,
with the promise to provide
that under His mighty wing
we have a place to hide.

He melts the snowy covers,
and sends the refreshing
rain sprinkling us with His
grace to heal winter's every
pain.

God has given to all His
Son, to shed upon us a new
ligh and the real blessing of
Spring is to keep Jesus in
your sight!

Song of Solomon 2:11-12

***"For, lo, the winter is past,
the rain
is over and gone; The
flowers appear on the
earth; the time of the
singing of birds is come,
and the voice of the
turtle is heard in our
land;"***