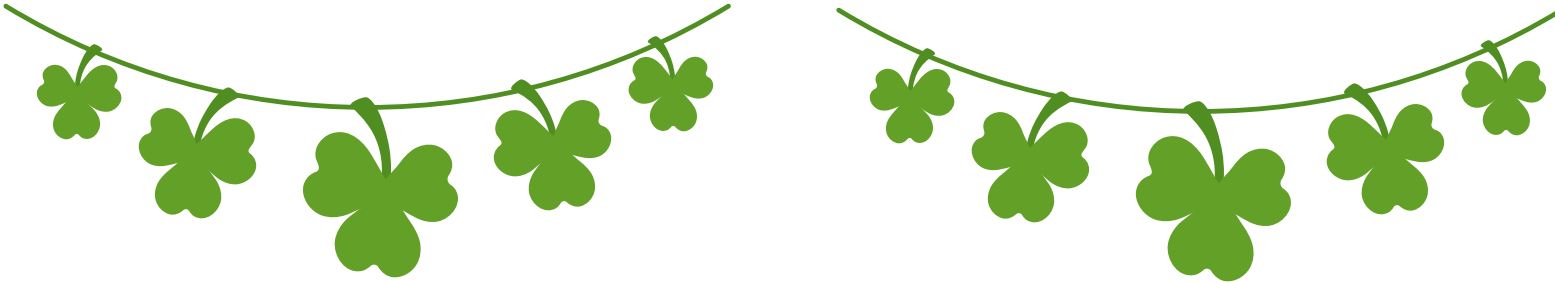


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 am Dance Fitness ♦ 10:00 am Ping Pong ♦ 1:00 pm Mahjong ♦ 3:00 pm Mens Poker ♦	2 9:00 am Pilates ♦ 10:00 am Meditation ♦ 11:00 am Sewing ♦ 11:00 am Chess ♦ 1:00 pm Pinochle ♦ 1:00 pm Canasta ♦ 3:00 pm Poker ♦ 6:00 pm Mahjong ♦	3 9:00 am Dance Fitness ♦ 10:00 am Bridge ♦ 1:00 pm Tech Time ♦ 1:00 pm Billiards / 9 Ball ♦ 2:00 pm Poker ♦ 5:00 pm Rummikub ♦	4 9:00 am Balance Class ♦ 10:00 am Stretch and Tone ♦ 3:00 pm Billiards ♦ 8:00 pm Mary Poppins (Adath Israel Merion, PA) ♦
5 9:00 am Dance Fitness(make-up) ♦ 10:00 am Yoga Class ♦ 11:30 am Chair Yoga ♦ 2:00 pm Rummikub ♦ 2:00 pm Canasta ♦ 2:00 pm Mary Poppins(Adath Israel Merion, PA) ♦	6 9:00 am Pilates ♦ 10:00 am Canasta ♦ 11:00 am Billiards ♦ 1:00 pm Mahjong ♦ 3:00 pm Poker ♦ 5:00 pm Scripture Study ♦ 7:00 pm 9 Ball ♦	7 9:00 am Cardio Strength (\$15/pp)♦ 10:00 am Yoga ♦ 1:00 pm Bingo ♦ 2:00 pm Poker ♦ 4:00 pm Ladies Poker ♦ 7:00 pm Glass Painting ♦	8 9:00 am Dance Fitness ♦ 10:00 am Ping Pong ♦ 1:00 pm Mahjong ♦ 3:00 pm Mens Poker ♦ 5:00 pm Wine Down BYOB (4&5 Bring Apps)♦	9 9:00 am Pilates ♦ 10:00 am Meditation ♦ 10:45 am Chair Yoga ♦ 11:00 am Sewing ♦ 11:00 am Chess ♦ 1:00 pm Pinochle ♦ 1:00 pm Canasta ♦ 3:00pm Poker ♦ 6:00 pm Mahjong♦	10 9:00 am Dance Fitness ♦ 10:00 am Bridge ♦ 1:00 pm Billiards / 9 Ball ♦ 2:00 pm Poker ♦ 5:00 pm Rummikub ♦	11 9:00 am Balance Class ♦ 10:00 am Stretch & Tone ♦ 3:00 pm Billiards ♦
12 10:00 am Yoga Class ♦ 11:30 am Chair Yoga ♦ 1:00 pm Opera: "Porgy & Bess" ♦ 2:00 pm Rummikub ♦ 2:00 pm Canasta ♦	13 9:00 am Pilates ♦ 10:00 am Canasta ♦ 11:00 am Billiards ♦ 1:00 pm Mahjong ♦ 3:00 pm Poker ♦ 5:00 pm Scripture Study ♦ 7:00 9 Ball ♦	14 9:00 am Cardio Strength (\$15 /pp)♦ 10:00 am Yoga ♦ 1:00 pm Bingo ♦ 2:00 pm Poker ♦ 3:00 Acrylics ♦ 4:00 Ladies Poker ♦	15 9:00 am Dance Fitness ♦ 10:00 am Ping Pong ♦ 1:00 pm Mahjong ♦ 3:00 pm Mens Poker ♦	16 9:00 am Pilates ♦ 10:00 am Meditation ♦ 10:45 am Chair Yoga ♦ 11:00 am Chess ♦ 1:00 pm Pinochle ♦ 1:00 pm Canasta ♦ 3:00 pm Poker ♦ 6:00 pm Mahjong ♦	17 9:00 am Jewelry Buyers/Repair♦ 9:00 am Dance Fitness ♦ 10:00 am Bridge ♦ 1:00 pm Tech Time ♦ 1:00 pm Billiards / 9 Ball ♦ 2:00 pm Poker ♦ 5:00 pm Rummikub ♦	18 9:00 Jewelry Buyers/Repairs ♦ 9:00 am Balance Class ♦ 10:00 am Stretch & Tone ♦ 3:00 pm Billiards ♦
19 10:00 am Yoga Class ♦ 11:30 am Chair Yoga ♦ 2:00 pm Rummikub ♦ 2:00 pm Canasta ♦	20 9:00 am Pilates ♦ 10:00 am Canasta ♦ 11:00 am Billiards ♦ 1:00 pm Mahjong ♦ 3:00 pm Poker ♦ 5:00 pm Scripture Study ♦ 7:00 9 Ball ♦	21 9:00 am Cardio Strength (\$15 /pp)♦ 10:00 am Yoga ♦ 1:00 pm Bingo ♦ 2:00 pm Poker ♦ 4:00 pm Ladies Poker ♦ 7:00 pm Travel Group Mtg ♦	22 9:00 am Dance Fitness ♦ 10:00 am Ping Pong ♦ 1:00 pm Mahjong ♦ 3:00 pm Mens Poker ♦ 5:00 pm Wine Down -BYOB (2&3 Bring Apps) ♦	23 9:00 am Pilates ♦ 10:00 am Meditation ♦ 10:45 am Chair Yoga ♦ 11:00 am Chess ♦ 1:00 pm Pinochle ♦ 1:00 pm Canasta ♦ 3:00 pm Poker ♦ 6:00 pm Mahjong ♦	24 9:00 am Dance Fitness ♦ 10:00 am Bridge ♦ 1:00 pm Tech Time ♦ 1:00 pm Billiards / 9 Ball ♦ 2:00 pm Poker ♦ 5:00 pm Rummikub ♦	25 9:00 am Balance Class ♦ 10:00 am Stretch & Tone ♦ 3:00 pm Billiards ♦
26 10:00 am Yoga Class ♦ 11:30 am Chair Yoga ♦ 2:00 pm Rummikub ♦ 2:00 pm Canasta ♦	27 9:00 am Pilates ♦ 10:00 am Canasta ♦ 11:00 am Billiards ♦ 1:00 pm Mahjong ♦ 3:00 pm Poker ♦ 5:00 pm Scripture Study ♦ 7:00 9 Ball ♦	28 9:00 am Cardio Strength (\$15 /pp)♦ 10:00 am Yoga ♦ 1:00 pm Bingo ♦ 2:00 pm Poker ♦ 7:00 pm Acrylics ♦	29 9:00 am Dance Fitness ♦ 10:00 am Ping Pong ♦ 1:00 pm Mahjong ♦ 3:00 pm Mens Poker ♦	30 9:00 am Pilates ♦ 10:00 am Meditation ♦ 10:45 am Chair Yoga ♦ 11:00 am Chess ♦ 1:00 pm Pinochle ♦ 1:00 pm Canasta ♦ 3:00 pm Poker ♦ 6:00 pm Mahjong ♦	31 9:00 am Dance Fitness ♦ 10:00 am Bridge ♦ 1:00 pm Tech Time ♦ 1:00 pm Billiards / 9 Ball ♦ 2:00 pm Poker ♦ 5:00 pm Rummikub ♦	

MEET YOUR NEW CANVAS TEAM



Property Manager | Colleen Clark
Leasing Manager | Amy Milford
Concierge | Barbara Easterling
Concierge | Geri Powers
Lifestyle Director | Gloria Spriggs
Service Supervisor | Johnny Barattucci
Maintenance Technician | John McGlynn

Janet Himmelreich 03/01
Michael Nalevanko 03/01
David London 03/05
Harriet Lamberg 03/07
Concetta Clayton 03/08
Glenn Beck 03/10
Gregg Ciocca 03/14
Zenaide Burstein 03/15
Michael Merrill 03/15
Janet Meshon Potts 03/15
Neil Mahler 03/19
D. Morgan Pickands 03/28



Harvey Conners 03/10
Jane Hopkins 03/10
Karen Hartman 03/13
John Grant Harvey 03/13
Gail Carr 03/14
Temmy Mintz 03/14
Brenda Sansone 03/21
Helene Cohen 03/23
Sandy Engel 03/24
Roseann Roth 03/30
Gretel Posner 03/31

NEW & CHANGED ACTIVITIES

Yoga - Beginning March 9th, Yoga class with Tracey will be moved to Thursdays at 7:00 pm
Dance - Make up dance class with Michael will be Sunday, March 5 at 9:00 am
Concert at Canvas - The Steans Piano Trio will perform in the lounge area (more inf in mailroom).

CANVAS DIRECTORY



Salon Hours:
Hair: Tues, Thurs, Fri: 11a -7p
Nails: Wed & Fri: 10a - 6p
Phone:

Office Hours:
Mon: - Thur: 9a to 6p
Fri: 8a -5p
Sat: 10a -5p
Sun: 12-5p



After Hours (Emergency) Requests:
Please call (484) 403-4397 Ext. 3
For life threatening or fire call 911



WORD OF THE MONTH: **LUCK**

March

