

# WHAT IS A RESIDENT ASSISTANT?

After you become an RA, move up to the next level of your career by becoming a CNA.

We offer free CNA classes to employees. Visit 'Careers' on our website.



A Resident Assistant (RA) is an essential caregiver who helps seniors with activities of daily living and also provides conversation and companionship to enrich their lives.

## RESIDENT ASSISTANT DUTIES IN A SKILLED NURSING COMMUNITY

- Offer conversation & companionship
- Assist residents with activities
- Observe residents and alert staff to changes
- Answer call lights and alert staff
- Assist with mobility via wheelchair
- Set up, serve & clean up at mealtimes
- Pass water, juice or snacks
- Perform light cleaning & linen changes
- Check & replenish supplies

## BENEFITS OF BEING AN RA

- RAs are an important part of a care team.
- No experience required; paid training
- Great way to get started in a healthcare career
- We offer employee tuition reimbursement for career growth: Become a Med Assistant, CNA or nurse.

## NEXT STEPS IN YOUR CAREER

When you decide to move forward from RA to CNA, we're here to help. We offer a free CNA class to all WISH employees where you'll learn:

- Anatomy & physiology
- Nutrition
- Infection control
- Vital signs & measurements
- Communication & teamwork
- Personal care & ADLs (activities of daily living)
- Protecting patient/resident confidentiality
- Mental health
- Cultural diversity
- Patient/resident rights



\*Free CNA class & WI state test require an employment obligation at our facility.

*Holton*  
— MANOR

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