

Sunday

Monday

Tuesday

Wednesday



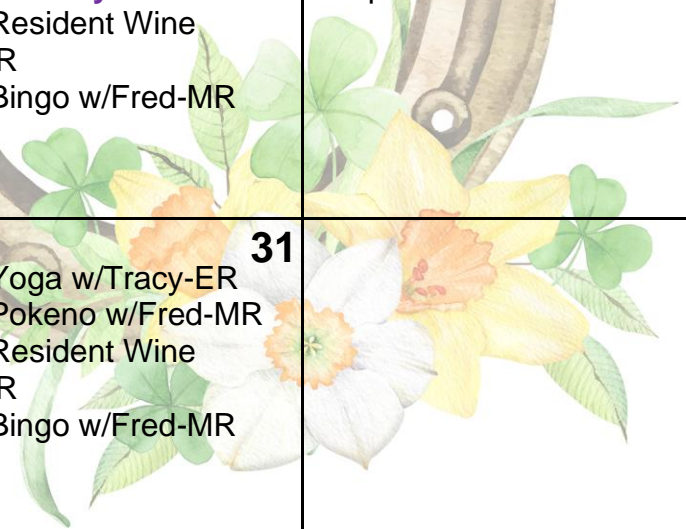
Thursday

Friday

Saturday

March 2023

Winding Commons Senior Living

			<p>9:00am-Weights Workout-ER 1</p> <p>11:00am-Resident Birthday Brunch Celebration-DR</p> <p>1:00pm-Spanish w/Ruthie-MR</p> <p>2:30pm-Happy Hour w/Kurt Stoffel-DR</p> <p>ACTIVITY RAFFLE</p>	<p>9:00am-Full Body Workout-ER 2</p> <p>9:30am-Wii Bowling-MR</p> <p>1:00pm-Poker Walk-MR</p> <p>2:30pm-Blackjack w/Cliff-GR</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>9:00am-Yoga w/Tracy-ER 3</p> <p>9:00am Donuts w/Christine-MR</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>1:00pm-Sequence w/Willard-MR</p> <p>2:00pm-Poker w/Cliff-GR</p> <p>3:30pm-Board Games-MR (Monopoly, Cards, Yahtzee, Mexican Train, Uno)</p>
<p>1:00pm-Wii Bowling w/Donna-MR</p>	<p>5 Happy Birthday Vickie 6</p> <p>9:00am-Tai Chi w/Pati-ER</p> <p>1:00pm-Word Makers-ER</p> <p>2:00pm-Bridge-MR</p> <p>2:30pm-Beanbag Baseball-ER</p> <p>Purim Begins</p>	<p>9:00am-Full Body Workout-ER 7</p> <p>9:45pm-Alpha One Blood Pressure-L</p> <p>1:00pm-Identity Theft Prevention-Senior Scams Presentation w/Adam Hultman-MR</p> <p>2:30pm-Indoor Golf-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>9:00am-Weights Workout-ER 8</p> <p>9:00am-Chair Massage Therapist-LIB (2nd floor)</p> <p>1:00pm-Spanish w/Ruthie-MR</p> <p>2:30pm-Happy Hour w/Mike Ely-DR</p>	<p>9:00am-Full Body Workout-ER 9</p> <p>9:30am-Wii Bowling-MR</p> <p>1:30pm-Teaching Kitchen Food Demo w/Chef Jen-DR</p> <p>2:30pm-Blackjack w/Cliff-GR</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>9:00am-Yoga w/Tracy-ER 10</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>11 11:00am-Traveling Boutique Vendor-L (Scarves, jewelry, clothing, hats vendor)</p> <p>1:00pm-Sequence w/Willard-MR</p> <p>2:00pm-Poker w/Cliff-GR</p>
<p>1:00pm-Wii Bowling w/Donna-MR</p>  <p>Daylight Saving Time Begins</p>	<p>12 9:00am-Tai Chi w/Pati-ER 13</p> <p>1:00pm-Word Makers-ER</p> <p>2:00pm-Bridge-MR</p> <p>2:30pm-Volleyball-ER</p>	<p>14 Happy Birthday Joy 14</p> <p>Happy Birthday Lindy</p> <p>9:00am-Full Body Workout-ER</p> <p>1:30pm-Navigating Veteran Care Presentation-MR</p> <p>2:30pm-Cornhole-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>1:00pm-Spanish w/Ruthie-MR 15</p> <p>2:30pm-Happy Hour w/Pete Schroeder-DR</p>	<p>16 Happy Birthday Marjorie 16</p> <p>9:00am-Full Body Workout-ER</p> <p>9:30am-Wii Bowling-MR</p> <p>1:00pm-Bingo w/Zhanna-MR</p> <p>2:30pm-Blackjack w/Cliff-GR</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>9:00am-Yoga w/Tracy-ER 17</p> <p>2:00pm-The Price is Right St. Patrick's Day Celebration-MR</p> <p>7:00pm-Bingo w/Fred-MR</p> <p>St. Patrick's Day</p> 	<p>18 Happy Birthday Dana 18</p> <p>1:00pm-Sequence w/Willard-MR</p> <p>2:00pm-Poker w/Cliff-GR</p> <p>3:30pm-Board Games-MR (Monopoly, Cards, Yahtzee, Mexican Train, Uno)</p>
<p>19 Happy Birthday Joan 19</p> <p>1:00pm-Wii Bowling w/Donna-MR</p> <p>3:00pm-Book Chat-LIB (Upstairs 2nd floor)</p>	<p>20 9:00am-Tai Chi w/Pati-ER 20</p> <p>1:00pm-Word Makers-ER</p> <p>2:00pm-Bridge-MR</p> <p>2:30pm-Beanbag Baseball-ER</p> <p>Spring Begins</p>	<p>21 9:00am-Full Body Workout-ER 21</p> <p>9:45pm-Alpha One Blood Pressure-L</p> <p>1:00pm-Chef's Chat Q&A w/Jen-MR</p> <p>2:30pm-Indoor Golf-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>9:00am-Weights Workout-ER 22</p> <p>9:00am-Chair Massage Therapist-LIB (2nd floor)</p> <p>1:00pm-Spanish w/Ruthie-MR</p> <p>2:30pm-Happy Hour w/Michelle Devol-DR</p> <p>Ramadan Begins</p>	<p>23 9:00am-Full Body Workout-ER 23</p> <p>9:30am-Wii Bowling-MR</p> <p>1:00pm-Poker Walk-MR</p> <p>2:00pm-Craft Class w/Patty Robinett-PR</p> <p>2:30pm-Blackjack w/Cliff-GR</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>9:00am-Yoga w/Tracy-ER 24</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>1:00pm-Jewelry Vendor-L</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>25 1:00pm-Sequence w/Willard-MR 25</p> <p>2:00pm-Poker w/Cliff-GR</p>
<p>1:00pm-Wii Bowling w/Donna-MR 26</p>	<p>27 9:00am-National Flour Day 27</p> <p>Enjoy Muffins in the Lobby!</p> <p>9:00am-Tai Chi w/Pati-ER</p> <p>1:00pm-Word Makers-ER</p> <p>2:00pm-Bridge-MR</p> <p>2:30pm-Volleyball-ER</p>	<p>28 9:00am-Full Body Workout-ER 28</p> <p>1:00pm-Bookmobile (East entrance parking lot)</p> <p>2:30pm-Cornhole-ER</p> <p>7:00pm-Bingo w/Fred-MR</p>	<p>9:00am-Weights Workout-ER 29</p> <p>2:30pm-Happy Hour w/Happy Trails Duo-DR</p> <p>1:00pm-Spanish w/Ruthie-MR</p>	<p>30 Happy Birthday Glen 30</p> <p>9:00am-Full Body Workout-ER</p> <p>9:30am-Wii Bowling-MR</p> <p>1:00pm-Bingo w/Zhanna-MR</p> <p>2:30pm-Blackjack w/Cliff-GR</p> <p>7:00pm-Trivia w/Kay-MR</p>	<p>9:00am-Yoga w/Tracy-ER 31</p> <p>1:00pm-Pokeno w/Fred-MR</p> <p>3:00pm-Resident Wine Social-MR</p> <p>7:00pm-Bingo w/Fred-MR</p>	

ER=Exercise Room, MR=Media Room, PA=Pond Area, LIB=Library, L=Lobby, DR=Dining Room, PR=Puzzle Room, GR=Game Room, S=Salon *All activities are subject to change*