February 2023 Newsletter

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ADDINGTON PLA

OF OTTUMWA

Assisted Living & Memory Care

Addingtonplaceottumwa.com



Speical Dates:

February 10th: National Recognize Married Couples Day

February 12^{th:} Super Bowl Party

February 14th: Valentines Day Party





Rose celebrated her 86th birthday with some wine and a steak made by our Culinary Coordinator Brian!

Super Bowl 2023





Schools in the surrounding area such as Eddyville, Ottumwa, Oskaloosa and Cardinal sent the residents some Valentine's Day cards for our party!













National Married Couples Day George & Helen Moore









We couldn't go without
George and Helen for National
Married Couples Day. Each
resident lined up to hand
Helen a rose and congratulate
them on 74 years of marriage.
George said while looking at
her, "She is just as beautiful as
the day I met her". EDD the
Florist donated such beautiful
red roses for this special
occasion.





A Year of Sweet Adventure



This month's theme for the community was "A Year of Sweet Adventure".







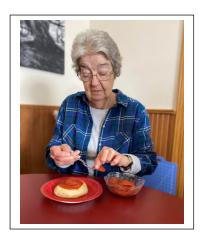
Mini Pizzas





During National Pizza Day the residents got the opportunity to make their own mini pizzas!







Happy National Caregiver Day

We honored our resident assistants with National Caregiver Day. They provide support to our residents 24 hours a day, every single day. Some of the residents made cards and wrote notes to all the RA's.





Mondays are Self Care Days here at Addington Place

Every Monday our hairdresser Elynna comes in and pampers the residents. Right after they have the option to get manicures done!



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Meet the Team

Meet Darian Johnson

Darian started out in the facility in August of 2019 as a resident assistant, then later promoted as the Life Enrichment Coordinator. When Darian Is not in the facility, she loves spending time with her friends and family, reading and playing slowpitch.

