

★ SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY ★	
<div>May</div>		<div>1 Rent is Due</div> <div>10:am Brain and Memory Care ♦ - CC</div> <div>5:30pm: Game night - ♦ Skipbo / Phase 10 - B</div>		<div>2</div> <div>10am: Bible Study led ♦ by: Pastor Naveen - MR</div> <div>12:30pm: Cardio Circuit Class - B ♦</div> <div>2pm - Dominos - B ♦</div>		<div>3</div> <div>10:30am: Tai - Chi - CC ♦</div> <div>4:30 pm Karaoke Social - B ♦</div> <div>5pm: Wine Down Wednesday - B ♦</div> <div>5:30pm: Game Night - Skipbo / Phase 10 - B ♦</div>		<div>4 Rent is Late</div> <div>9am: Complimentary Breakfast with Advocate - B ♦</div> <div>2pm: Line Dancing - B ♦</div> <div>6pm: Poker - B ♦</div>		<div>5</div> <div>CINCO DE MAYO</div> <div>1pm: Bingo w/ Tom- MR ♦</div> <div>5pm: Social Hour - B ♦</div> <div>5:30pm: Game Night - ♦ Skipbo / Phase 10 - B</div>		<div>6</div> <div>10:30am: Zumba - CC ♦</div> <div></div>	
<div>7</div> <div>9am: Faith &amp; Fellowship - MR</div> <div></div>		<div>8</div> <div>10am: Crafting with Ginger- CC ♦</div> <div></div> <div>5:30pm: Game night - Skipbo / Phase 10 - B ♦</div>		<div>9</div> <div>10am: Bible Study led by: Pastor Naveen - MR ♦</div> <div>12:30pm: Cardio Circuit Class B ♦</div> <div>2pm Dominos Bistro ♦</div> <div>5pm - Dinner Social - B ♦ Pizza</div>		<div>10</div> <div>10:30am: Tai - Chi - CC ♦</div> <div>5pm: Wine Down Wednesday - B ♦</div> <div>5:30pm: Game Night - Skipbo / Phase 10 - B ♦</div>		<div>11</div> <div>9:am - Powerback Rehab ♦</div> <div>Gratis BP/Balance Check</div> <div>Light Refreshments w/be served</div> <div>2pm: Line Dancing - B ♦</div> <div>6pm: Poker - B ♦</div>		<div>12</div> <div>1pm: Bingo- MR ♦</div> <div>5pm: Social Hour - B ♦</div> <div>5:30pm: Game Night - ♦ Skipbo / Phase 10 - B</div>		<div>13</div> <div>11am: Mother's Day Brunch - B ♦</div> <div>Must RSVP by 05/09/23</div> <div>10:30am: Zumba - CC</div> <div></div>	
<div>14</div> <div>Mother's Day</div> <div>9am: Faith &amp; Fellowship - MR</div> <div></div>		<div>15</div> <div>10am: Brain &amp; Memory Care - CC ♦</div> <div>5:30pm: Game night - Skipbo / Phase 10 - B ♦</div>		<div>16</div> <div>10am: Bible Study led ♦ by: Pastor Naveen - MR</div> <div>12:30pm: Cardio Circuit Class B ♦</div> <div>2pm - Dominos - B ♦</div>		<div>17</div> <div>10:30am Tai-Chi -CC ♦</div> <div>Poppin' Wishes : 3pm -5pm-B ♦</div> <div>5pm: Wine Down Wednesday - B ♦</div> <div>5:30pm: Game Night - Skipbo / Phase 10 - B ♦</div>		<div>18</div> <div>9am: Complimentary Breakfast with Advocate - B ♦</div> <div>2pm: Line Dancing - B ♦</div> <div>6pm: Poker - B ♦</div>		<div>19</div> <div>1pm: Bingo w/Tom- MR ♦</div> <div>5pm: Social Hour - B ♦</div> <div>5:30pm: Game Night - ♦ Skipbo / Phase 10 - B</div>		<div>20</div> <div>Spring Market Day</div> <div>10am-2pm - Bistro ♦</div> <div>10:30am: Zumba - CC ♦</div> <div></div>	
<div>21</div> <div>9am: Faith &amp; Fellowship - MR</div> <div></div>		<div>22</div> <div>10am: Brain &amp; Memory Care - CC ♦</div> <div>5:30pm: Game Night- Skipbo / Phase 10 - B ♦</div>		<div>23</div> <div>10am: Bible Study led by: Pastor Naveen - MR ♦</div> <div>12:30pm: Cardio Circuit Class B ♦</div> <div>2pm - Dominos - B ♦</div>		<div>24</div> <div>10:30am: Tai - Chi - CC ♦</div> <div>4:30 pm Karaoke Social - B ♦</div> <div>5pm: Wine Down Wednesday - B ♦</div> <div>5:30pm: Game Night - ♦ Skipbo / Phase 10 - B</div>		<div>25</div> <div>2pm: Line Dancing - B</div> <div>2pm: Line Dancing - B ♦</div> <div>3pm - Birthday Celebration-B ♦</div> <div>6pm: Poker - B ♦</div>		<div>26</div> <div>1pm: Bingo- MR ♦</div> <div>5pm: Social Hour - B ♦</div> <div>5:30pm: Game Night - Skipbo / Phase 10 - B ♦</div>		<div>27</div> <div>10:30am: Zumba - CC ♦</div> <div></div>	
<div>28</div> <div>9am: Faith &amp; Fellowship - MR</div> <div></div>		<div>29</div> <div></div> <div>10am: Brain &amp; Memory Care - CC ♦</div> <div>5:30pm: Game Night-B ♦ Skipbo / Phase 10</div>		<div>30</div> <div>10am: Bible Study led by: Pastor Naveen - MR ♦</div> <div>10:30 am Resident Luncheon- Meet in the Lobby ♦</div> <div>12:30pm: Cardio Circuit Class ♦</div> <div>2pm Dominos Bistro ♦</div>		<div>31</div> <div>10:30am: Tai - Chi - CC ♦</div> <div>5pm: Wine Down Wednesday - B ♦</div> <div>5:30pm: Game Night - Skipbo / Phase 10 - B ♦</div>		<div></div> <div>In honor of Memorial Day, let us take inspiration from the brave soldiers who gave up their lives and become good citizens of our nation. May 29th is a day to honor every patriot who shed his or her blood for the freedom of our country. Let's bow our heads with respect in remembrance of all those men and women.</div>					

<div> <div>LOCATION KEY</div> <div>MR= Magnolia Room</div> <div>CC= Craft Center</div> <div>B = Bistro</div> </div>		<div> <div>P = Pool</div> <div>FIT = Fitness Center</div> <div>RG= Rose Garden</div> </div>		<div> <div>A...</div> <div> <div> <div>Healthy</div> <div>Creative</div> <div>Playful</div> </div> <div> <div>Mindful</div> <div>Inquisitive</div> <div>Social</div> </div> <div> <div>Centered</div> </div> </div> </div>		<div> <div>Life.</div> </div>		<div> <div>OFFICE HOURS</div> <div>Monday - Friday</div> <div>Saturday</div> <div>Sunday</div> </div>		<div> <div>9:00 am - 6:00 pm</div> <div>10:00 am - 5:00 pm</div> <div>CLOSED</div> </div>	
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## ANNOUNCEMENTS & ACTIVITIES

May 9th - Join us for Dinner Social- Pizza will be provided.

Bring your favorite salad, pasta dish or dessert!

Back by resident demand: Dinner Social Clean Up assignments - May: Building O2

Your office team will set up.

May 8th - Crafting with Ginger in the Craft Room @ 10a.m.

May 13th - Mother's Day Brunch starts at 11:a.m. RSVP by 05/09/23



### May Weekly Recurring Events

Monday 10:00 am - Brain and Memory Care w/Ginger - Craft Center

Tuesday 12:30 pm - Cardio Circuit w/Ginger - Bistro

Wednesday 10:30 am - Tai Chi w/Ginger - Craft Center

Thursday 2:00 pm - Line Dancing w/Ginger - Bistro

Friday 1:00 pm - BINGO - Magnolia Room

Saturday 10:30 am - ZUMBA - Craft Center

M-W-F 5:30 pm Game Night in Bistro

Jamae Stoute | Community Director

Gloria Strickland | Resident Liason

Jessy Rosales | Maintenance Director

Charles Powell | Asst. Maintenance Director

Eva Zamarron - Housekeeper

### SPRING DIRECTORY

Leasing Office: 817-423-3850

After Hour Emergency Maint.: 817-423-3850

Salon by Karen: 817-455-4556



the  
LIFESTYLE. INDEPENDENCE.

life  
FRIENDSHIP. ENTHUSIASM.

3850 Silverton Circle Ft. Worth, TX 76133