

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2023

## MEMORY CARE COMMUNITY

<h1>March 2023</h1> <h2>MEMORY CARE COMMUNITY</h2>			<b>National Pig Day</b> Fitness w/ Friends Three Little Pigs Story Time Noodle Ball - Lounge Bingo – Dining Room Music & Memories 2:00 Wine & Cheese-Lobby Crafty Detective Finish the Phrase	<b>1</b>	Sit & Get Fit Balloon Bop Would You Rather Wii Bowling Movin & Groovin A Roll Down Memory Lane Paint & Sip Aromatherapy & Massage Sing to Elvis Presley Music	<b>2</b>	Let's Make a Poem Arm Chair Exercise Pretty Nails/Manly Manicures Bingo – Dining Room Circle Ball Toss Best Music Memories 2:00 Happy Hour-Lobby Sensory Calming Time Memory Joggers	<b>3</b>	Today in History Move to the Beat 10:00 Rosary club – Theater Beach Ball Toss Word in a Word Brain Games Good old days Reminiscing You be the Judge Afternoon Movie	<b>4</b>			
Current Events Weekend Workout 10:00 Rosary club-Theater Balloon Toss Can You Picture this? Reminiscing to Music Group Word Searches Memory Match Game	<b>5</b>	Move & Groove Story of Joyous Purim Swat that Balloon 10:00 Rosary Club – Theater Purim True or False Music Therapy 2:00 Bingo – Lobby Purim Secret Message Spot the Difference <small>Purim Begins</small>	<b>6</b>	Stretch & Flex Chair Hockey Remember When What would you do? Name that Tune Long Word – Short Word Arts & Crafts Who Am I? Group Jig Saw Puzzles	<b>7</b>	Fitness w/ Friends Let's Work It out Trivia Noodle Ball Bingo – Dining Room Music & Memories 2:00 Wine & Cheese Crafty Detective Finish the Phrase 3:00 Zumba Memory Game	<b>8</b>	Sit & Get Fit Bible Study Balloon Bop Would You Rather Wii Bowling Movin & Groovin Roll A Topic Food Club –No Bake Cookies Chat & Chew	<b>9</b>	Knock Knock Jokes Arm Chair Exercise Pretty Nails/Manly Manicures Women in History Discussion Bingo – Dining Room Circle Ball Toss Sensory Calming Time 2:00 Happy Hour Memory Joggers Feel Good Stories	<b>10</b>	Current Events Weekend Workout 10:00 Rosary club-Theater Balloon Toss Can You Picture this? Reminiscing to Music Group Word Searches Memory Match Game Afternoon Movie	<b>11</b>
Morning Prayers Would you Rather 11:00 Bingo – AL Side Smack the Balloon I love Lucy Tv Show Easy Trivia Circle Ball Toss News & Reviews Reminisce Sunday Dinners <small>Daylight Saving Time Begins</small>	<b>12</b>	Never Have I Questions Move & Groove Horse Shoe Toss 10:00 Rosary Club – Theater Wii Baseball Music Therapy 2:00 Bingo – Lobby True or False Game Hangman	<b>13</b>	<b>March Madness Begins</b> Today in History Stretch & Flex Chair Hockey Irish Poem Readings Name that Tune Arts & Crafts What am I? Group Jig Saw Puzzles	<b>14</b>	Fitness w/ Friends Let's work it out Spelling Bee Noodle Ball Resident Council Music & Memories 2:00 Wine & Cheese Famous Duos Influenza Detective Color by Number	<b>15</b>	Sit & Get Fit Tales of the Irish Leprechauns on the Loose Balloon Bop Would You Rather Wii Bowling Movin & Groovin Fun w/ Limericks Food Club –Irish Potatoes Chat & Chew <small>St. Patrick's Day</small>	<b>16</b>	History of Irish Dancing Arm Chair Exercise Lord of the Dance - Michael Pretty Nails/Manly Manicures Bingo – Dining Room Circle Ball Toss Sensory Calming Time 2:00 St. Patty's Party Memory Joggers	<b>17</b>	Today in History Move to the Beat 10:00 Rosary club – Theater Beach Ball Toss Word in a Word Brain Games Good old days Reminiscing You be the Judge Afternoon Movie	<b>18</b>
Current Events Weekend Workout 10:00 Rosary club-Theater Balloon Toss Can You Picture this? Reminiscing to Music Group Word Searches Memory Match Game	<b>19</b>	Do You Hear What I hear? Move & Groove Spring Memories Spring Scavenger Slideshow Wii Baseball Wii Baseball Music Therapy 2:00 Bingo – Lobby Pictionary <small>Spring Begins</small>	<b>20</b>	Today in History Stretch & Flex Chair Hockey Spring Poems Readings Name that Tune Arts & Crafts Who Am I? Group Jig Saw Puzzles Scent-sory	<b>21</b>	Ramadan Traditions Fitness w/ Friends Ramadan True or False Bingo-Dining Room 2:00 Wine & Cheese Let's be a detective Finish the Phrase 3:00 Zumba Color By Number <small>Ramadan Begins</small>	<b>22</b>	Sit & Get Fit Balloon Bop Would You Rather Wii Bowling Movin & Groovin A Roll Down Memory Lane Paint & Sip Aromatherapy & Massage Discuss & Recall	<b>23</b>	Spring Memories Arm Chair Exercise Pretty Nails/Manly Manicures Bingo – Dining Room Circle Ball Toss Best Music Memories 2:00 Happy Hour-Lobby Sensory Calming Time Memory Joggers	<b>24</b>	Current Events Weekend Workout 10:00 Rosary club-Theater Balloon Toss Can You Picture this? Reminiscing to Music Group Word Searches Memory Match Game Afternoon Movie	<b>25</b>
Morning Prayers Would you Rather 11:00 Bingo – AL Side Smack the Balloon Lawrence Welks Show Easy Trivia Circle Ball Toss News & Reviews Reminisce	<b>26</b>	Never Have I Questions Move & Groove Horse Shoe Toss 10:00 Rosary Club – Theater Wii Baseball Music Therapy 2:00 Bingo – Lobby True or False Game Hangman	<b>27</b>	Stretch & Flex Chair Hockey Remember When What would you do? Name that Tune Long Word – Short Word Arts & Crafts Who Am I? Group Jig Saw Puzzles	<b>28</b>	Fitness w/ Friends Inspiration Story Time Noodle Ball - Lounge Bingo – Dining Room Music & Memories 2:00 Wine & Cheese-Lobby Crafty Detective Finish the Phrase Color By Number	<b>29</b>	Sit & Get Fit Balloon Bop Would You Rather Wii Bowling Movin & Groovin A Roll Down Memory Lane Paint & Sip Aromatherapy & Massage Sing along to Jimmy Dorsey	<b>30</b>	Women in History Discussion Arm Chair Exercise Pretty Nails/Manly Manicures Bingo – Dining Room Circle Ball Toss Best Music Memories 2:00 Happy Hour-Lobby Sensory Calming Time Memory Joggers	<b>31</b>	Today in History Move to the Beat 10:00 Rosary club – Theater Beach Ball Toss Word in a Word Brain Games Good old days Reminiscing You be the Judge Afternoon Movie	

ACTIVITIES ARE SUBJECT TO CHANGE