

# March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Warren Therapy</b> Physical & Occupational Therapy Monday-Friday 9am-12pm	<b>Transportation</b> Available by Appointment: <u><b>Tuesday &amp; Thursday</b></u> 9-4pm See Jamie for transportation requests!	<b>Petals Salon &amp; Spa</b> Open by Appointment: <b>Tuesdays—Hair</b> <b>Wednesdays—Nails</b> See concierge for booking appointments!	<b>1</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Trivia <b>TR</b> 2:30 Tender Hearts <b>MC</b> 3:30 Tender Hearts <b>PD</b>	<b>2</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Stretch &amp; Strength w/                      Carol TR</b> <b>2:00 Live Music Performance!</b> 3:00 Weekly Documentary <b>TH</b>	<b>3</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Whiteboard Games <b>TR</b> 2:00 Tranquility Time <b>MC</b> <b>3:00 Happy Hour! DR</b>	<b>4</b> 10:00 News & Coffee <b>DR</b> 2:00 Resident’s Choice Games <b>MC</b> 6:00 Movie Night <b>TH</b>
<b>5</b> 10:00 News & Coffee <b>DR</b> 1:00 Activity Packets <b>DR</b> 2:00 Puzzle Hour <b>SR/MC</b>	<b>6</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 2:00 Crafting Class <b>DR</b> 3:00 Bingo! <b>DR</b>	<b>7</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Drum Fit w/ Carol TR</b> 2:00 Afternoon Snack Social <b>MC</b> 2:00 Coffee & Tea Social <b>DR</b>	<b>8</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>1:30 Music w/ Oakland Church MC</b> 1:30 Trivia <b>TR</b> 2:30 Tender Hearts <b>MC</b> 3:30 Tender Hearts <b>PD</b>	<b>9</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Stretch &amp; Strength w/                      Carol TR</b> <b>2:00 Live Music Performance!</b> 3:00 Weekly Documentary <b>TH</b>	<b>10</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Whiteboard Games <b>TR</b> 2:00 Tranquility Time <b>MC</b> <b>3:00 Happy Hour! DR</b>	<b>11</b> 10:00 News & Coffee <b>DR</b> 2:00 Resident’s Choice Games <b>MC</b> 6:00 Movie Night <b>TH</b>
<b>12</b> 10:00 News & Coffee <b>DR</b> 1:00 Activity Packets <b>DR</b> 2:00 Puzzle Hour <b>SR/MC</b>	<b>13</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 2:00 Crafting Class <b>DR</b> 3:00 Bingo! <b>DR</b>	<b>14</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Drum Fit w/ Carol TR</b> <b>1:45 Therapy Dogs Visit! TR</b> 2:00 Afternoon Snack Social <b>MC</b> 2:00 Coffee & Tea Social <b>DR</b>	<b>15</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Trivia <b>TR</b> 2:30 Tender Hearts <b>MC</b> 3:30 Tender Hearts <b>PD</b>	<b>16</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Stretch &amp; Strength w/                      Carol TR</b> <b>2:00 Live Music Performance!</b> 3:00 Weekly Documentary <b>TH</b>	<b>17</b> <b>St. Patrick’s Day!</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Whiteboard Games <b>TR</b> 2:00 Tranquility Time <b>MC</b> <b>3:00 St. Patrick’s Day Happy Hour!</b>	<b>18</b> 10:00 News & Coffee <b>DR</b> 2:00 Resident’s Choice Games <b>MC</b> 6:00 Movie Night <b>TH</b>
<b>19</b> 10:00 News & Coffee <b>DR</b> 1:00 Activity Packets <b>DR</b> 2:00 Puzzle Hour <b>SR/MC</b>	<b>20</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 2:00 Crafting Class <b>DR</b> 3:00 Bingo! <b>DR</b>	<b>21</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Drum Fit w/ Carol TR</b> 2:00 Afternoon Snack Social <b>MC</b> 2:00 Coffee & Tea Social <b>DR</b>	<b>22</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>1:30 Music w/ Oakland Church MC</b> 1:30 Trivia <b>TR</b> 2:30 Tender Hearts <b>MC</b> 3:30 Tender Hearts <b>PD</b>	<b>23</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Stretch &amp; Strength w/                      Carol TR</b> <b>2:00 Live Music Performance!</b> 3:00 Weekly Documentary <b>TH</b>	<b>24</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Whiteboard Games <b>TR</b> 2:00 Tranquility Time <b>MC</b> <b>3:00 Happy Hour! DR</b>	<b>25</b> 10:00 News & Coffee <b>DR</b> 2:00 Resident’s Choice Games <b>MC</b> 6:00 Movie Night <b>TH</b>
<b>26</b> 10:00 News & Coffee <b>DR</b> 1:00 Activity Packets <b>DR</b> 2:00 Puzzle Hour <b>SR/MC</b>	<b>27</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 2:00 Crafting Class <b>DR</b> 3:00 Bingo! <b>DR</b>	<b>28</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Drum Fit w/ Carol TR</b> 2:00 Afternoon Snack Social <b>MC</b> 2:00 Coffee & Tea Social <b>DR</b>	<b>29</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Trivia <b>TR</b> 2:30 Tender Hearts <b>MC</b> 3:30 Tender Hearts <b>PD</b>	<b>30</b> 10:00 Daily Morning Programs 10:30 Morning Stretch <b>MC</b> 11:00 Activity Stations <b>MC</b> <b>11:30 Stretch &amp; Strength w/                      Carol TR</b> <b>2:00 Live Music Performance!</b> 3:00 Weekly Documentary <b>TH</b>	<b>31</b> 10:00 Daily Morning Programs 10:30 Stretch & Sing w/ Linda! <b>MC</b> 11:00 Activity Stations <b>MC</b> 1:30 Whiteboard Games <b>TR</b> 2:00 Tranquility Time <b>MC</b> <b>3:00 March Birthday’s Happy Hour!                      DR</b>	