

# NEWS

### **Staff Birthdays**

Melissa N. March 4th Jack P. **April 9th** Josh B. April 23 Shanna O. April 30th

#### **Staff Anniversary**

Melissa N. - Intake March 2022 (1 Year)

#### **JOB POSTINGS**

Non-Medical Caregiver in the Mazomanie area Non-Medical Caregiver/ Companion in the Loganville area



100 SOUTH FIRST STREET MOUNT HOREB, WI 53572 608-437-5515 OFFICE 608-43-5514 FAX JAKE RATHKE, **ADMINISTRATOR** 

Housing Inc. agency. Tax deductible financial and item donations are always appreciated and can be placed by calling our administrator. Thank you for supporting our mission and community.

pay and other insurances. Please call us for details.

www.TransitionsHealth.org

## BRINGING QUALITY CARE TO YOU

HOME HEALTH CARE SERVING WEST WISCONSIN

## WELCOME TO OUR TEAM! \*

Transitions at Home would like to welcome Shanna our new Authorization Specialis and Jessica our Newest RN Case Manager.



My name is **Shanna** (pronounced Shaw-na). I've worked in healthcare for 22 years in various jobs. I have one younger sister and a niece. My only children are four legged and furry (2 cats). For fun, I enjoy going to football, baseball, hockey, and volleyball sporting events. I play rec sand volleyball during the summer. I also enjoy traveling, any outdoor festival, singing karaoke, and dancing. My favorite tv shows to watch are

Dateline and any cooking show with Gordon Ramsay.

My name is Jessica. I live outside of Reedsburg in La Valle. My husband and I have two daughters ages 4 (Elise) and 1 (Gabrielle). We own a 100 acre farm on which we do custom rotational grazing for beef cattle. We also own chickens, barn cats, a dog and this spring we will be getting piglets. We are also



in the process of looking for horses as well. Prior to beginning my nursing career, I was in the Air Force for ten years as a B-52 crew chief. After my military career I went to school at Edgewood Collage in Madison and graduated in 2018 with my BSN. I have previously worked as an OB nurse. I switched to home health nursing because it was easier on family life (no 12 hr. night shifts!), I am looking into pursuing my Master's degree.



Thank you to every one of our Transitions staff for all you do every day helping others, being a valued team member & making our agency great!

#### APRIL IS OCCUPATIONAL THERAPY MONTH

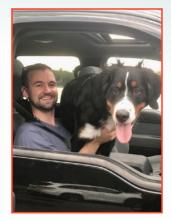
We PROUDLY introduce to you, our OT Team!



Lyndsay – My name is Lyndsay. I've been married to my husband Brandon for 9 years. We have two children; Gage who is 6 years old and Hattie who is 10 months old. I love spending time outside, reading, being on the water, hiking,

gardening, and fishing. In my free time I enjoy crafting, and recently have tried my hand at bringing old furniture back to life.

I've been a COTA for 16+years and enjoy helping people live their best life whatever way they can!



Jack – Hello my name is Jack, I have a Masters in OT and have been working with Transitions at Home since Fall of 2019.

I enjoy spending time with family and friends, cooking, leisure reading.

music, outdoors no matter the season - biking, hiking, fishing, skiing. Also, a big Wisconsin sports fan!



#### **UPCOMING OBSERVANCES FROM KIM THE NON-MEDICAL ADMINISTRATOR:**

March is National Chronic Fatigue Syndrome Awareness Month as well as National Nutrition Month

Do you live with Chronic Fatigue Syndrome, or know someone that does? This complicated disorder worsens with physical or mental activity and doesn't always improve with rest. It interferes with literally every aspect of an individual's life. Transitions can help! Let us assist you with housekeeping, meal prep, etc., saving your energy for the important things in life!

One of the biggest concerns families have with regard to their loved ones is proper nutrition. Our Team of talented Caregivers can prepare and serve tasty, healthy, appealing meals to your loved ones, as well as provide other duties in the home such as bathing, dressing, grooming, housekeeping, etc.

#### April is National Parkinsons Awareness Month as well as Physical Wellness Month

If you or a family member are living with Parkinsons, you know how difficult daily activities can be. The four main symptoms of Parkinsons (tremors, muscle stiffness, slowness and impaired balance/coordination) can make independent living a challenge.

Our overall physical wellness plays a major part in our lives and is greatly improved with meaningful conversation, healthy meals and regular exercise. Let **Transitions Non-Medical Home Care** make a difference in your life - call today (262-723-2700) and ask for a free inhome assessment.