

Changing the way we understand  
and experience aging

# TIMESLIPS™ APPROACH



## TimeSlips™

CONNECTING THROUGH CREATIVITY



As our bodies and minds change with age, people ask – “How can I connect with my mom? My clients? My neighbor? My friend?” Timeslips™ is an evidenced-based and award-winning approach that helps people connect through creative communication and engagement.

Thanks to a grant from The Minnesota State Art Board, Ebenezer has certified TimeSlips™ facilitators at 30 of our communities. Our facilitators infuse creativity and meaning-making into care relationships to bring joy to our residents and their loved ones.

### OUR CORE VALUES ARE:

- Saying Yes
- Asking Beautiful Questions
- Giving Proof of Listening
- Opening Ourselves to Wonder
- Committing to Rigor and the Value of all Human Beings
- Finding Meaning by Connecting our Personal Expressions to the Larger World

### WE INVITE YOU TO FIND OUT MORE ABOUT THIS PROGRAM.

Visit [www.timeslips.org](http://www.timeslips.org) to watch the Friends and Family module and create your own stories. The system will prompt you to sign up for a free membership.

**CONNECT – THROUGH CREATIVITY.**