

March 6th 2023 through March 12th 2023 Menu



Monday, March 6th

Breakfast

Banana Oatmeal, Cold Cereal, Scrambled Eggs, Crispy Bacon, Home Fries, Fruit Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, 2% Milk

Lunch

Cream of Potato Soup

Ham w/ Macaroni & Cheese, Cauliflower & Red Peppers, Wheat Dinner Roll

Alternate

Braised Beef Tips w/Mushrooms, Mashed Potatoes, Wheat Dinner Roll

Dessert

Pineapple Upside Down Cake / S.F. Chocolate Cake

Dinner

Grilled Ham & Cheese Sandwich, French Fries, Creamy Cucumber Salad

Alternate

Chicken & Cheese Quesadilla, French Fries, Creamy Cucumber Salad

Dessert

Ice Cream/Assorted/S.F. Desserts

Tuesday, March 7th

Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Sausage Patty, Assort. Donuts, Yogurt Cup, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Broccoli & Cheddar Soup

Caribbean Shrimp Skewer, Seasoned Rice Pilaf, Crispy Homemade Coleslaw

Alternate

Balsamic Glazed Chicken w/Bacon, Seasoned Rice Pilaf, Crispy Homemade Coleslaw

Dessert

Cinnamon Coffee Cake / S.F. Fresh Fruit

Dinner

Meat Lasagna, Zucchini Medley, Dinner Roll

Alternate

Pork Chop w/ Gravy & Onions, Baked Potato, Zucchini Medley

Dessert

Ice Cream/Assorted/S.F. Desserts

Wednesday, March 8th

Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Turkey Canadian Bacon, French Toast w/ Syrup, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Vegetable Soup

Beef Stroganoff, Buttered Egg Noodles, Asparagus Tips

Alternate

Marinated Pork Loin, Buttered Egg Noodles, Asparagus Tips

Dessert

Black Forest Pudding / S.F. Pudding Cup

Dinner

Chef Vernon's Seafood Stew, Spaghetti, Green Beans

Alternate

Turkey Marsala w/Mushrooms, Spaghetti, Asparagus Tips

Dessert

Ice Cream/Assorted/S.F. Desserts

Thursday, March 9th

Breakfast

Cream of Wheat, Cold Cereal, Scrambled Eggs, Crispy Bacon, Belgian Waffles w/ Syrup, Apple Slices, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

French Onion Soup

Turkey Meatloaf w/Gravy, Basil Garlic Potatoes, Italian Blend Vegetables

Alternate

Bourbon Maple Glazed Ham, Basil Garlic Potatoes, Italian Blend Vegetables

Dessert

Chilled Pears / S.F. Vanilla Cake

Dinner

Chicken Tenders w/Sweet & Sour Sauce, Vegetable Orzo Pasta, Caribbean Vegetable Blend

Alternate

Hungarian Pork Tips, Vegetable Orzo Pasta, Caribbean Vegetable Blend

Dessert

Ice Cream/Assorted/S.F. Desserts

Friday, March 10th

Breakfast

Banana Oatmeal, Cold Cereal, Scrambled Eggs, Sausage Links, Buttered Biscuits, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Cream of Tomato Basil Soup

Butter Crumb Tilapia, Almond Rice, Hot Cabbage Slaw

Alternate

Stuffed Green Peppers, Hot Cabbage Slaw, Dinner Roll

Dessert

Lemon Cake w/Icing / S.F. Jelly-O

Dinner

Chicken Caesar Wrap, Home Fried Potatoes, Pickled Beet Salad

Alternate

Quiche Lorraine, Home Fried Potatoes, Pickled Beet Salad

Dessert

Ice Cream/Assorted/S.F. Desserts

Saturday, March 11th

Breakfast

Cream of Wheat, Cold Cereal, Cheese Omelets, Scrapple, Assorted Muffins, Banana, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Vegetable Barley Soup

Savory Pork Roast, Oven Roasted Potatoes, Honey Dijon Brussel Sprouts

Alternate

Grilled Chicken w/Cranberry Glaze, Oven Roasted Potatoes, Honey Dijon Brussel Sprouts

Dessert

Apple Brown Betty / S.F. Fresh Fruit

Dinner

Baked Penne Pasta w/Sausage, Italian Green Beans, Garlic Bread

Alternate

Cheeseburger Deluxe, Waffle Fries, Crispy Coleslaw

Dessert

Ice Cream/Assorted/S.F. Desserts

Sunday, March 12th

Breakfast

Oatmeal, Cold Cereal, Scrambled Eggs, Turkey Sausage, Pancakes w/ Syrup, Orange Wedges, Choice of Eggs, Assorted Juices, Coffee, Hot Tea, and 2% Milk

Lunch

Chicken Noodle Soup

Slow Simmered Pot Roast w/Gravy, Mashed Potatoes, Carrots Celery & Onions

Alternate

Chicken w/Lemon Sauce, Mashed Potatoes, Carrots Celery & Onions

Dessert

Chocolate Cream Pies / S.F. Brownies

Dinner

Cheddar Baked Cod, Brown Rice Pilaf, Roasted Buttered Broccoli

Alternate

Open Faced Roast Beef Sandwich, Brown Rice Pilaf, Roasted Buttered Broccoli

Dessert

Ice Cream/Assorted/S.F. Desserts