



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <div>WE WOULD LIKE TO WISH ALL MARCH RESIDENTS A VERY HAPPY BIRTHDAY!</div> 			1 <div> ★ Morning Mingle ★ 11:15AM Tai Chi ★ 4:00 PM Wine Down Wednesday </div>	2 <div> ★ Morning Mingle ★ 10AM Stretch and Balance. ★ 12PM Dominoes ★ 6PM Poker Night </div>	3 <div> ★ Morning Mingle ★ 12PM Card Games 4PM Movie Jurassic Park ★ 6PM Tai Chi </div>	4 <div> ★ Morning Mingle </div>
5	6 <div> ★ Morning Mingle ★ 10am Resident Lead Bible Study ★ 11:15am Tai Chi ★ 1PM Bingo </div>	7 <div> ★ Morning Mingle ★ 10am Chair Yoga Outside ★ 12pm Card games 5PM Community Meeting </div>	8 <div> ★ Morning Mingle ★ 11:15AM Tai Chi ★ 4:00 PM <u>Wine Down</u> <u>Wednesday Sojourn Live</u> <u>with Karaoke sign up</u> <u>Mandatory</u> </div>	9 <div> ★ Morning Mingle ★ 10AM Stretch and Balance. ★ 12PM Dominoes ★ 6PM Poker Night </div>	10 <div> ★ Morning Mingle ★ 12PM Card Games ★ 4PM Karaoke with Gilvas ★ 6PM Tai Chi </div>	11 <div> ★ Morning Mingle ★ 11am Craft Class </div>
12	13 <div> ★ Morning Mingle ★ 10am Resident Lead Bible Study ★ 11:15am Tai Chi ★ 1PM Bingo </div>	14 <div> ★ Morning Mingle ★ 10am Outside Meditation ★ 10am <u>Trip to the Dallas Arboretum Sign up</u> <u>Mandatory</u> ★ 12pm Card games ★ 2pm Ice Cream Social ★ 4pm Silver Derby </div>	15 <div> ★ Morning Mingle ★ 11:15AM Tai Chi ★ 4 PM <u>Wine Down</u> <u>Wednesday Paint and Sip</u> <u>Class Sign up Mandatory.</u> </div>	16 <div> ★ Morning Mingle ★ 10AM Stretch and Balance. ★ 12PM Dominoes ★ 6PM Poker Night </div>	17 <div> Happy St. Patty's Day ★ 9am <u>Waffles& Mimosa</u> <u>sign up is Mandatory</u> ★ 12PM Card Games ★ 4pm <u>Talent Show Sign up</u> <u>is Mandatory</u> ★ 6PM Tai Chi </div>	18 <div> ★ Morning Mingle </div>
19	20 <div> ★ Morning Mingle ★ 10am Resident Lead Bible Study ★ 11:15am Tai Chi ★ 1PM Bingo </div>	21 <div> ★ Morning Mingle ★ 10am Chair Yoga Outside ★ 12pm Card games ★ 4PM <u>Taco Tuesdays with Care crew</u> <u>sign up mandatory</u> </div>	22 <div> ★ Morning Mingle ★ 11:15AM Tai Chi ★ 4:00 PM Wine Down Wednesday Candlelit Experience with Piano </div>	23 <div> ★ Morning Mingle ★ 10AM Stretch and Balance. ★ 12PM Dominoes ★ 6PM Poker Night </div>	24 <div> ★ Morning Mingle ★ 12PM Card Games 4PM Movie Batman Forever ★ 6PM Tai Chi </div>	25 <div> ★ Morning Mingle </div>
26	27 <div> ★ Morning Mingle ★ 10am Resident Lead Bible Study ★ 11:15am Tai Chi ★ 1PM Bingo </div>	28 <div> ★ Morning Mingle ★ 10AM <u>Trip To The Dallas Zoo</u> <u>Signup Mandatory</u> ★ 10am outside Meditation ★ 12pm Card games ★ 4pm <u>Resident Potluck to celebrate</u> <u>resident birthdays</u> <u>sign up mandatory</u> </div>	29 <div> ★ Morning Mingle ★ 11:15AM Tai Chi ★ 4:00 PM Wine Down Wednesday </div>	30 <div> ★ Morning Mingle ★ 10AM Stretch and Balance. ★ 12PM Dominoes ★ 6PM Poker Night </div>	31 <div> ★ Morning Mingle ★ 12PM Card Games ★ 3pm Line Dancing Class ★ 6PM Tai Chi </div>	
<div> <div>LOCATION KEY</div> <div> CY = Courtyard FC = Fitness Center ER = Entertainment Room </div> <div> P = Pool B = Bistro </div> </div>			<div> <div>A...</div> <div> <div>♦Healthy♦</div> <div>♦Creative♦</div> <div>♦Playful♦</div> </div> <div> <div>♦Mindful♦</div> <div>♦Inquisitive♦</div> <div>♦Social♦</div> </div> <div> <div>Life.</div> <div>♦Centered♦</div> </div> </div>		<div> <div>OFFICE HOURS</div> <div> Monday - Friday Saturday </div> <div> 9:00 am - 6:00 pm 10:00 am - 5:00 pm CLOSED </div> </div>	

ANNOUNCEMENTS & ACTIVITIES

[Dallas Arboretum March 14th](#)

Join us for a trip to the beautiful Dallas Arboretum! Enjoy the beautiful grounds and flowers. Seats are limited and sign up is mandatory for this event. The cost is \$16.00 per person. Lunch will be at the arboretum so bring extra money to eat there!

Wine Down Wednesdays with Sojourn Karaoke style March 8th

Join us for Wine down Wednesday with a different vibe! Sign up today to sing karaoke with Sajourn Live!

Community Meeting with Sascha on upcoming community changes | March 7th

Wine down Wednesday - Sip and Paint | March 15th

Join us for wine down Wednesday sip and paint class with John. This is a relaxing wine down class and sign up is mandatory to attended.

St. Patrick's Day Talent show! March 17

Sign up today to enter in the sunstone Village talent show top winner gets a 100\$ gift card ! Sign up is mandatory please keep your acts 5 minutes or less. Show us your best talent!

Taco Tuesday with Care Crew - March 21

Join us for Taco Tuesday and games with Care Crew! Sign up is mandatory for this event!

Dallas Zoo-March 28th

Join us for a trip to the Dallas zoo! Enjoy the amazing animals and fellowship with friends! Seats are limited and sign up is mandatory for this event. The cost is \$16.00 per person. Lunch will be at the zoo so bring extra money to eat there!

REFER A FRIEND GET 1,000\$ OFF ONE MONTHS RENT!



SUNSTONE DIRECTORY

Salon by Debbie: 940-300-7139

Sunstone Office: 940-898-9899

After Hours Emergency Line: 866-500-3317



the
LIFESTYLE. INDEPENDENCE.

SUNSTONE
— VILLAGE —
an allure active adult community

life
FRIENDSHIP. ENTHUSIASM.

2801 Spenser Rd, Denton TX 76208