

March 2023

Tuscany Traditions

Edencrest At Tuscany | 1600 8th Street SE Altoona IA | 515-330-8322 |



Upcoming Outings

March 7th
Texas Roadhouse

March 9th
Altoona Library

March 14th
Target Shopping

March 21st
Spring Ride

March 23rd
Sugar Shack

SUPER BOWL PARTY

This year's Super Bowl featured the Kansas City Chiefs and the Philadelphia Eagles, and our residents showed up to the festivities ready to party! They enjoyed amazing food and drinks, including chicken wings and jello shots. They also had a fun time playing Football Toss and Super Bowl Trivia. The residents even got to make predictions on who would win the big game. A fun time was had by all!



Resident's March Birthdays

03/08 Bev Vande Wall

03/13 Sara Otto

03/18 Larry Kaplan

03/20 Marvin Shoemaker

03/24 Bob Wellwood

Famous People Birthday's

03/02 Jon Bon Jovi

03/03 Jackie Joyner Kersee

03/06 Shaquille O'neal

03/10 Carrie Underwood

03/10 Chuck Norris

03/12 James Taylor

03/15 Eva Longoria

03/18 Queen Latifah

03/19 Bruce Willis

03/21 Scott Eastwood

03/24 Peyton Manning



In astrology, those born from March 1-20 are Pisces Fish. Pisces are sympathetic and selfless, making them compassionate friends. Their intuitive natures also make fish creative and expressive artists. Those born from March 21-31 are Aries' Rams. As the first sign of the zodiac, Rams love to lead the charge of change and progress.

March Fun Facts

- March's birth flower is a Daffodil, the Daffodil signifies regard of requited love.
- March's birthstone is the aquamarine, this gem is a type of beryl; its color can be pale to dark blue, greenish-blue, or blue green.
- March's zodiac signs are Pisces (February 20th – March 20th) and Aries (March 21st- April 20th)



