

MARCH

JAYBIRD SENIOR LIVING
senior living *reimagined*



*Oh! the Places
you'll Go!*

Assisted Living ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:10 Welcome to March 11:15 Announcements 1:30 Tenant Kitchen Mtg 2:00 Tenant & Activity Mtg 6:00 Card Club 7:00 Walk and talk	2 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 The Cat in the Hat Day 3:15 Bible study w/Mary 6:00 Bingo 7:00 Walk and talk	3 6:00 Employee Appreciation 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:15 Proverbs Month 6:00 Game Night 7:00 Walk and talk	4 7:00 Breakfast Chronicle 10:00 Beach Ball Exercise 2:15 Residents DIME Bingo 3:00 March Forth Day 7:00 Walk and talk
5 7:00 Breakfast Chronicle 10:15 Church Services 1:00 Sing-A-Long Hymns 3:00 Coffee Chatter 7:00 Walk and talk	6 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:15 Words Matter Week 6:00 Movie & Popcorn 7:00 Walk and talk	7 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 BIRTHDAY PARTY 6:00 "Do Not Pass Go" 7:00 Walk and talk	8 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:00 Corn Hole (Bags) 2:30 Nutrition Month 6:00 Card Club 7:00 Walk and talk	9 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 Pastor Russ Weller 3:15 Bible study w/Mary 6:00 Bingo 7:00 Walk and talk	10 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:30 Clover All Over 3:00 Root Beer Floats 6:00 Game Night 7:00 Walk and talk	11 7:00 Breakfast Chronicle 10:00 Beach Ball Exercise 2:15 Residents DIME Bingo 3:00 "Don't Worry, Be Happy" Day 7:00 Walk and talk
12 Daylight Saving Begins 7:00 Breakfast Chronicle 10:15 Church Services 1:00 Sing-A-Long Hymns 3:00 Coca-Cola Month 7:00 Walk and talk	13 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:15 Neil Sedaka 3:00 Brownie Bites 6:00 Movie & Popcorn 7:00 Walk and talk	14 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 "10 Most Wanted" Day 5:00 Potato Chip Month 7:00 Walk and talk	15 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 1:30 Mass w/Fr. Collison 2:00 Corn Hole (Bags) 6:00 Card Club 7:00 Walk and talk	16 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 Pastor Mayer 3:15 Bible study w/Mary 6:00 Bingo 7:00 Walk and talk	17 St. Patrick's Day 6:00 WEAR GREEN DAY 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 11:30 Corned Beef & Cabbage Day 2:30 St. Patrick's Day 6:00 Game Night	18 7:00 Breakfast Chronicle 10:00 Beach Ball Exercise 2:15 Residents DIME Bingo 3:00 Quilting Day 6:00 Western Movie Night 7:00 Walk and talk
19 7:00 Breakfast Chronicle 10:15 Church Services 1:00 Sing-A-Long Hymns 3:00 Chocolate Caramel Day 7:00 Walk and talk	20 Spring Begins 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:15 Spring into Spring 6:00 Musical Magic Day 7:00 Walk and talk	21 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 AG Day 6:00 "Melts in Your Mouth, Not In Your Hand" Day 7:00 Walk and talk	22 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:00 Library w/Leesa 3:00 As Young As You Feel Day 6:00 Card Club 7:00 Walk and talk	23 Ramadan Begins 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 Pastor Killian 3:15 Bible study w/Mary 6:00 Bingo 7:00 Walk and talk	24 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 1:30 Nail Salon Day 2:15 Cartoon Day 3:00 Chocolate Covered Raisin Day 6:00 Game Night	25 7:00 Breakfast Chronicle 10:00 Beach Ball Exercise 2:15 Residents DIME Bingo 3:00 Pecan Day 7:00 Walk and talk
26 7:00 Breakfast Chronicle 10:15 Church Services 1:00 Sing-A-Long Hymns 2:00 Who Am I? 5:00 Cake-in-a-Box Month 7:00 Walk and talk	27 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:30 Around the World 6:00 Movie & Popcorn 7:00 Walk and talk	28 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 11:30 Dump Cake Day 2:00 Famous Landmarks 6:00 Connect Four 7:00 Walk and talk	29 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 1:30 Learn Some Spanish Day 2:00 Corn Hole (Bags) 6:00 Card Club 7:00 Walk and talk	30 7:00 Breakfast Chronicle 9:15 Senior Fitness 11:15 Announcements 2:00 Baseball Opening Day 3:15 Bible study w/Mary 6:00 Bingo 7:00 Walk and talk	31 7:00 Breakfast Chronicle 10:00 Exercise w/Lynell 11:15 Announcements 2:15 American Crossword Puzzle 3:00 Yogurt Delight 6:00 Game Night 7:00 Walk and talk	

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Memory Care ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Tenant & Activity Mtg 5:30 Card Club 7:00 Daily Reminisce	2 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 The Cat in the Hat Day 5:30 I Love Lucy 7:00 Daily Reminisce	3 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Proverbs Month 3:30 Bingo 5:30 Andy Griffith 7:00 Daily Reminisce	4 7:45 Breakfast Chronicle 9:30 Walk About 10:45 Laugh N Lunch 3:30 Lucky Dice 6:00 Lawrence Welk 7:00 Daily Reminisce
5 7:45 Breakfast Chronicle 9:30 Walk About 10:15 Church Services 10:45 Laugh N Lunch 1:30 Sing-a-long Hymns 5:30 Movie Night 7:00 Daily Reminisce	6 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:15 Words Matter Week 3:30 Painting 5:30 Andy Griffith 7:00 Daily Reminisce	7 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 BIRTHDAY PARTY 5:30 Funniest Home Videos 7:00 Daily Reminisce	8 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Nutrition Month 5:30 UNO 7:00 Daily Reminisce	9 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Puzzle Pieces 5:30 I Love Lucy 7:00 Daily Reminisce	10 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Clover All Over 2:30 Root Beer Floats 5:30 Amazing Animals 7:00 Daily Reminisce	11 7:45 Breakfast Chronicle 9:30 Walk About 10:45 Laugh N Lunch 3:00 "Don't Worry, Be Happy" Day 5:30 Movie Night 7:00 Daily Reminisce
12 Daylight Saving Begins 7:45 Breakfast Chronicle 9:30 Walk About 10:15 Church Services 10:45 Laugh N Lunch 2:30 Coca-Cola Month 5:30 Western Movie 7:00 Daily Reminisce	13 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:30 Brownie Bites 2:30 Dominoes 5:30 Andy Griffith 7:00 Daily Reminisce	14 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 3:30 Lucky Dice 5:00 Potato Chip Month 5:30 Bonanza 7:00 Daily Reminisce	15 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Kings on the Corner 2:30 Coffee Chatter 5:30 Memory Match-up 7:00 Daily Reminisce	16 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Nix the Six 5:30 The Waltons 7:00 Daily Reminisce	17 St. Patrick's Day 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 11:15 Corned Beef & Cabbage Day 2:30 St. Patrick's Day 3:30 Bingo 7:00 Daily Reminisce	18 7:45 Breakfast Chronicle 9:30 Walk About 10:45 Laugh N Lunch 2:00 Crafts 6:00 Lawrence Welk 7:00 Daily Reminisce
19 7:45 Breakfast Chronicle 9:30 Walk About 10:15 Church Services 10:45 Laugh N Lunch 1:30 Sing-a-long Hymns 5:30 Disney Movie 7:00 Daily Reminisce	20 Spring Begins 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:15 Spring into Spring 3:30 Painting 5:30 Musical Magic Day 7:00 Daily Reminisce	21 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 AG Day 3:30 Lucky Dice 5:30 Ocean Animals 7:00 Daily Reminisce	22 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 5:30 Card Club 7:00 Daily Reminisce	23 Ramadan Begins 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Dominoes 5:30 I Love Lucy 7:00 Daily Reminisce	24 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 1:00 Nail Salon Day 2:15 Cartoon Day 5:30 Game Night 7:00 Daily Reminisce	25 7:45 Breakfast Chronicle 9:30 Walk About 10:45 Laugh N Lunch 2:00 Puzzle Pieces 3:00 Pecan Day 5:30 Musical Movie Night 7:00 Daily Reminisce
26 7:45 Breakfast Chronicle 9:30 Walk About 10:15 Church Services 10:45 Laugh N Lunch 1:30 Sing-a-long Hymns 5:00 Cake-in-a-Box Month 7:00 Daily Reminisce	27 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 3:30 Painting 5:30 Andy Griffith 7:00 Daily Reminisce	28 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Famous Landmarks 5:30 I Love Lucy 7:00 Daily Reminisce	29 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:00 Learn Some Spanish 5:30 UNO 7:00 Daily Reminisce	30 7:45 Breakfast Chronicle 9:30 Exercise 10:00 Music Speaks 10:45 Laugh N Lunch 2:00 Baseball Opening Day 3:30 Lucky Dice 5:30 Sports Movie 7:00 Daily Reminisce	31 7:45 Breakfast Chronicle 9:15 Senior Fitness 10:45 Laugh N Lunch 2:15 American Crossword 2:30 Yogurt Delight 5:30 Funniest Home Videos 7:00 Daily Reminisce	