

COMMUNITY COMMUNICATION

New Programs for May!

- **Therapy Dog Visits-** Enjoy a visit from Pawsitive Therapy Dogs on the 13<sup>th</sup> and 28<sup>th</sup> after 2pm!
- **Hydration and Relaxation in the Courtyard** – Summer is on its way and we are excited to be spending time in the courtyard! The courtyard is always open daily from 9am-6pm but enjoy a refreshing drink while you are out there on Thursdays at 2:30pm!
- **Pizza Party Social-** Celebrate National Pizza Party Day on the 19<sup>th</sup> with a resident social!
- **Mother’s Day Dinner-** RSVP to the front desk for the Mother’s Day Dinner on May 11<sup>th</sup>!
- **Dinner Music-** Enjoy live piano music during dinner on the 8<sup>th</sup> and 30<sup>th</sup> outside the dining room from 5-6pm!

Please join us for Resident Council on May 25<sup>th</sup> at 3:00pm to stay in the know of community updates!



\$3,500 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!

LAKE SIDE  
CONNECT

MAY 2023



Enjoying the Outside this May!

Time to get outside and enjoy the beautiful start to summer this May! We start the month with Teacher Appreciation Day on the 2<sup>nd</sup>, and Cinco De Mayo on the 5<sup>th</sup>! Get your horses ready for the Kentucky Derby on the 6<sup>th</sup> and enjoy a refreshing drink on National Lemonade Day on the 7<sup>th</sup>! Share a Coke on National Have a Coke Day on the 8<sup>th</sup> and wear your Pajamas to work on National Sleepover Day on the 9<sup>th</sup>! Say thank you to our front desk staff on the 10<sup>th</sup>, National Receptionist Day and the 11<sup>th</sup> is National Eat What You Want Day! Mother's Day is the 14<sup>th</sup> and invite the family over for National Visit Your Relatives day on the 18<sup>th</sup>! Celebrate National Pizza Party Day on the 19<sup>th</sup> and thank your servers on National Waitstaff Day on the 21<sup>st</sup>! The 24<sup>th</sup> is National Scavenger Hunt Day and the 25<sup>th</sup> is National Wine Day! Finally celebrate National Creativity Day on the 30<sup>th</sup> and National Senior Health and Fitness Day on the 31<sup>st</sup>!



SINGH  
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COMMUNITY  
MANAGEMENT

- Gina Conway  
Executive Director
- Nick St. Onge  
Culinary Services Manager
- Mo Martinez  
Environmental Services  
Manager
- Lisa Kendrick  
Business Office Manager
- Allison Neal  
Independent Living Manager
- Marcia Combs  
MC Life Enrichment Manager
- Emilia Gnida  
AL Life Enrichment Manager
- Rene Ruhlman  
IL Life Enrichment Manager
- Melissa Wright  
Marketing Manager
- Sharron Daniel  
Marketing Manager
- Kara Palazzolo  
Visiting Resident Care  
Manager
- Tracy Chamberlain  
Wellness Coordinator



ASSOCIATE OF THE MONTH – TRINITY

Trinity Foster has been with Waltonwood for 6 months as a caregiver, and has already proven to the whole community that shes a bright star. She says she looks forward to coming into work everyday to care for her residents. Not a day goes by were they don't make her smile! She loves going the extra mile to make their day, because she believes its the little things that matters the most. We are so blessed to have her here with us! Thank you for all you do Trinity!



APRIL HIGHLIGHTS

6

We celebrated Tiger’s Opening Day with a Bingo Opening Day Party!

7

Residents enjoyed a visit from the Reptarium and all their amazing animals!

12

We took a trip to Imperial Lanes to bowl!

26

We enjoyed pretzel tasting for National Pretzel Day!



Mark Your Calendar!

On the last Wednesday of May Waltonwood joins with other seniors across the country to celebrate National Senior Health and Fitness Day. This year’s event marks the 30<sup>th</sup> anniversary of the occasion aimed at encouraging and promoting health and wellness for older adults. With the theme of “Move More to Do More” each community will be highlighting the day in their own unique way. On Wednesday May 31<sup>st</sup> join Waltonwood and your fellow residents as we celebrate National Senior Health and Fitness Day the perfect way to move more and feel better.

TRANSPORTATION INFORMATION

We have a busy month of outings! Below is a list of the times and places we will travel this month. We have some scheduling restrictions this month that result in us having only 3 outings!

Wednesday May 3rd at 11:30am- Lunch Outing at Buddy's Pizza

Wednesday May 24th at 1:00pm- Macy's Shopping Trip

Wednesday May 31st at 1:00pm- Nino Salvaggios Market Shopping Trip

All outings are first come first serve. Please sign up at the front desk at least 1 day before the outing. If you have any questions feel free to contact Emilia or the front desk.

MAY SPECIAL EVENTS

5

Enjoy a Cinco De Mayo snack cart that will stop by everyone’s rooms!

9

Its National Sleepover Day- wear your Pajamas all day!

17

Mass with Father Tim in Memory Care at 2pm!

31

Enjoy a trip to Nino Salvaggios at 1pm!



EXECUTIVE DIRECTOR – Gina Conway

After three long years of wearing masks, we are finally expecting for the mask mandate to be lifted this month! This is tentatively scheduled to go into effect on May 11<sup>th</sup>, which would mean staff, visitors and vendors would no longer be required to wear masks in the community. It is possible that masks may be required in the future under certain circumstances, such as a COVID outbreak in the community, but those decisions will be made as the situations arise. We look forward to welcoming our residents and their unmasked families to our Mother’s Day Dinner Buffet on Thursday May 11<sup>th</sup>. Please call the community today to RSVP! Chef Nick and the team has pulled out all the stops to offer the deserving mothers a delicious meal including Carved Beef Tenderloin, Grilled Chicken Bruschetta, and Honey Mustard Glazed Salmon.