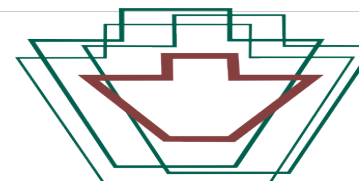




# INDEPENDENT LIVING MAY 2023



**Keystone Commons**  
A Life Fulfilling Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Monthly Theme</b></p>  <p><b>FLUTTER INTO SPRING!</b></p>	<p><b>1</b></p> <p>9:30- Shopping in Ludlow</p> <p>10:00- Communion w/ Deacon Tom IL DINING ROOM</p> <p>10:30- Uno Attack-Billiards Room</p> <p>1pm- Exercise w/ Lynn-3A</p> <p>2pm- Corn Hole- IL Dining Room</p> <p>3:15- Wii Bowling- Theater</p> <p>3:30- Canasta- Billiards Room</p> <p>6:45- Quarter Bingo with Fredi in the Pub</p>	<p><b>2</b></p> <p>10:30-Quiddler- Billiards Room</p> <p>10:30- Knitting Corner-1<sup>st</sup> Floor</p> <p>10:30- Blood Pressure Clinic-Pub</p> <p>12:30- Exercise with Sharon-3A</p> <p>1pm- Bible Study w/ Judy, and Laurie</p> <p>2pm- Golf- Card game-Billiards Room</p> <p>2pm- Painting Class-Pub</p> <p>3:30- Blackjack Gold- Free Game-3A</p> <p>6:45-Pitch- Billiards Room</p>	<p><b>3</b></p> <p>9:30- Hubbard Coffee Chat -3A</p> <p>10:30- Meditation w/Rob-3A</p> <p>10:30- Monopoly Game Reveal and Tour of Ludlow Outing</p> <p>12:30- Rosary- 3A</p> <p>1pm-LCR- (dollar buy-in)-BR</p> <p>2pm- Dime Bingo-3A</p> <p>3:30- Wii Bowling- Theater</p> <p>3:45- Pet Visits w/Keeper- BR</p> <p>6:45- Rummikub-Billiard</p>	<p><b>4</b></p> <p>10:00-Coffee House-3A</p> <p>10:30- T-Bone Performs-3A</p> <p>12:30- Exercise w/ Sharon-3A</p> <p>1pm- Pitch- Billiards Room</p> <p>2pm- Pokeno-3A</p> <p>3pm- Poker- Billiards Room</p> <p>6:45- Kings in the Corner- Billiards Room</p>	<p><b>5 Cinco de Mayo</b></p> <p>9:30- Billiards</p> <p>11:30- Cinco De Mayo Party Taco Bar and Margaritas- Pub</p> <p>12:30- Rosary-3A</p> <p>1pm- Cinco de Mayo Photo Shoot- Billiards Room</p> <p>2pm- Butterfly Races-3A</p> <p>3pm- Ole Drumming Class-3A</p> <p>4pm-Happy Hour-Pub</p> <p>6:45- Scrabble-Billiards</p>	<p><b>6 Kentucky Derby Day</b></p> <p>10:30- Wii Bowling for Newbies-T</p> <p>1pm- Dime Bingo-3A</p> <p>2pm- Belly Dancing w/Madelyn-3A</p> <p>2:30pm- Strength Training</p>
<p><b>7</b></p> <p>Mass at St Elizabeth's</p> <p>2pm- Rummikub-Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p><b>8</b></p> <p>10:00- Communion w/ Deacon Tom IL DINING ROOM</p> <p>10:30- Spoons- Billiards Room</p> <p>1pm- Exercise w/ Amy-3A</p> <p>2pm- Sarah the Fiddler Performs-3A</p> <p>3:15- Wii Bowling- Theater</p> <p>3:30- Canasta- Billiards Room</p> <p>6:45- Quarter Bingo with Fredi in the Pub</p>	<p><b>9</b></p> <p>10:30-Quiddler- Billiards Room</p> <p>10:30- Knitting Corner- 1<sup>st</sup> Floor</p> <p>10:30- Blood Pressure Clinic-Pub</p> <p>12:30- Exercise with Sharon-3A</p> <p>1pm- Bible Study w/ Judy, Laurie-T</p> <p>2pm- Making Hats for Mother's Day Tea for those who haven't made one before-3A</p> <p>3:30- Blackjack- (dollar buy-in)-3A</p> <p>6:45-Pitch- Billiards Room</p>	<p><b>10</b></p> <p>9:30- Hubbard Coffee Chat-3A</p> <p>10:30- Weed and Seed Courtyard</p> <p>12:30- Rosary- 3A</p> <p>1pm-LCR- (dollar buy-in)-BR</p> <p>2:30pm- Dime Bingo-3A</p> <p>3:30- Wii Bowling- Theater</p> <p>3:45- Pet Visits w/Keeper- BR</p> <p>6:45- Rummikub-Billiard</p>	<p><b>11</b></p> <p>9:30- Coffee and Chronicles-3A</p> <p>10:30- Adaptive Boxing-3A</p> <p>12:30- Exercise with Sharon-3A</p> <p>1pm-Pitch- Billiards Room</p> <p>2pm- Mike and Dan Peform-3A</p> <p>3:30- Poker- Billiards Room</p> <p>6:45- Kings in the Corner</p>	<p><b>12 Mother's Day Tea</b></p> <p>9:30- Billiards</p> <p>10:00- Decorating and Setting for Tea Party- IL Dining Room</p> <p>1pm- Rosary-3A</p> <p>1pm-Rummikub -Billiards Room</p> <p>2:30- Tea Party- IL Dining Room Gregorio Malonte Performs For Our Keystone Ladies Only!!</p> <p>6:45-Scrabble- Billiards</p>	<p><b>13</b></p> <p>10:30- Wii Bowling for Newbies-T</p> <p>1pm- Dime Bingo-3A</p> <p>2pm- Popcorn Club Theater</p> <p>2:30pm- Strength Training</p>
<p><b>14 Mother's Day</b></p> <p>Mass at St Elizabeth's</p> <p>2pm- Rummikub- Billiards</p> <p>Day of Rest and Face Timing with Families</p> 	<p><b>15 Chocolate Chip Cookie Day</b></p> <p>9:30- Shopping in Chicopee</p> <p>10:00- Communion w/ Deacon Tom- IL DINING ROOM</p> <p>10:30- Kings in the Corner-Billiards</p> <p>1pm- Scrabble-Billiards Room</p> <p>1pm- Exercise w/Amy-3A</p> <p>2pm- Balloon Volleyball-3A</p> <p>3:15- Wii Bowling- Theater</p> <p>Come to Bingo in your pj's for cookies and milk</p> <p>6:45- Quarter Bingo with Fredi in the Pub</p>	<p><b>16</b></p> <p>10:30- Berkshire Hills Performs-3A</p> <p>10:30- Blood Pressure Clinic-Pub</p> <p>12:30- Exercise w/Sharon-3A</p> <p>1pm- Canasta- Billiards Room</p> <p>2pm- Painting Class-3A</p> <p>2pm- Popcorn Club- Theater</p> <p>3:30- Blackjack- Dollar buy-in-3A</p> <p>6:45- Pitch- Billiards Room</p> <p>Massage Therapist 1-4 Pub</p>	<p><b>17</b></p> <p>9:30- Hubbard Coffee Chat-3A</p> <p>10:30 Chair Zumba-3A</p> <p>12:30- Rosary-3A</p> <p>1:00- Bus Leaves for Cinemas to see Book Club</p> <p>1pm-Wii Bowling Competition-T</p> <p>3:45- Pet Visits w/ Keeper- Billiards Room</p> <p>6:45- Rummikub-Billiards</p>	<p><b>18</b></p> <p>9:30- Coffee and Chronicles-3A</p> <p>10:30-Butterfly Apothecary Craft-3A Sign up w/Activities</p> <p>12:30- Exercise with Sharon-3A</p> <p>1pm Strawberry Shortcake Bar-Pub</p> <p>2pm- Willie Ninger Performs-3A</p> <p>3:30- Caretenders Presents -3A</p> <p>3:30- Happy Hour-3A</p> <p>6:45- Kings in the Corner- BR</p>	<p><b>19 Podiatrist Available by Apt</b></p> <p>9:30- Billiards</p> <p>10:30- Walking Club Riverwalk</p> <p>10:30- Monarch Butterfly Migration Documentary-3A</p> <p>12:30- Rosary-3A</p> <p>1:00- Food Committee Meeting-P</p> <p>2pm- Pokeno-3A</p> <p>3pm- Drumming Class-3A</p> <p>4pm-Happy Hour- Butterfly Pea Flower Drink=Pub</p> <p>6:45- Scrabble-Billiards</p>	<p><b>20</b></p> <p>10:30- Wii Bowling for Newbies-T</p> <p>1pm- Dime Bingo-3A</p> <p>2pm- Popcorn Club Theater</p> <p>2:30pm- Strength Training</p>
<p><b>21</b></p> <p>Mass at St Elizabeth's</p> <p>2pm- Rummikub-Billiards</p> <p>Day of Rest and Face Timing with Families</p>	<p><b>22</b></p> <p>10:00- Communion w/ Deacon Tom- IL DINING ROOM</p> <p>10:30- Tripoley- Billiards Room</p> <p>1pm- Resident Council Meeting-3A</p> <p>1:30- Catholic Mass- IL Dining Room</p> <p>2pm- Corn Hole-Courtyard</p> <p>3:30- Canasta- Billiards Room</p> <p>6:45- Quarter Bingo with Fredi in the pub</p>	<p><b>23</b></p> <p>10:30- Knitting Corner-1<sup>st</sup> Floor</p> <p>10:30- Blood Pressure Clinic-Pub</p> <p>10:30- Chef's Club-3A Grill and Chill</p> <p>11:30- Family Style Luncheon-3A</p> <p>1pm- Rendered Root- Read Aloud w/ Jamie Gagnon- 1<sup>st</sup> Floor Piano Rm</p> <p>2pm- Line Dancing-3A</p> <p>2pm- Advanced Painting Class-Pub</p> <p>3:30- RAOK Read Aloud Practice- Pub</p> <p>6:45-Pitch- Billiards Room</p>	<p><b>24</b></p> <p>9:30- Breakfast at the Boltwood Inn Amherst, MA and Lilacland</p> <p>10:30- Chair Zumba</p> <p>12:30- Rosary-3A</p> <p>1pm- LCR- (dollar buy-in)- Billiards Room</p> <p>2:30pm- Butterfly Bingo-IL DINING ROOM for PRIZES</p> <p>3:30- Wii Bowling- Theater</p> <p>6:45- Rummikub-Billiards</p>	<p><b>25</b></p> <p>9:30- Coffee and Chronicles-3A</p> <p>10:30- Adaptive Boxing-3A</p> <p>1pm- Pitch- Billiards Room</p> <p>2pm- Richie Mitnik Performs-3A</p> <p>3:30- Making Centerpieces for Butterfly Dinner-3A</p> <p>6:45- Kings in the Corner- Billiards Room</p>	<p><b>26</b></p> <p>9:30- Billiards</p> <p>10:00- RAOK Group leaves for Ludlow School to read to children</p> <p>12:30- Rosary-3A</p> <p>1:00- Butterfly Wings Photoshoot</p> <p>2pm-Pokeno-3A</p> <p>3pm- Drumming Class-3A</p> <p>4pm- Wine Picnic in the Courtyard</p> <p>5:15-Butterfly Dinner-IL Dining Room</p> <p>6:45-Pub Puzzle- pub</p>	<p><b>27</b></p> <p>10:30- Wii Bowling for Newbies-T</p> <p>1pm- Dime Bingo-3A</p> <p>2pm- Popcorn Club Theater</p> <p>2:30pm- Strength Training</p>
<p><b>28</b></p> <p>Mass at St Elizabeth's</p> <p>2pm- Rummikub-Pub</p> <p>Day of Rest and Face Timing with Families</p>	<p><b>29 Memorial Day</b></p> <p>10:30- Donuts Coffee and Games Featuring New Game Racko-3A</p> <p>Memorial Day BBQ</p> <p>2pm- Jeopardy- 3A</p> <p>3:15- Wii Bowling- Theater</p> <p>6:45- Quarter Bingo with Fredi in the pub</p>	<p><b>30</b></p> <p>10:30- Blood Pressure Clinic-Pub</p> <p>10:30- Singalong w/ Don-3A</p> <p>1pm- Chorus Practice w/Don-3A</p> <p>2pm- Popcorn Club- Theater</p> <p>2pm- Planting in the Courtyard</p> <p>3:30-Blackjack- Dollar-Buy-in-3A</p> <p>6:45- Pitch- Billiards Room</p>	<p><b>31</b></p> <p>9:30- Hubbard Coffee Chat-3A</p> <p>10:30- Meditation w/Rob-3A</p> <p>11:00- Mill on the River Outing for Lunch</p> <p>12:30- Rosary- 3A</p> <p>1pm-LCR- (dollar buy-in)- Billiards Room</p> <p>4pm- Wine Down Wednesday-Pub</p> <p>6:45- Rummikub-Billiard</p>	 <p><b>MEMORIAL DAY</b></p>	<p>*Activities are Subject to Change</p> <p>Amy Creasia Programming Specialist <a href="mailto:ACreasia@keystonesenior.com">ACreasia@keystonesenior.com</a></p>	<p><b>Monthly Birthdays</b></p> <p>5/6- Theresa Walsh</p> <p>5/27- Bobbie Bidwell</p> <p>5/30- Bessie Guerette</p> <p>5/31-Jane Kuzdzal</p>