

What's New in March!

Richardson Nature Center and Lunch Out is rescheduled for Wednesday, March 2 at 10:45. Sign-up in the Bistro.

Bingo with Volunteer Matt and his family Sundays March 5 and 19 at 1:00 in the Community Room.

Laughing Out Loud on Tuesday, March 7 at 11:00. Find JOY by seeing and hearing some funny stuff!

Bowling Fun makes another appearance at 1:30 in the Community Room on Tuesday, March 7 complete with pin setter and ball return!

Chan-O-Laires Senior Choir returns to DHW on Thursday, March 9 at 2:00 in the Community Room. Join us to find out which one of our residents was a Chan-O-Laires!

Turn your Clocks Ahead before bed on Saturday, March 11 for Daylight Savings Time 2023.

The St. Therese Middle School Choir and Band will perform from 2:15 to 3:15 in the Community Room on Tuesday, March 14.

Movie Star Event on Wednesday, March 15 at 1:30 in the Community Room will pay homage to the Oscars and our Classic Movie Stars of the past.

Introduction to Chair Yoga begins with the first of two introductory sessions on Thursday, March 16 at 11:00 in the Exercise Room on second floor. The second session is on Thursday, March 30. Come to find out the benefits of chair yoga and try some breathing and stretching exercises.

Mike Henry's "The Book of Love" was rescheduled from February due to the snow storm to Thursday, March 16 at 2:00 in the Community Room.

Students from St. Therese Catholic School will parade around the building in costume to recognize St. Patrick's Day starting around 10:00 on Friday, March 17. Hopefully the weather will cooperate and we can cheer them on outside.

"Minute To Win It" Games are fun and silly games created to make you laugh and have fun. Join us on Tuesday, March 21 at 1:30 in the Community Room

Dos Offbeats, a singing duo new to DHW, entertains on Thursday, March 23 at 2:00 in the Community Room followed by the March Birthday Social at 3:00 in the Club Lounge. Everyone is welcome to help celebrate!

NEW RESIDENT SOCIAL, Tuesday, March 28 in the Community Room at 3:00. Come and meet our newest residents/tenants and to learn more about them!

Collage Art with JOY as inspiration is Thursday, March 30 1:30 in the Community Room. Bring any visual items you find joyful and You can incorporate them in your personal collage art.

Notes:

Resident Council Meeting is held the first Wednesday of the month at 3:15 in the Community Room.

Beauty Salon—is Essential Beauty Salon. Please call this number to make an appointment: **651-302-5644**.

*Remember activities are subject to change especially do to weather. Changes are posted by the mail boxes and by the Kitchen window.

*Self serve coffee and tea available daily in the Bistro Café.

Staff:

Leah Bird – Executive Director

Gina Ehresmann– Director of Health Services
Dwight Miller – Environmental Services Director

Charlie Weber - Culinary Director
Susan Krantz– Sales and Outreach Director
Katy Swanson – Activities Director



Nurses:

Amanda Kohler
Allyson Kihlle
Viniky Citrowske
Rachel Banken
Michelle Anderson



DEEPHAVEN
woods
SENIOR LIVING
Independent and
Assisted Living

March 2023



**Happy
Birthday!**

**Joan
March 15**

**Arlette
March 31**

JOY: is the emotion of great delight or happiness caused by something exceptionally good or satisfying. It can also be an acronym for Just Older Youngsters! That's why we will laugh, play, and create this month!

What brings you joy and delight?



*My love and laughter light your days,
and warm your heart and home.*

*May good and faithful friends be yours,
wherever you may roam.*

*May peace and plenty bless your world
with JOY that long endures.*

*May all life's passing seasons
bring the best to you and yours.*

Irish Blessing