

# The Maple Ridge News

Rehabilitation • Skilled Nursing • Hospice • Respite

## Happy Birthday

Best wishes to our residents celebrating birthdays this month.

### Residents:

Karnis S. 04/22

### Staff:

David 04/02

Mary E. 04/06

Kayla H. 04/08

Ann A. 04/10

Jason G. 04/20

Carol J. 04/28

Peyton S. 04/21

## WISH List

CD players, outdoor/indoor pots, potting soil, seeds



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Kim Odivin, Administrator  
Jacqueline VanDeVoort, Business Office Mgr.  
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Ashley Allen, Administrator

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WE ACCEPT CREDIT CARDS

## Therapy Success Story: Margie W.

Margie W. was born and raised in the Spooner area. She graduated from Spooner High School in 1964

She currently lives in Minong with her husband, Michael. Margie and Michael have been married nearly 58 years! Margie said, "He is my "rock" and has been a loving supporter during my time of surgeries and rehabilitation." This has been evident during his almost daily visits to see Margie in her time spent here at Maple Ridge Care Center. The couple raised 4 children together, one daughter and three sons. They have sadly lost 2 of their sons. They do however have 5 grandchildren, and 2 great-grandsons to help keep them busy! Margie was admitted to Maple Ridge Care Center in early January 2023 after a hospitalization in Eau Claire. She endured an extensive back surgery in November 2022, followed by a second back surgery in December 2022. She was in need of some physical therapy to regain her strength and her ability to walk again. Margie was looking for somewhere to recover close to home, and we were happy to take her here as a short-term rehab resident. Margie said she would absolutely recommend Maple Ridge Care Center to others. She was unable to decide the best thing about her stay here. She said, "everything about Maple Ridge is good. It is hard to pick one thing. The nurses and CNA staff are very caring, the Activity department offered a variety of entertainment which was excellent, and dietary provided good, nutritious meals."

Margie went on to talk about the rehab department. "The positive attitude of the therapists kept me going every day. They encouraged me to do more, but never forced me to do more than I was able. I constantly heard, "You got this!" or "You can do this!" constant words of encouragement from both Amy and Dave. When asked what she would recommend to others in a similar situation to her own, she said, "eliminate the words, "I can't" from your vocabulary. Don't give up on yourself- take advantage of PT and OT to get the rehab you need to be independent. I often think of words on a sign on the wall in the therapy room: "I'm not telling you it's going to be easy--- I'm telling you it's going to be worth it." So true!

Margie has worked extremely hard to meet her goals, and she is very much looking forward to returning home with her husband. She really has maintained a positive attitude throughout all of this, which has really helped her get to where she is now. It has been great to get to know her, and we hope she stops by to visit us all once the weather warms up!



## Activities/Events

We can't wait to get the residents outside and use our awesome patio! It has been a long winter that's for sure. We plan to do many activities outside including planting flowers and vegetables, campfires, reminiscing and just enjoying the sunshine together.

## Photo Highlights



## Upcoming Events

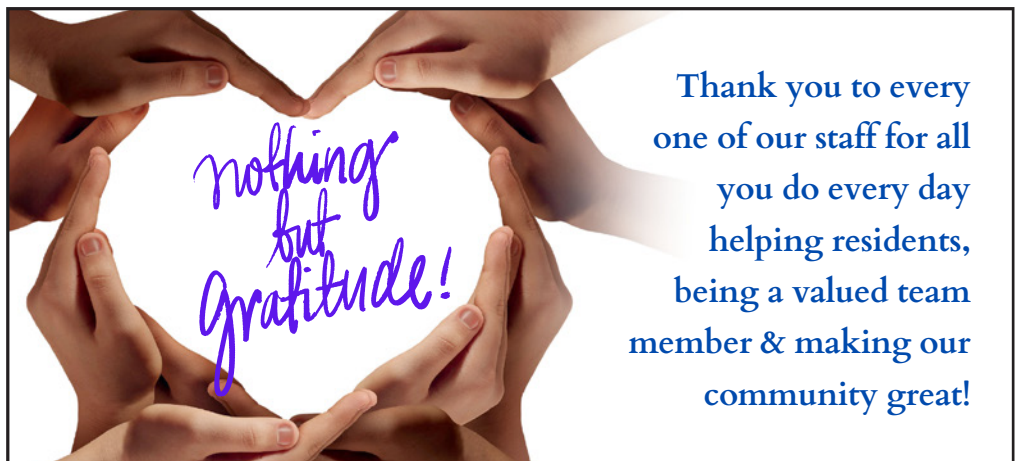
Easter is April 9th this year! The activity department will be decorating for Easter and doing many Easter activities and projects. It's always a fun time of year for all. The weather is getting warmer as the snow leaves and we can finally celebrate Spring! We hope



## NOW HIRING

Maple Ridge would love you to be a part of our family!

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Thank you to every one of our staff for all you do every day helping residents, being a valued team member & making our community great!