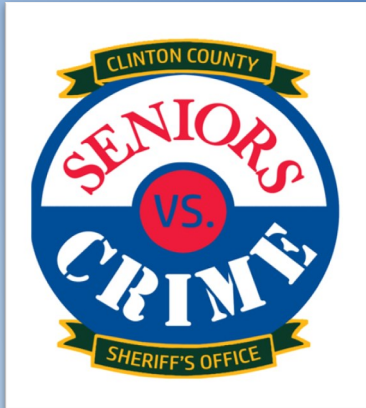


Don't Be Scammed



Thursday,
March 23rd -
4:30 P.M.
**Jackson County
Senior Center**
1000 E Quarry St

Randy Meier,
Director
Seniors vs. Crime
Division, Clinton
County Sheriff's
Departments will be
presenting:



"Don't Be Scammed!"

Sharing latest scams, scare tactics
and pointers on what to do and how
to stay safe from scammers.

All are encouraged and welcome to join.

Registration is required, please call
563-581-2967 or email
welcome@cloverridgeplace.net
to register.



Where beautiful lives blossom!



This program is brought to you by
Clover Ridge Place in partnership with the
North East Iowa Area on Aging

Caregiver Support Group

Wednesday, March 8th
1:30 P.M.

*In Person at United
Methodist Church*

Or Via Zoom

To get your Zoom link or
for more information
contact Sally Davies
at 563-581-2967 or email
welcome@cloverridgeplace.net



Mother nature did not allow for the program
scheduled in February. The gals at Jackson
County Regional Health are willing to try again
for March! So join us at the Preston Library for
this presentation of

How to Win at Heart Disease

RESCHEDULED

Join us at the Preston Library
Thursday, March 9th
from 4 -5 P.M.

How to Win at Heart Disease

*Presented by Barb Burmeister,
Cardiac Rehab RN,
from Jackson County Regional Health*

In this program Barb will share causes
of heart disease, tips on how to be suc-
cessful and how to make a plan focusing
on the future not the past.



Assisted Living & Memory Care | 205 Ehlers Lane, Maquoketa, IA 52060 | 563-652-2125 | CloverRidgePlace.net



Rosemary B. 4th

Barb I. 11th

A.J. 13th

Paul S. 15th

Lois B. 15th

Brianna W. 16th



For many years Clover Ridge Place
has crowned Royalty at the annual
Valentine's Day party; this year was no
different. This Royalty is chosen by a
voting process. This voting is done by
residents, families, visitors and team
members at Clover Ridge Place.

This year we are happy to share that
Judy & Darrell were voted King &
Queen in the Gardens, and Marilyn &
Leo were voted in as 2022 King &
Queen in Assisted Living.

Clover Ridge Place is proud to have
these very special people as the 2023
Royalty!

Enjoy your term as King's & Queen's!

Crowning 2023 Royalty



Leo & Marilyn



Judy

Darrell

"Oh, the Places You'll Go!"

By Dr. Seuss

You have
brains in your
head.
You have feet
in your shoes.

You can steer
yourself any
direction you
choose.
You're on
your own. And you know what you
know.
And YOU are the guy who'll decide
where to go.

I'm sorry to say so but, sadly, it's true.
And hang-ups can happen to you...

And when you're in a Slump, you're
not in for much fun.
Un-slumping yourself is not easily
done...

Your mountain is waiting, so...get on
your way!

Here are a few of our favorite lines from
the famous Dr. Seuss book.

When Dr. Seuss refers to un-slumping,
he is referring to picking yourself up,
wiping yourself off, and
demonstrating resilience by taking ac-
tion to reach your goals.

Let NIT help you! We offer Physical,
Occupational and Speech Therapy in-
house 5 days a
week with over
50 specialized
programs to indi-
vidualize your
care. Reach out
to the NIT thera-
py team to learn
more!



Amanda Widel Recognized as Community Director of the Year by Jaybird Senior Living

Amanda Widel, Director at Clover Ridge Place, in Maquoketa, IA has been recog-
nized by Jaybird Senior Living as Commu-
nity Director of the year.

Each year, Jaybird Senior Living aims to
recognize individuals across its portfolio
for their exemplary red-carpet service. One
of the ways these deserving individuals are
highlighted is through the Jaybird
Achievement Awards. To receive this
award a person is nominated by peers, family members, or lead-
ers from Jaybird Senior Living.



Amanda has been a team member at Clover Ridge Place for
nearly 17 years. She has continuously proven herself a leader in
each title she has held. Since April of 2020, Amanda has led her
team of over 30 employees with integrity, compassion, and com-
mitment after gaining experience in her role as a resident assis-
tant and then Administrative Assistant.

Amanda is known for going above and beyond for her residents
and team members and treating everyone as family. In fact,
Amanda is no stranger to rolling up her sleeves to ensure resi-
dents receive the very best whether that be in the kitchen, dining
room, Memory Care, activities, or direct care. Her team mirrors
this commitment with their willingness to take on any task that
ensures residents are receiving red carpet services and excep-
tional care.

"Amanda has been so incredibly dedicated to her residents, fam-
ilies and team," shared Marcie Durian, Regional Director of
Sales and Operations with Jaybird Senior Living. "She sets the
tone for an amazing and caring environment that has maintained
an excellent reputation in the area and provides residents and
their loved ones with peace of mind that they are not only going
to be loved and cared for, but have exceptional quality of life."

When Amanda is not leading her team at Clover Ridge Place,
she can be found in other communities within the Jaybird Senior
Living portfolio training new Directors and filling in when there
are vacancies. Her knowledge of all departments and skills relat-
ed to internal procedures and programs is incredibly appreciated
and valued well beyond the doors of her Maquoketa, Iowa build-
ing.

St. Patrick's Day Lunch

Corned Beef
& Cabbage
Red Potatoes & Carrots
Blarney Stones



Join us!
St. Patrick's Day Party
March 17th
1:30 P.M. Great Room
Music with Lou Oswald

Residents, Families, and Team Members,

There is a saying that goes "with the change
of seasons comes new beginnings." Have
you ever heard of that one? With a change of
season approaching, I have made the diffi-
cult decision of allowing a new beginning
for myself. I have enjoyed being a part of Clover Ridge Place
and will certainly miss working with all of you here. Reflect-
ing on the last 7 years that I have been a part of this family;
there have been so many notable good times, laughs, parties,
and events to remember. There have also been notable trials
and tribulations (like a global pandemic) that our community
has powered through together. It has been an honor to serve
you all and do not believe that I took this decision lightly. My
last day at Clover Ridge Place will be on March 23rd, but my
plans are to continue to serve the Maquoketa/Jackson County
community so I may see some of you again soon.

Take care and best wishes to you all,
Sierrah Shady, BSN, RN



Team Member Spot Light

Renee Murphy

Meet Renee

Renee is a Resident
Assistant, who has
worked at Clover
Ridge Place for al-
most a year. She
was raised on a to-
bacco farm in Gays
Mills, WI. On the
farm they milked,
and raised other ani-
mals, Renee shared she has always loved the ani-
mals from the farm.

Renee has three children, Jamie, J.C. and Blake.
She has worked in senior living since 1999 and has
loved every minute of it.

When Renee is not at Clover Ridge Place, you can
find her and Greg, with friends, enjoying life togeth-
er. Their most recent adventure is chickens. Renee
has 5 chickens in her backyard that make her smile.

"The thing I like most about Clover Ridge Place, is
the people. The residents stories, where they are
from, what they have done, and who they are.
That's what I love the most, the people!" says
Renee.



Do you want to build a snowman? Why yes, lets do it!

Angie, Sierrah, John, &
Sally were joined by
Robert in a snowman
building adventure in
the court yard. While
everyone else watched
out the window on a
snowy Thursday.



Helen Reisen & Sandy Manuel



Resident Rosemary B & team member Amy



Resident Daryl R. & team member Cassy



Residents Carol M., Jack D., & Marilyn R.

Dine & Dance is a Wrap!

Good food, great conversations with friends, and wonderful music was all the buzz at the Jackson County Senior Center. In spite of mother natures attempt to hold us back with a snow storm, the Dine & Dance was a huge success.!

Several residents, team members, and community members made up the 77 people in attendance in spite of the several inches of snow dropped the day before.

Helen Reisen and Sandy Manuel did not disappoint with the music.

Admission was a \$5 donation or a new children's story book. There were 23 books collected and over \$275. These books and money will be donated to Maquoketa preschools in the month of March for their literacy programs, from Clover Ridge Place.

Thank you to all who attended and we look forward to seeing you again soon!



**Spring
Forward
Sunday
March 12
2023**



Singing Valentine's !

Ester was surprised with a singing Valentine .

The Maquoketa High School Choir spreads the love on Valentines Day with their gift of song. Ester & Rocky, were serenaded right out side their door. What a special gift!



Resident Spot Light Jack Dyas

John W. Dyas known to many as Jack. Jack grew up in the Andrew, IA area. As a young boy he farmed with his father. After graduating high school he went to work at his uncles feed mill, Dyas Feed Mill in Bellevue, IA.

Jack served his county during WWII in the Army, when he returned he went back to the farm and met his wife Doris Gonner. They were married on a cold day in January. They raised their two children Sandy and John on the farm.

Off the farm Jack would be found driving school bus for the Andrew School, and hauling for local farmers and feed mills.

Jack shared one thing he is most proud of is, in 2015 his farm was recognized as a Century Farm. "Our farm is a three generation farm, my father, me and now my son" said Jack. One of the biggest changes in farming is the shift away from small livestock farming.

Jack is happy to call Clover Ridge Place home. He is a bit of a food connoisseur and loves the food at Clover Ridge Place.



Winner, winner, Clover Ridge dinner!

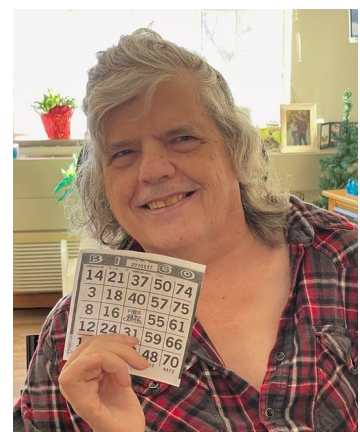
In the February edition of The View from Clover Ridge Place there was a game, with a contest attached. We are happy to report the winners of the February word search are Lois C. resident, Mary Banowetz, and Loran Roling, greater Maquoketa community members. Each one of the winners received two tickets good for a meal at Clover Ridge Place.

Congratulations to our winners!

Radio Bing Winner!

Congratulations to Dean P. He was a winner for KMAQ radio bingo!

We play along with radio bingo Monday -Friday. We look forward to our next winner.



MARCH

JAYBIRD SENIOR LIVING

senior living *reimagined* / *Oh! the Places you'll Go!*



Assisted Living

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 Morning Walk 9:00 KMAQ Lutheran Church 9:30 Coffee Hour 10:15 KMAQ Methodist Church 1:30 Movie Day w/Popcorn 3:00 Coffee & Conversation	6 Morning Walk 9:15 Methodist Communion 10:00 Exercise 10:45 Country Store Open 3:00 Happy Hour 3:30 Radio Bingo 6:00 Evening Walk	7 Morning Walk 9:30 Bird Bath 11:30-1:00 Brown Bag Lunch 2:00 Root beer Floats 3:30 Radio Bingo 6:00 Evening Walk	8 Morning Walk 9:30 Devotions 10:00 Exercise 1:00 Manicures 3:30 Radio Bingo 6:00 Evening Walk	9 Morning Walk 9:15 Church w/ Deacon Greg 10:00 Rosary 1:00 Bus Ride 3:30 Radio Bingo 6:00 Evening Walk	10 Morning Walk 10:00 Exercise 10:45 Country Store Open 1:00 Shopping 1:15 Music w/ Scott K. 3:30 Radio Bingo	11 Morning Walk 9:30 Coffee Hour 10:00 Bingo 1:00 Independent Puzzles 5:30 Evening Walk 6:00 Lawrence Walk
12 Morning Walk 9:00 KMAQ Lutheran Church 10:15 KMAQ Methodist Church 1:30 Movie Day w/Popcorn 3:00 Coffee & Conversation 6:00 Evening Walk	13 Morning Walk 10:00 Exercise 10:45 Country Store Open 3:00 Happy Hour 3:30 Radio Bingo 6:00 Evening Walk	14 Morning Walk 9:30 Bird Bath 11:30-1:00 Brown Bag Lunch 2:30 Family Feud Game 3:30 Radio Bingo 6:00 Evening Walk	15 Morning Walk 9:30 Devotions 10:00 Exercise 1:00 Manicures 3:30 Radio Bingo 6:00 Evening Walk	16 Morning Walk 9:15 Church w/ Rev. Tomme 10:00 Drum Exercises 1:00 Bus Ride 3:30 Radio Bingo 6:00 Evening Walk	17 Morning Walk 10:00 Exercise 10:45 Country Store Open 1:30 HAPPY ST. PATRICK'S DAY Music w/ Lou 3:00 Happy Hour 3:30 Radio Bingo	18 Morning Walk 9:30 Coffee Hour 10:00 Bingo 1:00 Independent Puzzles 5:30 Evening Walk 6:00 Lawrence Walk
19 Morning Walk 9:00 KMAQ Lutheran Church 9:30 Coffee Hour 10:15 KMAQ Methodist Church 1:30 Movie Day w/Popcorn 3:00 Coffee & Conversation 6:00 Evening Walk	20 Morning Walk 10:00 Exercise 10:45 Country Store Open 2:00 Family Feud 3:00 Happy Hour 3:30 Radio Bingo 6:00 Evening Walk	21 Morning Walk 9:30 Bird Bath 11:30-1:00 Brown Bag Lunch 2:00 Wii Bowling 3:30 Radio Bingo 6:00 Evening Walk	22 Morning Walk 9:30 Devotions 10:00 Exercise 1:00 Manicures 3:30 Radio Bingo 6:00 Evening Walk	23 Morning Walk 9:15 Church w/ Fr. Austin 10:00 Armchair Travel 1:00 Bus Ride 3:30 Radio Bingo 6:00 Evening Walk	24 Morning Walk 10:00 Exercise 10:45 Country Store Open 1:00 Shopping 3:00 Happy Hour 3:30 Radio Bingo 6:00 Evening Walk	25 Morning Walk 9:30 Coffee Hour 10:00 Bingo 1:00 Independent Puzzles 5:30 Evening Walk 6:00 Lawrence Walk
26 Morning Walk 9:00 KMAQ Lutheran Church 9:30 Coffee Hour 10:15 KMAQ Methodist Church 1:30 Movie Day w/Popcorn 3:00 Coffee & Conversation 6:00 Evening Walk	27 Morning Walk 10:00 Exercise 10:45 Country Store Open 2:00 Family Feud 3:00 Happy Hour 3:30 Radio Bing 6:00 Evening Walk	28 Morning Walk 9:30 Bird Bath 11:30-1:00 Brown Bag Lunch 1:30 Root beer Floats 3:30 Radio Bingo 6:00 Evening Walk	29 Morning Walk 9:30 Devotions 10:00 Exercise 2:00 Music w/ Todd 3:30 Radio Bingo 6:00 Evening Walk	30 Morning Walk 9:15 Church w/ Deacon Greg 10:00 Wii Bowling 1:00 Bus Ride 3:30 Radio Bingo 6:00 Evening Walk	31 Morning Walk 10:00 Exercise 10:45 Country Store Open 2:30 Trivia 3:00 Happy Hour 3:30 Radio Bingo 6:00 Evening Walk	

MARCH

JAYBIRD SENIOR LIVING

senior living *reimagined* / *Oh! the Places you'll Go!*



Memory Care

ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5 9:00 Listen to songs of Faith 10:00 Beverage Cart 10:15 KMAQ Methodist Church 2:15 Activity of Choice 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	6 9:30 Methodist Communion 10:00 Exercise 10:00 Beverage Cart 11:15 Phrase Craze 2:15 Balloon Volley 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	7 9:30 Bird Bath 10:00 Beverage Cart 10:30 Trivia Game 2:15 Hot Potato 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	8 9:00 Aromatherapy 9:30 I Love Lucy 10:00 Exercise 10:00 Beverage Cart 11:15 Gimme 5 Game 1:30 Resident Council 2:00 Music w/Helen 3:00 Beverage/Snack Cart 7:00 Snack	9 9:15 Church Deacon Greg 10:00 Rosary 10:00 Beverage Cart 2:15 Board Games 3:00 Beverage/Snack Cart 4:30 Supermarket Sweep 5:15 Aromatherapy 7:00 Snack	10 10:00 Exercise 10:45 Country Store Open 11:15 Finish The Phrase 1:15 Music w/ Scott K. 2:15 Bingo 3:00 Beverage/Snack Cart 5:15 Aromatherapy 6:00 Lawrence Walk 7:00 Snack	11 9:30 Adult Coloring 10:00 Beverage Cart 2:15 Bingo 3:00 Beverage/Snack Cart 5:15 Aromatherapy 6:00 Lawrence Walk 7:00 Snack
12 9:00 Listen to songs of Faith 10:00 Music w/Robert 10:15 KMAQ Methodist Church 2:15 Activity of Choice 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	13 10:00 Exercise 10:00 Beverage Cart 10:45 Country Store Open 11:15 Music Sing-a-long 2:15 Balloon Volley 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	14 9:30 Bird Bath 10:00 Beverage Cart 11:00 Wheel of Fortune 2:15 Bingo 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	15 9:00 Aromatherapy 9:30 I Love Lucy 10:00 Exercise 11:15 Music Sing-a-long 2:15 Bingo 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	16 9:15 Church w/ Rev. Tome 10:00 Beverage Cart 1:30 Music w/ Ron L. 2:15 Board Games 3:00 Beverage/Snack Cart 4:30 Supermarket Sweep 5:15 Aromatherapy 7:00 Snack	17 10:00 Exercise 10:45 Country Store Open 11:15 Family Feud 1:30 Happy St. Patrick's Day Music w/ Lou 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	18 9:30 Adult Coloring 10:00 Beverage Cart 2:15 Bingo 3:00 Beverage/Snack Cart 5:15 Aromatherapy 6:00 Lawrence Walk 7:00 Snack
19 9:00 Listen to songs of Faith 10:00 Beverage Cart 10:15 KMAQ Methodist Church 2:15 Activity of Choice 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	20 10:00 Exercise 10:00 Beverage Cart 10:45 Country Store Open 11:15 Phrase Craze 2:15 Balloon Volley 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	21 9:30 Bird Bath 10:00 Beverage Cart 10:15 Crafts 2:15 Hot Potato 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	22 9:00 Aromatherapy 9:30 Father Knows Best 10:00 Exercise 10:00 Beverage Cart 11:15 Rhyme Time 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	23 9:15 Church w/ Fr. Austin 10:00 Beverage Cart 10:30 Bus Ride/ Crafts 2:15 Board Games 3:00 Beverage/Snack Cart 4:30 Supermarket Sweep 5:15 Aromatherapy 7:00 Snack	24 10:00 Exercise 10:45 Country Store Open 11:15 Board Games 2:15 Bingo 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	25 9:30 Adult Coloring 10:00 Beverage Cart 2:15 Bingo 3:00 Beverage/Snack Cart 5:15 Aromatherapy 6:00 Lawrence Walk 7:00 Snack
26 9:00 Listen to songs of Faith 10:00 Beverage Cart 10:15 KMAQ Methodist Church 2:15 Activity of Choice 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	27 10:00 Exercise 10:00 Beverage Cart 10:45 Country Store Open 11:15 Phrase Craze 2:15 Balloon Volley 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	28 9:30 Bird Bath 10:00 Beverage Cart 10:15 Crafts 2:15 Bowling 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	29 9:00 Aromatherapy 9:30 TV Father Knows Best 10:00 Exercise 11:15 Trivia 2:00 Music w/Todd 3:00 Beverage/Snack Cart 5:15 Aromatherapy 7:00 Snack	30 9:15 Church w/ Deacon Greg 10:00 Beverage Cart 11:00 Song Trivia 2:15 Board Games 3:00 Beverage/ Snack Cart 4:30 Supermarket Sweep 5:15 Aromatherapy 7:00 Snack	31 10:00 Exercise 10:45 Country Store Open 11:15 Rhyme Time 2:15 Phrase Craze 3:00 Beverage/ Snack Cart 5:15 Aromatherapy 7:00 Snack	