

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MARCH 2023

The Hearth at Franklin 1035 Fulton Greer Ln Franklin, TN 37064 (615) 567-3342 www.thehearth.net

<p>12:30-1:30 Virtual Church Service 1:30 St. Paul's Episcopal Sing a long! 2:00 Snack/Music 2:30-3:00 Movie/Sunnybrook Farm 4:00-5:00 Dinner</p> <p>5</p>	<p>12:30-1:00 How It's Made 1:00-1:30 Deep Breathing Exercises 1:30 Math Memory 2:00 Snack/Music 2:30 Think More 3:00-4:00 Name that Tune! 4:00 Dinner and a Movie</p> <p>6</p> <p><small>Purim Begins</small></p>	<p>12:30 Who's line is it? 1:00 Moving to music. 1:30 Let's make a deal. 2:00 Snack/Music 2:30-3:00 Bucket Ball Toss 3:00-4:00 Word Scramble</p> <p>7</p>	<p>12:30 Music and Meditation 1:00-2:00 Finish the Phrase! 2:00 Snack Break 2:30 Drumming with Balls 3:00-4:00 Table games</p> <p>1</p>	<p>12:30 Meditation and Music 1:00 Name that Tune 1:30 Stretching with Kim 2:00 Snack/Music 2:30 Baking with the Techs! Pretzel Clovers 3:00-4:00 Bingo</p> <p>2</p>	<p>12:30 Midday Devotional 1:00 Senior Trivia 1:30 Sit and Get Fit 2:00 Snack/Music 2:30 Finger Shamrock 3:00-4:00 Bingo</p> <p>3</p>	<p>12:30-1:30 Movie: Monkey Business! 1:30 Mindful Art 2:00 Snack/Music 2:30 Volleyball/Corn Hole Toss 3:00-4:00 Bingo</p> <p>4</p>
<p>12:30-1:30 Virtual Church Service 1:30 St. Paul's Episcopal Sing a long! 2:00 Snack/Music 2:30-3:00 Movie/Stowaway 4:00-5:00 Dinner</p> <p>12</p> <p><small>Daylight Saving Time Begins</small></p>	<p>12:00-1:00 How It's Made 1:00-1:30 Deep Breathing Exercises 1:30 Math Memory 2:00 Snack/Music 2:30 Think More 3:00-4:00 Name that Tune! 4:00 Dinner and a Movie</p> <p>13</p>	<p>12:30 Who's line, is it? 1:00 Moving to music. 1:30 Let's make a deal. 2:00 Snack/Music 2:30-3:00 Kickball 3:00-4:00 Word Scramble</p> <p>14</p>	<p>12:30 Music and Meditation 1:00-2:00 Finish the Phrase! 2:00 Snack Break 2:30 Drumming with Balls 3:00-4:00 Table games</p> <p>15</p>	<p>12:30 Meditation and Music 1:00 Name that Tune. 1:30 Stretching with Kim 2:00 Snack/Music 2:30 Baking with the Techs! Irish cupcakes 3:00-4:00 Bingo</p> <p>16</p>	<p>12:30 St. Patrick: The Man, The Myth Documentary 1:00 Crossword Puzzle 1:30 Lucky Dice game 2:00 Snack/Music 2:30 St. Patrick's Day Party 3:00-4:00 Bingo 5:00 Movie: Luck of The Irish</p> <p>17</p> <p><small>St. Patrick's Day</small></p>	<p>12:30-1:30 Movie: Sabrina 1:30 Frank Sinatra sing a long 2:00 Snack/Music 2:30 Let's Get Moving 3:00-4:00 Bingo</p> <p>18</p>
<p>12:30-1:30 Virtual Church Service 1:30 St. Paul's Episcopal Sing a long! 2:00 Snack/Music 2:30-3:00 Movie/ The Blue Bird 4:00-5:00 Dinner</p> <p>19</p>	<p>12:30-1:00 How It's Made 1:00-1:30 Deep Breathing Exercises 1:30 Math Memory 2:00 Snack/Music 2:30 Think More 3:00-4:00 You be the Judge</p> <p>20</p> <p><small>Spring Begins</small></p>	<p>12:30 Who's line, is it? 1:00 Moving to music. 1:30 Let's make a deal. 2:00 Snack/Music 2:30-3:00 Bucket Ball Toss 3:00-4:00 Word Scramble</p> <p>21</p>	<p>12:30 Music and Meditation 1:00-2:00 Finish the Phrase! 2:00 Snack Break 2:30 Deep Breathing Exercises 3:00-4:00 Table games</p> <p>22</p> <p><small>Ramadan Begins</small></p>	<p>12:30 Meditation and Music 1:00 Name that Tune. 1:30 Stretching with Kim 2:00 Snack/Music 2:30 Baking with the Techs! Sweetbread 3:00-4:00 Bingo</p> <p>23</p>	<p>12:30 Midday Devotional 1:00 Senior Trivia 1:30 Chair Yoga 2:00 Snack/Music 2:30 Adult Coloring 3:00-4:00 Bingo</p> <p>24</p>	<p>12:30-1:30 Movie: Monkey Business 1:30 Mindful Art 2:00 Snack/Music 2:30 Let's Get Moving 3:00-4:00 Bingo</p> <p>25</p>
<p>12:30-1:30 Virtual Church Service 1:30 St. Paul's Episcopal Sing a long! 2:00 Snack/Music 2:30-3:00 Movie/HEIDI 4:00-5:00 Dinner</p> <p>26</p>	<p>12:30-1:00 How It's Made 1:00-1:30 Deep Breathing Exercises 1:30 Chair Yoga 2:00 Snack/Music 2:30 Think More 3:00-4:00 You be the Judge</p> <p>27</p>	<p>12:30 Who's line is it? 1:00 Moving to music. 1:30 Let's make a deal. 2:00 Snack/Music 2:30-3:00 Kickball 3:00-4:00 Word Scramble</p> <p>28</p>	<p>12:30 Music and Meditation 1:00-2:00 Finish the Phrase! 2:00 Snack Break 2:30 Deep Breathing Exercise 3:00-4:00 Table games</p> <p>29</p>	<p>12:30 Meditation and Music 1:00 Name that Tune. 1:30 Stretching with Hope 2:00 Snack/Music 2:30 Baking with the Techs! Carrot cupcakes 3:00-4:00 Bingo</p> <p>30</p>	<p>12:30 Midday Devotional 1:00 Pictionary 1:30 Sit and Get Fit 2:00 Snack/Music 2:30 Table Games 3:00-4:00 Bingo</p> <p>31</p>	<p>Morning Activities 9:30 Date and Weather 9:40 Daily Devotional 9:50 Daily Chronicle 10:00 Snack 10:30 Morning Exercise</p>