



Judith M – 1st

Johanna H – 2nd

Gretchen G – 11th

Marie D – 28th

Marie M – 30th

***Did you know?
Residents receive
a special cake at
dinner on their
birthday!**



- ❖ **Your May Calendar is included with this Newsletter.** While we try our best not to make changes, it does happen from time to time. We are working to correct the location key at the bottom of calendar – sorry for any confusion. **Remember: The most up-to-date programs are always posted in the elevator, in front of the Hobby Room and dining room and on the TV screens. You can also view them in-room on channel 952 on Comcast.**
- ❖ The **Sterling Heights Library** will be here on May 17 to pick up all the books from their cart and swap them out for new ones. Please return any you might still have to the cart (not the bookshelves) before then.
- ❖ Our Marketing team will be hosting **Marketing with Mimosas** on May 16. Come mingle and learn about the resident referral program and more!
- ❖ **Musical Mondays** were a hit in April, so this month we will be welcoming Bob Gracin on the 1st and Matthew Ball on the 15th at 2:00pm in the Dining Room. Family members are always welcome.
- ❖ Since Men's Night has been so well received, **Ladies Night in the Trunk Club** will be kicking off on Mondays this month. No formal plan, just come by and visit with your neighbors. Feel free to bring beverages or snacks. Life Enrichment will provide treats from time to time!
- ❖ **A Town Hall** meeting with the management team will be held on Monday the 22nd in the Dining Room. Please join us. We request that all questions/feedback be submitted in advance so the proper team member can address them properly at the meeting.

\$3,500 RESIDENT REFERRAL BONUS

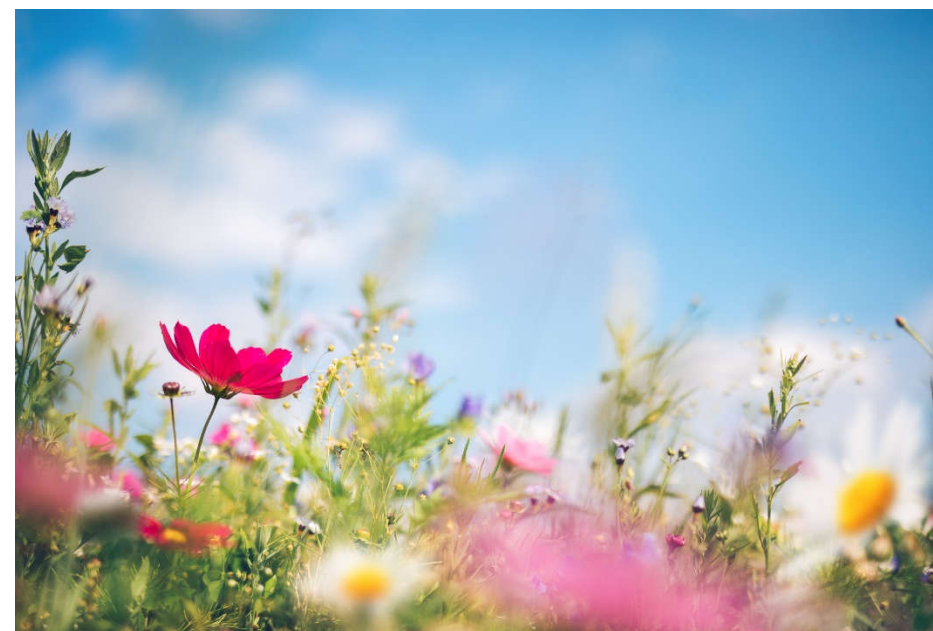
Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!



FRIENDS & FAMILY REFERRAL PROGRAM!

LAKE SIDE CONNECT

MAY 2023



May the warmth of the sun and the fresh breeze of May greet you with a warm hello

As you know, the senior population is at high risk for being targeted by scams. We are happy to welcome two guest speakers to share valuable information on how to protect yourself and your loved ones. On May 8, Stephanie Grace from the Michigan Attorney General's office will be here to talk about robocalls and on May 26, retired Detroit Police Sergeant Robert Haig will bring his wealth of experience with an interactive presentation on phone, computer and mail scams. Family members are encouraged to attend.

Guest speakers on relevant topics have been highly requested, so please continue to bring your program requests and ideas to our monthly calendar meeting as we LOVE HEARING FROM YOU!

Rene | Life Enrichment Manager



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COMMUNITY MANAGEMENT

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Lisa Kendrick
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Rene Ruhlman
IL Life Enrichment Manager

Melissa Wright
Marketing Manager

Sharron Clark
Marketing Manager

Mo Martinez
Environmental Services Manager

Nick St Onge
Culinary Services Manager

Emilia Gnida
AL Life Enrichment Manager

Marcia Combs
MC Life Enrichment Manager

Tracy Chamberlain
AL/MC Wellness Coordinator

ASSOCIATE OF THE MONTH –

KRYSTAL LAFLEURE

Congratulations to our newly promoted Dining Room Supervisor Krystal for being selected as Associate of the Month! She is a bright smiling face that everyone loves to see in the dining room! Her favorite part of working here is her awesome team! When she's not serving, she loves to visit with the staff and the residents and hear about their lives. In her free time, she enjoys being with her son. Thanks for all you do and congratulations on your well-deserved promotion!



If you have any recommendations for Associate of the Month, please fill out a form at the concierge desk.

April Highlights

6th

Detroit Tigers Home Opener Watch Party

7th

Reptile visitors from The Reptarium in Utica



17th

Energetic and highly entertaining performance by Vanessa Carr Music

26th

Cooking with Allison – National Pretzel Day dessert



Forever Fit: Mark your Calendar

On the last Wednesday of May Waltonwood joins with other seniors across the country to celebrate National Senior Health and Fitness Day. This year's event marks the 30th anniversary of the occasion aimed at encouraging and promoting health and wellness for older adults. With the theme of "Move More to Do More" each community will be highlighting the day in their own unique way. On Wednesday May 31st join Waltonwood and your fellow residents as we celebrate National Senior Health and Fitness Day the perfect way to move more and feel better.

TRANSPORTATION INFORMATION

Transportation is offered for Independent Living residents on **Monday, Tuesday and Thursday** between 8am and 3pm each week for appointments based on availability. Residents are asked to fill out a transportation request form **at least two weeks in advance** so our drivers can create their schedule. Slips are located in the library and should be placed in the box on the table.

Outings and community events sign-up sheets are in the Outings binder. Please keep in mind all events are first come first serve. **We request that if you sign up for an outing and end up not being able to attend, you cross your name off the list so someone else can take your place.** If the bus is full and you have your own car, you are welcome to sign up on the bottom of the form and join us at the destination. Drivers are not typically available on Wednesdays and Fridays as they are supporting our Assisted Living & Memory Care communities.

May Special Events

- May 1 – Musical Mondays with Bob Gracin
- May 5 – Cinco de Mayo cooking class & happy hour
- May 6 – Kentucky Derby
- May 8 – Robocall Presentation by Attorney General's Office
- May 11 – Mother's Day Dinner
- May 12 – Tea & Table Talk/Sign language class
- May 15 – Musical Mondays with Matthew Ball
- May 16 – Mimosas with Marketing
- May 22 – Town Hall Meeting with Management Team
- May 26 – Senior scam presentation with Robert Haig
- May 26 – Musical performance by Dan Bergen
- May 31 – National Senior Health & Fitness Day



Gina Conway Executive Director:

After three long years of wearing masks, we are finally expecting for the mask mandate to be lifted this month! This is tentatively scheduled to go into effect on May 11th, which would mean staff, visitors and vendors would no longer be required to wear masks in the community. It is possible that masks may be required in the future under certain circumstances, such as a COVID outbreak in the community, but those decisions will be made as the situations arise. We look forward to welcoming our residents and their unmasked families to our Mother's Day Dinner Buffet on Thursday May 11th. Please call the community today to RSVP! Chef Nick and the team has pulled out all the stops to offer the deserving mothers a delicious meal including Carved Beef Tenderloin, Grilled Chicken Bruschetta, and Honey Mustard Glazed Salmon