



Staff Birthdays

Melissa N.	March 4th
Jack P.	April 9th
Josh B.	April 23
Shanna O.	April 30th

Staff Anniversary

Melissa N. – Intake
March 2022 (1 Year)

JOB POSTINGS

Non-Medical Caregiver
in the Mazomanie area

Non-Medical Caregiver/
Companion in the
Loganville area



TRANSITIONS AT HOME

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JAKE RATHKE,
ADMINISTRATOR



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Transitions At Health is a non-profit 501c3 Wisconsin Illinois Senior Housing Inc. agency. Tax deductible financial and item donations are always appreciated and can be placed by calling our administrator. Thank you for supporting our mission and community.

www.TransitionsHealth.org

Transitions At Home accepts Medicare, Medicaid, private pay and other insurances. Please call us for details.

BRINGING **QUALITY CARE** TO YOU
HOME HEALTH CARE SERVING WEST WISCONSIN

WELCOME TO OUR TEAM! ★



Transitions at Home would like to welcome Shanna our new Authorization Specialis and Jessica our Newest RN Case Manager. ★



My name is **Shanna** (pronounced Shaw-na). I've worked in healthcare for 22 years in various jobs. I have one younger sister and a niece. My only children are four legged and furry (2 cats). For fun, I enjoy going to football, baseball, hockey, and volleyball sporting events. I play rec sand volleyball during the summer. I also enjoy traveling, any outdoor festival, singing karaoke, and dancing. My favorite tv shows to watch are

Dateline and any cooking show with Gordon Ramsay.

My name is **Jessica**. I live outside of Reedsburg in La Valle. My husband and I have two daughters ages 4 (Elise) and 1 (Gabrielle). We own a 100 acre farm on which we do custom rotational grazing for beef cattle. We also own chickens, barn cats, a dog and this spring we will be getting piglets. We are also in the process of looking for horses as well. Prior to beginning my nursing career, I was in the Air Force for ten years as a B-52 crew chief. After my military career I went to school at Edgewood Collage in Madison and graduated in 2018 with my BSN. I have previously worked as an OB nurse. I switched to home health nursing because it was easier on family life (no 12 hr. night shifts!), I am looking into pursuing my Master's degree.



Thank you to every one of our Transitions staff for all you do every day helping others, being a valued team member & making our agency great!

APRIL IS OCCUPATIONAL THERAPY MONTH

We PROUDLY introduce to you, our OT Team!



Lyndsay – My name is Lyndsay. I've been married to my husband Brandon for 9 years. We have two children; Gage who is 6 years old and Hattie who is 10 months old. I love spending time outside, reading, being on the water, hiking,

gardening, and fishing. In my free time I enjoy crafting, and recently have tried my hand at bringing old furniture back to life.

I've been a COTA for 16+years and enjoy helping people live their best life whatever way they can!



Jack – Hello my name is Jack, I have a Masters in OT and have been working with Transitions at Home since Fall of 2019.

I enjoy spending time with family and friends, cooking, leisure reading,

music, outdoors no matter the season - biking, hiking, fishing, skiing. Also, a big Wisconsin sports fan!



UPCOMING OBSERVANCES FROM KIM THE NON-MEDICAL ADMINISTRATOR:

March is National Chronic Fatigue Syndrome Awareness Month as well as National Nutrition Month

Do you live with Chronic Fatigue Syndrome, or know someone that does? This complicated disorder worsens with physical or mental activity and doesn't always improve with rest. It interferes with literally every aspect of an individual's life. Transitions can help! Let us assist you with housekeeping, meal prep, etc., saving your energy for the important things in life!

One of the biggest concerns families have with regard to their loved ones is proper nutrition. Our Team of talented Caregivers can prepare and serve tasty, healthy, appealing meals to your loved ones, as well as provide other duties in the home such as bathing, dressing, grooming, housekeeping, etc.

April is National Parkinsons Awareness Month as well as Physical Wellness Month

If you or a family member are living with Parkinsons, you know how difficult daily activities can be. The four main symptoms of Parkinsons (tremors, muscle stiffness, slowness and impaired balance/coordination) can make independent living a challenge.

Our overall physical wellness plays a major part in our lives and is greatly improved with meaningful conversation, healthy meals and regular exercise. Let **Transitions Non-Medical Home Care** make a difference in your life - call today (262-723-2700) and ask for a free in-home assessment.