

MARCH

JAYBIRD SENIOR LIVING
senior living *reimagined*



*Oh! the Places
you'll Go!*

Assisted Living ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>*** CALENDAR IS SUBJECT TO CHANGE BASED ON AVAILABILITY, WEATHER, AND RESIDENT DESIRES **** Please contact Tahlia, Life Engagement Coordinator, for any updates or with any questions, comments or concerns!</p>	<p>Transportation Services: Call Steve, (319) 540-3630 Reminder, there is NO transportation available on Tuesdays as they are reserved solely for activity trips.</p>		<p>1</p> <p>9:30 Devotions 10:00 Pedal the World 11:00 Country Cabinet Store open until 1:00p 1:15 Music w/ Mike & Bonnie 2:15 "Activities in Print" Board Refill : Dr. Seuss Edition 3:00 Bingo</p>	<p>2</p> <p>9:30 Devotions 10:00 Chair Tai Chi 10:30 Catholic Communion 12:30 Resident Led Euchre, Farkle & Games 1:00 Nail Care 1:00 The HUB — Open Crafts 3:00 Birthday Party w/ Harold Gray</p>	<p>3</p> <p>9:00 Men's Coffee 9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 1:15 Bingo 2:30 Armchair Travel Trivia 3:15 The HUB -- Guided Crafts 4:00 Uno</p>	<p>4</p> <p>8:30 Daily Chronicles 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 10:15 Conversations w/ Jermey 1:00 Farkle with Friends 3:00 Resident Led Social Hour</p>
<p>5</p> <p>8:30 This Week in History 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 10:15 Conversations w/ Jeremy 1:15 New Covenant Worship 2:15 Resident Led Bingo 3:15 Farkle with Friends 6:00 Puzzles & Games</p>	<p>6</p> <p>9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 11:00 HappyGram 1:00 "Oh, the Places You'll Go" : Afternoon Game 2:00 Cranium Crunch 3:00 Margarita Monday</p>	<p>7</p> <p>9:30 Devotions 10:00 Store Trip : Walmart 12:30 Resident Led Euchre & Farkle 2:00 Creative Writing Circle 2:30 Scenic Drive 3:00 Chair Yoga</p>	<p>8</p> <p>9:30 Devotions 10:00 Chair Tai Chi 11:00 Country Cabinet Store open until 1:00p 1:00 Music w/ David W. 2:15 "Activities in Print" Board Refill 3:00 Bingo 6:00 Ding-a-Ling Fireside Chat</p>	<p>9</p> <p>9:30 Devotions 10:00 "You're Off and Away!" : Pedal the World 10:30 Catholic Communion 12:30 Resident Led Euchre, Farkle & Games 1:00 Nail Care 1:00 The HUB — Open Crafts 3:00 Garnett Derby</p>	<p>10</p> <p>9:00 Men's Coffee 9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 1:15 Bingo 2:30 Armchair Travel Trivia 3:15 The HUB -- Guided Crafts 4:00 Uno</p>	<p>11</p> <p>8:30 Daily Chronicles 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:00 Farkle with Friends 3:00 Resident Led Social Hour</p>
<p>12 Daylight Saving Begins</p> <p>8:30 This Week in History 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:15 New Covenant Worship 2:15 Resident Led Bingo 3:15 Farkle with Friends 6:00 Puzzles & Games</p>	<p>13</p> <p>9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 11:00 HappyGram 1:00 "There is Fun to be Done" : Afternoon Game 2:00 Dr. Floyd Sandford : Unusual Animals 3:00 Margarita Monday</p>	<p>14</p> <p>9:30 Devotions 10:00 Store Trip : Dollar Tree 12:30 Resident Led Euchre & Farkle 2:00 Creative Writing Circle 2:30 Scenic Drive 3:00 Chair Yoga</p>	<p>15</p> <p>9:30 Devotions 10:00 Chair Tai Chi 11:00 Country Cabinet Store open until 1:00p 1:15 Bingo 2:15 "Activities in Print" Board Refill 3:00 Happy Hour w/ Tom & Neal</p>	<p>16</p> <p>9:30 Devotions 10:00 "You're Off and Away!" : Pedal the World 10:30 Catholic Communion 12:30 Resident Led Euchre, Farkle & Games 1:00 Nail Care 1:00 The HUB — Open Crafts 3:00 St. Patrick's Day Celebration</p>	<p>17 St. Patrick's Day</p> <p>9:00 Men's Coffee 9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 1:15 Bingo 2:30 Armchair Travel Trivia 3:15 The HUB -- Guided Crafts 4:00 Uno</p>	<p>18</p> <p>8:30 Daily Chronicles 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:00 The HUB -- National Quilting Day 3:00 Resident Led Social Hour</p>
<p>19</p> <p>8:30 This Week in History 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:15 New Covenant Worship 2:15 Resident Led Bingo 3:15 Farkle with Friends 6:00 Puzzles & Games</p>	<p>20 Spring Begins</p> <p>9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 11:00 HappyGram 1:00 "There are Points to be Scored" : Afternoon Game 2:00 Marci's Memorables : Amelia Earhart Presentation 3:00 Margarita Monday</p>	<p>21</p> <p>9:30 Devotions 10:00 Store Trip : Aldi 12:30 Resident Led Euchre & Farkle 2:00 Creative Writing Circle 2:30 Scenic Drive 3:00 Chair Yoga</p>	<p>22</p> <p>9:30 Devotions 10:00 Chair Tai Chi 11:00 Country Cabinet Store open until 1:00p 1:15 Bingo 2:15 "Activities in Print" Board Refill 3:00 Advice From a Senior to a Senior : Oh, the Places You'll Go!</p>	<p>23 Ramadan Begins</p> <p>9:30 Devotions 10:00 "You're Off and Away!" : Pedal the World 10:30 Catholic Communion 12:30 Resident Led Euchre, Farkle & Games 1:00 Nail Care 1:00 The HUB — Open Crafts 3:00 Happy Hour w/ Scott E.</p>	<p>24</p> <p>9:00 Men's Coffee 9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 1:15 Bingo 2:30 Armchair Travel Trivia 3:15 The HUB -- Guided Crafts 4:00 Uno</p>	<p>25</p> <p>8:30 Daily Chronicles 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:00 Farkle with Friends 3:00 Resident Led Social Hour</p>
<p>26</p> <p>8:30 This Week in History 9:30 Resident Led Devotions 10:00 "Left, Right, Center" Game 1:15 New Covenant Worship 2:15 Resident Led Bingo 3:15 Farkle with Friends 6:00 Puzzles & Games</p>	<p>27</p> <p>9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 11:00 HappyGram 1:00 "There are Games to be Won" : Afternoon Game 2:00 Cranium Crunch 3:00 Margarita Monday</p>	<p>28</p> <p>9:30 Devotions 10:00 Store Trip : Kohls 12:30 "Oh, the Place You'll Go" Scavenger Hunt 12:30 Euchre & Farkle 2:00 Creative Writing Circle 2:30 Scenic Drive 3:00 Chair Yoga 3:00 Resident Council Meeting</p>	<p>29</p> <p>9:30 Devotions 10:00 Chair Tai Chi 11:00 Country Cabinet Store open until 1:00p 1:15 Bingo 2:15 "Activities in Print" Board Refill 3:00 Resident Meeting</p>	<p>30</p> <p>9:30 Devotions 10:00 "You're Off and Away!" : Pedal the World 10:30 Catholic Communion 12:30 Resident Led Euchre, Farkle & Games 1:00 Nail Care 1:00 The HUB — Open Crafts 3:00 Women's Tea</p>	<p>31</p> <p>9:00 Men's Coffee 9:30 Devotions 10:00 Healthy For Life : ONR Exercise Class 1:15 Bingo 2:30 Armchair Travel Trivia 3:00 Music with Scott Engledow 3:15 The HUB -- Guided Crafts 4:00 Uno</p>	

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Memory Care ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Morning Inspirations 10:00 Cranium Crunch 12:00 Bingo 1:00 Matinee Movie & Snacks 3:00 Puzzles & Games 6:00 Evening Devotional	2 9:00 Morning Inspirations 10:15 Strolls Around the Community 12:00 Recipe Review : The World of Dr. Seuss 2:00 Color Meditation 3:00 Drumming Circle 6:00 Evening Games	3 10:00 Morning Trivia 12:00 Pampered Moments 1:00 Music Singalong 2:00 Social Hour 3:00 Pedal Around the World 5:00 Movie Night	4 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
5 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	6 9:00 Morning Inspirations 10:00 Pedal the World 12:00 Activities in Print 1:00 Music Therapy 2:00 Dr. Seuss' Wacky Crafts 3:00 Bingo	7 10:00 Cranium Crunch 12:30 Scenic Drive 2:30 Seasonal Snacks 3:00 Artistic Expressions 5:00 Uno 6:00 Evening Photo Reminiscing	8 9:00 Morning Inspirations 10:00 Cranium Crunch 12:00 Bingo 1:00 Matinee Movie & Snacks 3:00 Balloon Volleyball 6:00 Evening Devotional	9 9:00 Morning Inspirations 10:15 Strolls Around the Community 12:00 Recipe Review : The World of Dr. Seuss 2:00 Color Meditation 3:00 Drumming Circle 6:00 Evening Games	10 10:00 Morning Trivia 12:00 Pampered Moments 1:00 Music Singalong 2:00 Social Hour 3:00 Pedal Around the World 5:00 Movie Night	11 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
12 Daylight Saving Begins 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	13 9:00 Morning Inspirations 10:00 Pedal the World 12:00 Activities in Print 1:00 Music Therapy 2:00 Dr. Seuss' Wacky Crafts 3:00 Bingo	14 10:00 Cranium Crunch 12:30 Scenic Drive 2:30 Seasonal Snacks 3:00 Artistic Expressions 5:00 Uno 6:00 Evening Photo Reminiscing	15 9:00 Morning Inspirations 10:00 Cranium Crunch 12:00 Bingo 1:00 Matinee Movie & Snacks 3:00 Puzzles & Games 6:00 Evening Devotional	16 9:00 Morning Inspirations 10:15 Strolls Around the Community 12:00 Recipe Review : The World of Dr. Seuss 2:00 Color Meditation 3:00 Drumming Circle 6:00 Evening Games	17 St. Patrick's Day 9:00 Morning Inspirations 10:00 St. Patrick's Day Trivia 12:00 Party Committee 1:00 St. Patrick's Day Celebration 3:00 Pedal Around the World 5:00 Movie Night	18 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
19 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	20 Spring Begins 9:00 Morning Inspirations 10:00 Pedal the World 12:00 Activities in Print 1:00 Music Therapy 2:00 Dr. Seuss' Wacky Crafts 3:00 Bingo	21 10:00 Cranium Crunch 12:30 Scenic Drive 2:30 Seasonal Snacks 3:00 Artistic Expressions 5:00 Uno 6:00 Evening Photo Reminiscing	22 9:00 Morning Inspirations 10:00 Cranium Crunch 12:00 Bingo 1:00 Matinee Movie & Snacks 3:00 Balloon Volleyball 6:00 Evening Devotional	23 Ramadan Begins 9:00 Morning Inspirations 10:15 Strolls Around the Community 12:00 Recipe Review : The World of Dr. Seuss 2:00 Color Meditation 3:00 Drumming Circle 6:00 Evening Games	24 9:00 Morning Trivia 10:00 Party Committee 1:00 "Oh, the Places You'll Go" Party 2:00 Party Games 3:00 Pedal Around the World 5:00 Movie Night	25 9:30 Morning Inspirations 10:00 World News 1:00 Fitness and Fun 2:00 Crafting Corner 3:00 Music Appreciation 5:00 Staff Choice
26 9:30 Sunday Devotional 10:00 Table Talk 1:00 Fitness and Fun 2:00 This Week in History 3:00 Literary Hour 5:00 Staff Choice	27 9:00 Morning Inspirations 10:00 Pedal the World 12:00 Activities in Print 1:00 Music Therapy 2:00 Dr. Seuss' Wacky Crafts 3:00 Bingo	28 10:00 Cranium Crunch 12:30 Scenic Drive 2:30 Seasonal Snacks 3:00 Artistic Expressions 5:00 Uno 6:00 Evening Photo Reminiscing	29 9:00 Morning Inspirations 10:00 Cranium Crunch 12:00 Bingo 1:00 Matinee Movie & Snacks 3:00 Puzzles & Games 6:00 Evening Devotional	30 9:00 Morning Inspirations 10:15 Strolls Around the Community 12:00 Recipe Review : The World of Dr. Seuss 2:00 Color Meditation 3:00 Drumming Circle 6:00 Evening Games	31 10:00 Morning Trivia 12:00 Pampered Moments 1:00 Music Singalong 2:00 Social Hour 3:00 Pedal Around the World 5:00 Movie Night	