

MARCH



Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JAYBIRD SENIOR LIVING
senior living reimagined
*Oh! the Places
you'll Go!*

8:30 Coffee Time
9:30 Perk Social
10:30 Exercise
11:30 Lunch
1:00 Bocce Ball
2:00 Bean Bag
3:00 Church Ladies

8:30 Coffee Time
9:30 Daily Perks
10:30 Read Across America
11:30 Lunch
1:00 Trip to Walmart
2:00 Cribbage Game
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perk
10:30 Resident Council Meeting
11:30 Lunch
1:00 Bingo
2:00 Bingo
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Card Game
11:30 Lunch
1:00 Walk & Talk
2:00 Puzzles
3:00 Uno Game

8:30 Coffee Time
9:30 Daily Perks
10:30 Bible Study
11:30 Lunch
12:30 Card Games
3:00 Church Services

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Bin Store
2:00 Scrabble
3:00 Country Store

8:30 Coffee Social
9:30 Daily Perks
10:30 Exercise
11:30 Lunch
1:00 Bin Store
2:00 Connect Four
3:00 Country Store

8:30 Coffee Social
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Wee Games
2:00 Yahtzee Game
3:00 Church Ladies

8:30 Coffee Time
9:30 Daily Perks
10:30 Exercise
11:30 Lunch
1:00 Casino
2:00 Checkers
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Bingo
2:00 Bingo
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Dominos
11:30 Lunch
1:00 Checkers
2:00 Walk & Talk
3:00 Card Games

8:30 Coffee Time
9:30 Daily Perks
10:30 Bible Study
11:30 Lunch
12:30 Connect Four
3:00 Church Services

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Wee Games
2:00 Card Games
3:00 Country Store

8:30 Coffee Social
9:30 Daily Perks
10:30 Exercise
11:30 Lunch
1:00 Dollar Store
2:00 Cribbage Game
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 St. Patrick Treat
2:00 Bean Bag Game
3:00 Church Ladies

8:30 Coffee Time
9:30 Daily Perks
10:30 Exercise
11:30 Lunch
1:00 Bean Bags
2:00 Uno Game
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 to 2:00 St. Patrick's Party
3:00 Country Store

8:30 Coffee Social
9:30 Daily Perks
10:30 Card Games
11:30 Lunch
1:00 Board Games
2:00 Walk & Talk
3:00 Sorry Game

8:30 Coffee Time
9:30 Daily Perks
10:30 Bible Study
11:30 Lunch
12:30 Yahtzee
3:00 Church Services

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Bean Bag Games
2:00 Cribbage
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Exercise
11:30 Lunch
1:00 Rummikub Game
2:00 Dollar General
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Pictionary Game
2:00 Family Feud Game
3:00 Church Ladies

8:30 Coffee Time
9:30 Daily Perks
10:30 Exercise
11:30 Lunch
1:00 Country Drive
2:00 Walmart
3:00 Country Store

8:30 Coffee Time
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Bingo
2:00 Bingo
3:00 Country Store

8:30 Coffee Time
9:30 Perk Social
10:30 Connect Four
11:30 Lunch
1:00 Sorry Game
2:00 Walk & Talk
3:00 Board Game

8:30 Coffee Time
9:30 Perk Social
10:30 Bible Study
11:30 Lunch
12:30 Scrabble Game
3:00 Church Service

8:30 Coffee Social
9:00 Perk Social
10:30 Exercise
11:30 Lunch
1:00 Bocce Ball
2:00 Puzzles
3:00 Country Store

8:30 Coffee Time
9:30 Perk Social
10:30 Safety Committee Meeting
11:30 Lunch
1:00 Family Feud
2:00 Card Games
3:00 Country Store

8:30 Coffee Social
9:30 Perk Social
10:30 Exercise
11:30 Lunch
1:00 Pictionary Game
2:00 Puzzles
3:00 Church Ladies

8:30 Coffee Social
9:30 Daily Perks
10:30 Sing-Fit
11:30 Lunch
1:00 Country Drive
2:00 Connect Four
3:00 Country Store

8:30 Coffee Social
9:30 Perk Social
10:30 Exercise
11:30 Lunch
1:00 Bingo
2:00 Bingo
3:00 Country Store

MARCH



Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JAYBIRD SENIOR LIVING
senior living *reimagined* *Oh! the Places
you'll Go!*

8:30 Coffee Social
9:00 Trivia Question
10:00 Nail Care
11:30 Lunch
1:30 Chair Stretches
3:00 Church Ladies Perform
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Time
10:00 Read Dr. Suess
11:30 Lunch
2:00 Bingo
3:30 Snacks & Drinks
4:30 Dinner

8:30 Coffee Time
9:00 Wildlife Day Trivia
10:00 Zingo Game
11:30 Lunch
2:00 Bean Bag Game
3:30 Snacks & Drinks
4:30 Dinner

9:00 Coffee Social
10:00 Outside Walk
(WEATHER PERMITTING)
11:30 Lunch
1:30 Puzzles
3:00 Coloring
4:30 Dinner

9:00 Coffee Time
10:00 Hallway Walks
10:30 Games
11:30 Lunch
1:30 Relax
2:30 Color w/ Calm Music
4:30 Dinner

8:30 Coffee Time
9:00 Today in History Trivia
10:00 Ring Toss
11:30 Lunch
1:00 Chair Exercise
2:30 Mini Golf
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Questions
10:00 Chair Exercise
11:30 Lunch
2:00 COFFEE CAT LOUNGE
4:30 Dinner

8:30 Coffee Social
9:00 Trivia Time
10:00 Make Peanut Clusters
11:30 Lunch
1:00 Nail Care
3:00 Church Ladies Perform
4:30 Dinner

8:30 Coffee Time
9:00 Today in HISTORY Reading
10:00 Chair Dances
11:30 Lunch
2:00 Bingo
3:30 Snacks & Bingo
4:30 Dinner

8:30 Coffee Social
9:00 Today in History
10:00 Crafts
11:30 Lunch
2:00 Noodle Ball
3:30 Snacks & Drinks
4:30 Dinner

9:00 Coffee Social
10:00 Hallway Walks
11:00 Card Games
11:30 Lunch
2:00 Coloring w/ Music
4:30 Dinner

9:00 Coffee Time
10:00 Gospel Music
11:00 Coloring
11:30 Lunch
2:00 Movie w/ Popcorn
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Time
10:00 Stretch Band Workout
11:30 Lunch
1:30 Skee Ball
2:30 Table Top Game
4:30 Dinner

8:30 Coffee Time
9:00 Learn About Butterflies
10:00 Butterfly Painting
11:30 Lunch
1:30 Plant Flower Seeds
3:00 Mini Golf
4:30 Dinner

8:30 Coffee Social
9:00 Today In History
10:00 Stretch Band Workout
11:30 Lunch
1:30 Coloring
3:00 Church Ladies Preform
4:30 Dinner

8:30 Coffee Social
9:00 Trivia Time
10:00 Time Outside
WEATHER PERMITTING
11:30 Lunch
1:30 Puzzles / 2:00 Bingo
4:30 Dinner

8:30 Coffee Time
9:00 St.Patrick's Day Trivia
10:00 Chair Pilates
11:30 Lunch
2:00 St.Patrick's Party
2:30 Snacks & Games
4:30 Dinner

9:00 Coffee Social
10:00 Hallway Walks
11:00 Puzzles
11:30 Lunch
2:00 Card Games
4:30 Dinner

9:00 Coffee Time
10:00 Coloring w/ Calm Music
10:30 Ring Toss
11:30 Lunch
1:30 Walks
2:30 Relax
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Time
10:00 Chair Dance w/ Music
11:30 Lunch
2:00 Crafts
3:30 Snacks & Drinks
4:30 Dinner

8:30 Coffee Time
9:00 Today in HSTORY
10:00
11:30 Lunch
2:00 Country Drive
WEATHER PERMITTING
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Time
10:00 Stretch Bands
11:30 Lunch
1:30 Coloring
3:00 Church Ladies Perform
4:30 Dinner

8:30 Coffee Social
9:00 Trivia Time
10:00 Chair Yoga
11:30 Lunch
1:00 Card Game
2:00 Bingo
3:30 Snacks & Drinks
4:30 Dinner

8:30 Coffee Social
9:00 Trivia Time
10:00 Coloring
11:30 Lunch
2:00 Where in the World is
Courtyard Estates
3:30 Snacks & Drinks
4:30 Dinner

9:00 Coffee Time
10:00 Ring Toss Game
11:00 Coloring
11:30 Lunch
2:00 Movie w/Popcorn
4:30 Dinner

9:00 Coffee Social
10:00 Relaxing w/ Music
11:00 Puzzles
11:30 Lunch
2:00 Walking Outside
WEATHER PERMITTING
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Time
10:00 Bowling Game
11:30 Lunch
2:00 Past & Present Cards
3:30 Connect Four
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Time
10:00 Chair Dance w/ Music
11:30 Lunch
2:00 Spring Craft
3:30 Snacks & Drinks
4:30 Dinner

8:30 Coffee Time
9:00 This Day in History
10:00 Shoulder Rubs
11:30 Lunch
1:00 Nail Care
3:00 Church Ladies Preform
4:30 Dinner

8:30 Coffee Time
9:00 Trivia Time
10:00 Chair Yoga
11:30 Lunch
1:00 Sorry Game
2:00 Bingo / 3:30 Snacks & Drinks
4:30 Dinner

8:30 Coffee Social
9:00 Trivia Time
10:00 Card Games
11:30 Lunch
1:30 Crafts
2:30 Happy Hour/ March Birthdays
4:30 Dinner