



### From Outreach & Sales

Did you know that Vernon Terrace offers a continuum of care? We offer Assisted Living and Memory Care in addition to our Independent Living. If you think you can benefit from receiving a little bit of assistance, let me or one of our nurses know and we can go over how we can tailor a care plan for you and how much it could cost. The great thing about us is that we are an "age in place" community. This means you will NEVER have to move out of your apartment and we will come to you!

We will be having a special promotion for our current residents. We are increasing our "one month free" promotion to \$1,000 for you and your referral! Another promotion we have currently is, if someone reserves an apartment by May 15th and moves in by June 30th, they can get their 3rd month rent free. Ask Lorie for more information.

**Lorie Lore Outreach & Sales Director**  
[Lorie.Lor@fairview.org](mailto:Lorie.Lor@fairview.org) | (952)358-6122



### From Your Dimensions Manager

We have a lot of fun events planned for this month! An Art Appreciation Talk "Art Fakes, Forgeries and More" will be held by Gary Hansen on Tuesday May 9th at 2:00pm in the Exercise Room. On Thursday, May 18th Guitarist Red Gallagher will be in the lobby at 2:00 pm for some fun entertainment! A spring piano recital will be held on Sunday, May 21st at 3:00 pm in the Lobby. You are invited to come down and hear the student show off their skills! On Thursday May 25th, the Tap Dancing group "Rhythmic Feet" will be here to perform in the Lobby at 2:00 pm, all are welcome!

**Robin Pickard (952) 358 - 6127**  
[Robin.Pickard@fairview.org](mailto:Robin.Pickard@fairview.org)



### From Your Activity Director

I think that spring is finally here! We've got some great spots chosen for lunch this month. We're going to Jimmy's Kitchen (5/4) Outback Steak House (5/12) and Olive Garden (5/19). Friday May 5 we will be heading out on a scenic drive. If there is interest we will start doing these on a regular basis with a different area visited. On May 11th we will return to the Como Conservatory to see the summer flowers exhibit of the sunken garden in addition to other areas. We'll be returning to the U of Mn Arb. for a scenic drive and hopefully the tulips will be blooming! We will also be going to Patrick's and Bachman's if you're interested in picking up some annuals!

**Sonja Barnaal (952) 358 - 6125**  
[Sonja.Barnaal@fairview.org](mailto:Sonja.Barnaal@fairview.org)



### Executive Director News!

Greetings Vernon Terrace Residents!

I hope this newsletter finds you all doing well, I am settling into the community slowly but surely and getting to know you all.

It sounds like there has been a lack of clarity on masking over the last few weeks and I'd be happy to address this with anyone who has questions, however, I wanted to confirm the latest news: as of last week, masks are optional. We will go around and remove signage that states outdated rules and guidance. If you have any questions, please let me know.

I also want to address the recent reported theft in our parking lot. Just a reminder that even though we live in a safe community, suburbs in the Twin Cities continue to see theft and break-ins of vehicles. Please be sure to lock your car doors and leave any valuable items inside. If any theft is to occur please call 911 to make a police report and let us know.

Blessing over your week,  
Danielle

Danielle Crossley Executive Director  
[Danielle.Crossley@fairview.org](mailto:Danielle.Crossley@fairview.org) | (952)358-6123



### Dining Room News

Happy Spring! We are excited to be having a Mother's Day Brunch with a special menu on Sunday May 14th at the usual time 11:30 am-1 pm. Our Dietician, Jessica Wiltala, will be here for her Dietician Talk: "Fuel for the Brain." Food Committee is scheduled for Tuesday May 23rd at 2:00 pm in the Activity Room.

We always like to hear what you would be interested in having on the menu or if there is something you really enjoyed! Please fill out the comment cards available by the sign up book.

### Happy Birthday

- 5-1 Anne Mobarry (#503)
- 5-6 Ida Mae Cornelius (#403)
- 5-11 Christine Lindgren (#311)
- 5-12 Ann Johnson (#426)
- 5-15 Carol Brahms (#408)
- 5-15 Laurie Rebers (#602)
- 5-15 Sharon Bins (#327)
- 5-17 Larry Lorenz (#317)
- 5-22 Nancy Pennington (#429)
- 5-22 Mary Greenwood (#311)
- 5-28 Carolyn Marquardt (#321)
- 5-28 Barb Teal (#424)



# Vernon View

Monthly Newsletter for Vernon Terrace of  
Edina Senior Community - Ebenezer Management

### Dollar Store, 5 Below and Aldis

Join us to shop any of these stores at the St. Louis Park Location.  
**Tuesdays May 2nd & 23rd**

**Departure: 1:00pm**

Please sign up by 5/1 & 5/22

### Lunch at Jimmy's Kitchen

Join us for lunch at this Minnetonka Restaurant that offers sandwiches, pasta and Filet Mignon.

**Thursday May 4th**

**Departure: 11:30 am**

Please sign up by May 3rd

### Scenic Drive

Join us for a drive touring an area. This month we'll be going around the city lakes to see what is new!

**Friday May 5th**

**Departure: 1:00 pm**

Please sign up by noon on May 4th

### Como Park Conservatory

We'll return to this popular St. Paul locale. This time we'll see the summer flower show in the sunken garden including purple, blue, lavender and white flowers.

**Thursday May 11th**

**Departure: 1:00 pm**

Please sign up by Wed. May 10th

### Lunch at Outback Steakhouse

Join us for lunch for steak, chicken, shrimp and more!

**Friday May 12th**

**Departure: 12:00 pm**

Please sign up by noon May 11th

### This Week's Movies

"Mr. Roger's : It's you I Like"  
**Wednesday & Thursday 7:00 pm**  
"12 Years a Slave"  
**Saturday, 1:30pm**  
"Anywhere But Here"  
**Sunday 1:30 pm**

### Dietician Talk

Jessica Wiltala, Unidine Dietician, will be here to present "Fuel for the Brain." She'll have a healthy snack to share and tell us about the right food to eat for good brain health

**Thursday May 4th**

**Time: 2:00 pm Activity Room**

### Art Appreciation

Gary Hansen will be back this time to present a few topics including Art Fakes and Forgeries, White House Art and Art and the Olympics.

**Tuesday May 9th**

**Time: 2:00 pm Exercise Room**

### 4th Floor Coffee

All 4th Floor residents are welcome to visit with their neighbors.

**Wednesday May 10th**

**Time: 10:00 am Activity Room**

### Bible Study

Our volunteers from Christ Presbyterian will be leading this study. This month will be Tuesday instead of Thursday

**Tuesday May 16th**

**Time: 10:00 am Activity Room**

### Blood Pressure Checks

Come down for this free monthly check by our nursing staff.

**Wednesday May 17th**

### Lunch & Drive at U of Mn Landscape Arboretum

Join us for lunch in the café and a scenic drive to hopefully look at the tulips among other beautiful spring flowers

**Tuesday May 16th**

**Departure: 11:30 am**

Please sign up by noon Monday May 15th

### Lunch at Olive Garden

Join us to go out to the Bloomington location for an Italian lunch at this favorite restaurant of many!

**Friday May 19th**

**Departure: 12:00 pm**

Signup by Thursday May 18th

## may 2023

### Guitarist Red Gallagher

Join us for this fun performance and hear some western songs you may not always get to hear!

**Thursday May 18th**

**Time: 2:00 pm. Lobby**



### Craft Group

Join us to make an easy seasonal door decoration. All supplies are provided. Come down for conversation and a craft.

**Friday May 19th**

**Time: 2:00 pm Activity Room**



### Piano Recital

Come and hear piano teacher Anita Otten's students play their spring recital

**Sunday May 21st**

**3:00 pm Lobby**



### Food Committee

This is an opportunity to meet and find out what's new in the kitchen and to give your input on what you've liked and what you would like to see on the menu.

**Tuesday May 23rd**

**Time: 2:00 pm Activity Room**



### Rhythmic Feet

This tap dance group of 10 will be back to perform some fun numbers to get your toes tapping!

**Thursday May 25th**

**Time: 2:00 pm**



### Barry the Watchman

Barry the Watchman returns to repair watches and has some to sell as well for minimal cost payable to him.

**Tuesday May 30th**

**Time: 10-11:30 Activity Room**



### Book Club

Come and join the discussion of the book this month. Books are available in the Activity Room.

**Tuesday May 30th**



### Lunch at Patrick's and shopping at Bachman's










Join us for lunch at this Eden Prairie restaurant voted to have one of the best hamburgers in the metro area. There will be time to shop for annuals if interested.

**Friday May 26th**

**Departure: 12:00 pm**

Signup by Thursday May 25th



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>2023</b></p> 	<p>7-11 Coffee Available  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 This week in History-FR            12:30 500-AR            2:30 Group Crossword-FR            4:00 Electronic Q&amp;A by appt</p>	<p>7-11 Coffee Available <b>2</b>  <b>9:30 Shopping at Grandview and Jerry's Foods area</b>            10:00 Exercise Video 1-ER            11:00 what do you know about the world's tallest buildings- FR  <b>1:00 Van departs for the Dollar store, Aldis and 5 below</b>            2:00 Wheel of Fortune-FR  <b>3:15 Cookies-FR</b>            6:30 Bridge (signup needed)-AR</p>	<p>7-11 Coffee Available <b>3</b>  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 What do you know about the Old Man of the mountain and other natural rock formations -FR            1:15 Catholic Communion Service-ER  <b>2:00 Play Reading-FR</b>  <b>3:15 Treat Bingo-AR</b>            4:00 Electronic Q&amp;A by appt.            7:00 Movie - FR</p>	<p>7-11 Coffee Available <b>4</b>            10:00 Exercise Video 2-ER            11:00 Fun facts about Great Britain-FR  <b>11:30 Van Departs for Jimmy's Kitchen- Minnetonka</b>            1:30 Card Crafts-AR  <b>2:00 Dietician Talk-Fuel for the Brain-AR</b>            3:15 Garden committee -FR            7:00 Movie - FR</p>	<p>7-11 Coffee Available <b>5</b>  <b>10:10 Exercise w/L2BH-ER</b>  <b>10:30 Shopping at Grandview and Jerry's Foods area</b>            11:00 What do you know about Cinco de Mayo?-FR  <b>1:00 Van departs for scenic drive</b>            3:00 Popcorn-FR            4:00 Electronic Q&amp;A by appt.            6:30 Bingo - AR</p>	<p>7-11 Coffee Available <b>6</b>    <b>10:00 Cribbage-AR</b>            12:45 Bridge (signup needed)- AR            1:30 Movie Matinee-FR  <b>4:30 Kentucky Derby party sponsored by the Association-FR</b></p>
<p>7-11 Coffee Available <b>7</b>              1:30 Movie Matinee-ER</p>	<p>7-11 Coffee Available <b>8</b>  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 This week in History-FR            12:30 500-AR            2:30 Group Crossword-FR            4:00 Electronic Q&amp;A by appt</p>	<p>7-11 Coffee Available <b>9</b>  <b>9:30 Shopping at Grandview and Jerry's Foods area</b>            10:00 Exercise Video 1-ER            11:00 Test your knowledge of cooking terms-FR  <b>2:00 Art appreciation with Gary Hansen-Art Fakes and Forgeries and more</b>  <b>3:15 Cookies-FR</b>            6:30 Bridge (signup needed)-AR</p>	<p><b>No Van Service Today!</b> <b>10</b>            7-11 Coffee Available  <b>10:00 4th Floor Coffee</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 What do you know about world oceans? -FR            1:15 Catholic Communion Service-ER  <b>2:00 Play Reading-FR</b>  <b>3:15 Treat Bingo-AR</b>            4:00 Electronic Q&amp;A by appt.            7:00 Movie - FR</p>	<p>7-11 Coffee Available <b>11</b>  <b>9:30 Van Departs for Cub Foods, Target &amp; Trader Joe's</b>            10:00 Exercise Video 2-ER            11:00 What do you know about Irving Berlin?-FR  <b>1:00 Van Departs for the Como Park Conservatory Summer Flower Show-St. Paul</b>            2:30 Jeopardy-ER            7:00 Movie - FR</p>	<p>7-11 Coffee Available <b>12</b>  <b>10:10 Exercise w/L2BH-ER</b>  <b>10:30 Shopping at Grandview and Jerry's Foods area</b>            11:00 What do you know about Manitoba?- FR  <b>12:00 Lunch at Outback Steakhouse</b>  <b>3:00 Special Treat for Mother's Day-FR</b>            4:00 Electronic Q&amp;A by appt.            6:30 Bingo - AR</p>	<p>7-11 Coffee Available <b>13</b>    <b>10:00 Cribbage-AR</b>            12:45 Bridge (signup needed)- AR            1:30 Movie Matinee-FR</p>
<p><b>Happy Mother's 14 Day</b>            7-11 Coffee Available  <b>11:30-1 Mother's Day Brunch</b>              1:30 Movie Matinee - ER</p>	<p>7-11 Coffee Available <b>15</b>  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 This Week in History-FR  <b>1:00 Schwan's Man-LB</b>            12:30 500-AR            3:00 Group Crossword-FR            4:00 Electronic Q&amp;A by appt.</p>	<p>7-11 Coffee Available <b>16</b>  <b>9:30 Shopping at Grandview and Jerry's Foods area</b>  <b>10:00 Bible Study-AR</b>            10:00 Exercise Video 1-ER            11:00 Strawberry fun facts and trivia -FR  <b>11:30 Van Departs for U of MN Landscape Arb. For lunch and drive</b>            2:00 Where in the World?-FR  <b>3:30 Cookies</b>            6:30 Bridge (signup needed)-AR</p>	<p>7-11 Coffee Available <b>17</b>  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 What do you know about Perry Como?-FR  <b>11:00 Blood Pressure Checks</b>            1:15 Catholic Communion Service-ER  <b>2:00 Play Reading-FR</b>  <b>3:15 Treat Bingo-AR</b>            7:00 Movie-FR</p>	<p>7-11 Coffee Available <b>18</b>            10:00 Exercise Video 2-ER            11:00 What do you know about Buick and what's the car emblem?-FR            1:30 Card Crafts-AR  <b>2:00 Guitarist Red Gallagher-LB</b>            3:15 Influential women in history trivia-FR            7:00 Movie- FR</p>	<p>7-11 Coffee Available <b>19</b>  <b>10:10 Exercise w/L2BH-ER</b>  <b>10:30 Shopping at Grandview and Jerry's Foods area</b>            11:00 What do you know about the Triple Crown in Horse racing -FR  <b>12:00 Van departs for the Olive Garden</b>  <b>2:00 Craft Group</b>            6:30 Bingo - AR</p>	<p>7-11 Coffee Available <b>20</b>    <b>10:00 Cribbage-AR</b>            12:45 Bridge (signup needed)- AR            1:30 Movie Matinee-FR            5:00 Happy Hour-FR</p>
<p>7-11 Coffee Available <b>21</b>    <b>3:00 Piano Recital-LB</b></p>	<p>7-11 Coffee Available <b>22</b>  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 This Week in History-FR            12:30 500-AR            2:30 Group Crossword-FR            4:00 Electronic Q&amp;A by appt.</p>	<p>7-11 Coffee Available <b>23</b>  <b>9:30 Shopping at Grandview and Jerry's Foods area</b>            10:00 Exercise Video 1- ER            11:00 What do you know about the Armed forces?-FR  <b>1:00 Van departs for the Dollar store, Aldis and 5 below</b>  <b>2:00 Food Committee-AR</b>  <b>3:15 Cookies-FR</b>            6:30 Bridge (signup needed)-AR</p>	<p>7-11 Coffee Available <b>24</b>  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>  <b>11:00 Blood Pressure Checks</b>            11:00 Fun facts about Mt Everest and records- FR            1:15 Catholic Communion Service-ER  <b>2:00 Play Reading-FR</b>  <b>3:15 Treat Bingo-AR</b>            7:00 Movie-FR</p>	<p>7-11 Coffee Available <b>25</b>  <b>9:30 Van Departs for Cub Foods, Target &amp; Trader Joe's</b>            10:00 Exercise Video 2-ER  <b>10:00 Bible Study-AR</b>            11:00 What do you know about Shavout?-FR  <b>2:00 Rhythmic Feet-LB</b>            3:15 Left Center Right-FR            7:00 Movie- FR</p>	<p>7-11 Coffee Available <b>26</b>  <b>10:10 Exercise w/L2BH-ER</b>  <b>10:30 Shopping at Grandview and Jerry's Foods area</b>            11:00 John Wayne Fun Facts and Horse Trivia-FR  <b>12:00 Van Departs for Bachman's and Patrick's for lunch</b>            3:15 Popcorn            4:00 Electronic Q&amp;A by appt.            6:30 Bingo - AR</p>	<p>7-11 Coffee Available <b>27</b>    <b>10:00 Cribbage-AR</b>            12:45 Bridge (signup needed)- AR            1:30 Movie Matinee-FR</p>
<p>7-11 Coffee Available <b>28</b>              1:30 Movie Matinee</p>	<p><b>Memorial Day! No Mail!</b> <b>29</b>            7-11 Coffee Available            12:30 500-AR            1:30 Movie Matinee   <b>Front Desk Is Closed Early at 5:00pm</b></p>	<p>7-11 Coffee Available <b>30</b>  <b>9:30 Shopping at Grandview and Jerry's Foods area</b>  <b>10-11:30 Barry the Watchman-AR</b>            11:00 This week in history-FR  <b>2:00 Book Club-AR</b>            3:15 Cookies-FR            6:30 Bridge (signup needed)-AR</p>	<p>7-11 Coffee Available <b>31</b>  <b>8-12 VT Bus to Med/Dental</b>  <b>10:10 Exercise w/L2BH-ER</b>            11:00 What do you know about Wild Bill Hickock?-FR-FR            1:15 Catholic Communion Service-ER  <b>2:00 Play Reading-FR</b>  <b>3:15 Treat Bingo-AR</b>            7:00 Movie-FR</p>	<p><b>Biltmore Dining Room DELIVERY Times</b>            8:00-8:30am Breakfast            11:30 am -12:00 pm Afternoon Meal            4:30-5:00 pm Evening Meal</p>	<p><b>Biltmore Dining Room Afternoon meal</b>            Monday-Sunday            Seating 11:30am-1:00 pm  <b>Biltmore Dining Room Evening Meal</b>            Monday-Saturday            Seating 4:30-6:00 pm</p>	<p><b>Meal PICKUP Times in the Activity Room</b>            8:00-8:30 am Breakfast            11:30am -12:00pm Afternoon Meal            4:30-5:00 Evening Meal</p>