

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

APRIL 2023



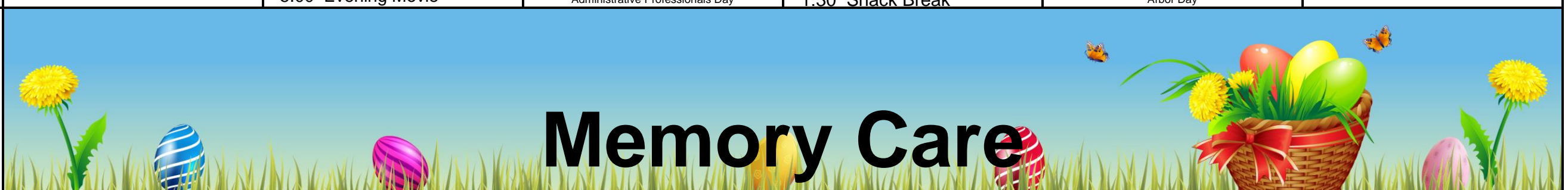
<p>2</p> <p>9:00 Morning Exercise, DR 10:00 Nail Spa, C 10:30 Bingo, DR 1:30 Snack Break 5:00 Evening Movie</p> <p><small>Palm Sunday</small></p>	<p>3</p> <p>9:00 Music and Movement, DR 10:00 Active Game, DR 1:00 Music with Larissa 1:30 Snack Break 5:00 Evening Movie</p>	<p>4</p> <p>9:00 Music and Movement, DR 10:00 Bingo, DR 12:30 Color my World, DR 1:00 Novari Primary Care 1:30 Scenic Drive 1:30 Snack Break 5:00 Evening Movie</p>	<p>5</p> <p>9:00 ~ 1:30 Hair Salon 9:00 Aromatherapy, DR 10:00 Music with J.J 1:00 Afternoon Exercise 1:30 Snack Break 5:00 Evening Movie</p> <p><small>Passover Begins</small></p>	<p>6</p> <p>9:00 Music and Movement, DR 10:00 Catholic Prayers 1:00 Novari Primary Care 1:00 Strike Up the Band 1:30 Snack Break 5:00 Evening Movie</p>	<p>7</p> <p>8:30 Meet n' Greet, DR 9:00 Morning Exercise, DR 10:00 Active Games, DR 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie</p>	<p>1</p> <p>9:00 Morning Exercise, DR 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie</p> <p><small>April Fools' Day</small></p>
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<p>9</p> <p>9:00 Morning Exercise, DR 10:30 Bingo, DR 1:30 Snack Break 5:00 Evening Movie</p> <p><small>Easter Sunday</small></p>	<p>10</p> <p>9:00 Music and Movement, DR 10:00 Active Game, DR 1:30 Snack Break 5:00 Evening Movie</p>	<p>11</p> <p>9:00 Music and Movement, DR 10:00 Bingo, DR 12:30 Color my World, DR 1:00 Novari Primary Care 1:30 Music with Randy 1:30 Snack Break 5:00 Evening Movie</p>	<p>12</p> <p>9:00 ~ 1:30 Hair Salon 9:00 Aromatherapy, DR 10:00 Art Fun, DR 1:00 Afternoon Exercise 1:30 Snack Break 5:00 Evening Movie</p>	<p>13</p> <p>9:00 Music and Movement, DR 10:00 Catholic Prayers 1:00 Novari Primary Care 1:00 Strike Up the Band 1:30 Snack Break 5:00 Evening Movie</p>	<p>14</p> <p>8:30 Meet n' Greet, DR 9:00 Morning Exercise, DR 10:00 Active Games, DR 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie</p>	<p>15</p> <p>9:00 Morning Exercise, DR 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie</p>
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<p>16</p> <p>9:00 Morning Exercise, DR 10:00 Nail Spa, C 10:30 Bingo, DR 1:30 Snack Break 5:00 Evening Movie</p>	<p>17</p> <p>9:00 Music and Movement, DR 10:00 Active Game, DR 1:30 Music with Larissa 1:30 Snack Break 5:00 Evening Movie</p>	<p>18</p> <p>9:00 Music and Movement, DR 10:00 Bingo, DR 12:30 Color my World, DR 1:00 Novari Primary Care 1:30 Scenic Drive 1:30 Snack Break 5:00 Evening Movie</p>	<p>19</p> <p>9:00 ~ 1:30 Hair Salon 9:00 Aromatherapy, DR 10:00 Art Fun, DR 1:00 Afternoon Exercise 1:30 Snack Break 5:00 Evening Movie</p>	<p>20</p> <p>9:00 Music and Movement, DR 10:00 Catholic Prayers 1:00 Novari Primary Care 1:00 Strike Up the Band 1:30 Snack Break 5:00 Evening Movie</p>	<p>21</p> <p>8:30 Meet n' Greet, DR 9:00 Morning Exercise, DR 10:00 Active Games, DR 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie</p>	<p>22</p> <p>9:00 Morning Exercise, DR 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie</p> <p><small>Earth Day</small></p>
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<p>23</p> <p>9:00 Morning Exercise, DR 10:30 Bingo, DR 1:30 Snack Break 5:00 Evening Movie</p>	<p>24</p> <p>9:00 Music and Movement, DR 10:00 Active Game, DR 1:30 Music with Nik 1:30 Snack Break 5:00 Evening Movie</p>	<p>25</p> <p>9:00 Music and Movement, DR 10:00 Bingo, DR 12:30 Color my World, DR 1:00 Novari Primary Care 1:30 Music with Randy 1:30 Snack Break 5:00 Evening Movie</p>	<p>26</p> <p>9:00 ~ 1:30 Hair Salon 9:00 Aromatherapy, DR 10:00 Art Fun, DR 1:00 Afternoon Exercise 1:30 Snack Break 5:00 Evening Movie</p> <p><small>Administrative Professionals Day</small></p>	<p>27</p> <p>9:00 Music and Movement, DR 10:00 Catholic Prayers 1:00 Novari Primary Care 1:00 Foot Care with Dr. Gorey 1:00 Strike up the Band 1:30 Snack Break</p>	<p>28</p> <p>8:30 Meet n' Greet, DR 9:00 Morning Exercise, DR 10:00 Active Games, DR 1:30 Snack Break 2:30 Musical Entertainment, LDR 5:00 Evening Movie</p> <p><small>Arbor Day</small></p>	<p>29</p> <p>9:00 Morning Exercise, DR 1:00 Balloon Volley Ball 1:30 Snack Break 2:00 Documentary 5:00 Evening Movie</p>
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<p>30</p> <p>9:00 Morning Exercise, DR 10:00 Nail Spa, C 10:30 Bingo, DR 1:30 Snack Break 5:00 Evening Movie</p>



Memory Care



Memory Care

A Great Place to Call Home

Hair Salon
Wednesdays
9:00 AM—1:30 PM
Stylist—Oanh
Sign Up at the Front Desk

Special Activities

Music with Larissa ~ 3^d @ 1:30 PM

Scenic Drive with Joy ~ April 4th @ 1:30 PM

Music with JJ ~ April 5th @ 10:00 AM

Strike up the Band ~ April 13th @ 1:00 PM

Music with Randy~ April 11th @ 1:30 PM

Art Fun~ April 12th @ 10:00 AM

Music with Larissa~ April 17th @ 1:30 PM

Scenic Drive with Joy~ April 18th @ 1:30 PM

Music with Nik~ April 24th @ 1:30 PM

Music with Randy Rogers~ April 25th @ 1:30 PM

Strike Up the Band~ April 27th @ 1:00 PM

April 2023 THE MONTHLY GAZETTE

*"April weather, rain and
sunshine both together."
~ English country saying*



Bird of the Month – Canary

Canaries are lovely, bright yellow songbirds from the Canary Islands off the coast of West Africa. These beautiful birds evolved from finches. They have an enchanting song, making them a popular pet. Wild canaries tend to have stripes or spots of black, brown, white, or other colors on their feathers, while domestic canaries are typically all yellow—a trait breeders cultivated. Their stunning yellow hue is so appreciated that this sunny color is known as canary yellow. Canaries are also known for their history of helping to keep coal miners safe. In the early 20th century,



they were taken into coal mines to detect leaks of poisonous gases like carbon monoxide. Canaries show signs of distress when the air becomes unsafe, giving miners a chance to escape. Interestingly, while both male and female canaries sing, the males sing more often and are known as the better singers.

Special Days

April Fools' Day
April 1

Palm Sunday
April 2

Passover Begins
April 5

Good Friday
April 7

Easter
April 9

Earth Day
April 22

Arbor Day
April 28

Flower – Daisy



The traditional April flower is the daisy. The daisy gets its name from the Old English word meaning "day's eye" due to its appearance (round with a pupil-like center) and because daisies open at dawn, as the day is beginning. Per legend, the first daisy appeared when

a young nymph turned herself into one to avoid unwanted praise and attention. Thus, the flower has come to symbolize modesty, chastity, and innocence. In ancient times, daisies were said to heal wounds, remove warts, and change gray hair to black.

Birthstone – Diamond



Diamonds have been a symbol of wealth and power for centuries, and their sturdiness has represented undying love since Roman times. In fact, Cupid's arrows supposedly are tipped with diamonds. First mined in India over 2,800 years ago, diamonds are also commonly found in Africa, Russia, Canada, and Australia. The most famous (and possibly cursed) diamond in the world is the Hope Diamond, which is blue in color and cut into a heart shape. Millions of people view it each year at the Smithsonian Museum in Washington, D.C.