

# MARCH



## Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JAYBIRD SENIOR LIVING

senior living *reimagined*

*Oh! the Places  
you'll Go!*

**1**  
Morning Walk  
9:30 Devotions  
10:00 Exercise  
1:30 Resident Council  
2:00 Music w/Helen  
3:30 Radio Bingo  
6:00 Evening Walk

**2**  
Morning Walk  
9:15 Church w/ Rev. Keck  
10:00 Wii Bowling  
1:00 Bus Ride  
3:00 Bunker Bingo  
6:00 Evening Walk

**3**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
3:00 Happy Hour  
3:30 Radio Bingo  
6:00 Evening Walk

**4**  
Morning Walk  
9:30 Coffee Hour  
10:00 Bingo  
1:00 Independent Puzzles  
5:30 Evening Walk  
6:00 Lawrence Welk

**5**  
Morning Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:15 KMAQ Methodist Church  
1:30 Movie Day w/Popcorn  
3:00 Coffee & Conversation

**6**  
Morning Walk  
9:15 Methodist Communion  
10:00 Exercise  
10:45 Country Store Open  
3:00 Happy Hour  
3:30 Radio Bingo  
6:00 Evening Walk

**7**  
Morning Walk  
9:30 Bird Bath  
11:30-1:00 Brown Bag Lunch  
2:00 Root beer Floats  
3:30 Radio Bingo  
6:00 Evening Walk

**8**  
Morning Walk  
9:30 Devotions  
10:00 Exercise  
1:00 Manicures  
3:30 Radio Bingo  
6:00 Evening Walk

**9**  
Morning Walk  
9:15 Church w/ Deacon Greg  
10:00 Rosary  
1:00 Bus Ride  
3:30 Radio Bingo  
6:00 Evening Walk

**10**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
1:00 Shopping  
1:15 Music w/ Scott K.  
3:30 Radio Bingo

**11**  
Morning Walk  
9:30 Coffee Hour  
10:00 Bingo  
1:00 Independent Puzzles  
5:30 Evening Walk  
6:00 Lawrence Welk

**12**  
Morning Walk  
9:00 KMAQ Lutheran Church  
10:15 KMAQ Methodist Church  
1:30 Movie Day w/Popcorn  
3:00 Coffee & Conversation  
6:00 Evening Walk

**13**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
3:00 Happy Hour  
3:30 Radio Bingo  
6:00 Evening Walk  
6:00 Evening Walk

**14**  
Morning Walk  
9:30 Bird Bath  
11:30-1:00 Brown Bag Lunch  
2:30 Family Feud Game  
3:30 Radio Bingo  
6:00 Evening Walk

**15**  
Morning Walk  
9:30 Devotions  
10:00 Exercise  
1:00 Manicures  
3:30 Radio Bingo  
6:00 Evening Walk

**16**  
Morning Walk  
9:15 Church w/ Rev. Tomme  
10:00 Drum Exercises  
1:00 Bus Ride  
3:30 Radio Bingo  
6:00 Evening Walk

**17**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
1:30 HAPPY ST. PATRICK'S  
DAY Music w/ Lou  
3:00 Happy Hour  
3:30 Radio Bingo

**18**  
Morning Walk  
9:30 Coffee Hour  
10:00 Bingo  
1:00 Independent Puzzles  
5:30 Evening Walk  
6:00 Lawrence Welk

**19**  
Morning Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:15 KMAQ Methodist Church  
1:30 Movie Day w/Popcorn  
3:00 Coffee & Conversation  
6:00 Evening Walk

**20**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
2:00 Family Feud  
3:00 Happy Hour  
3:30 Radio Bingo  
6:00 Evening Walk

**21**  
Morning Walk  
9:30 Bird Bath  
11:30-1:00 Brown Bag Lunch  
2:00 Wii Bowling  
3:30 Radio Bingo  
6:00 Evening Walk

**22**  
Morning Walk  
9:30 Devotions  
10:00 Exercise  
1:00 Manicures  
3:30 Radio Bingo  
6:00 Evening Walk

**23**  
Morning Walk  
9:15 Church w/ Fr. Austin  
10:00 Armchair Travel  
1:00 Bus Ride  
3:30 Radio Bingo  
6:00 Evening Walk

**24**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
1:00 Shopping  
3:00 Happy Hour  
3:30 Radio Bingo  
6:00 Evening Walk

**25**  
Morning Walk  
9:30 Coffee Hour  
10:00 Bingo  
1:00 Independent Puzzles  
5:30 Evening Walk  
6:00 Lawrence Welk

**26**  
Morning Walk  
9:00 KMAQ Lutheran Church  
9:30 Coffee Hour  
10:15 KMAQ Methodist Church  
1:30 Movie Day w/Popcorn  
3:00 Coffee & Conversation  
6:00 Evening Walk

**27**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
2:00 Family Feud  
3:00 Happy Hour  
3:30 Radio Bing  
6:00 Evening Walk

**28**  
Morning Walk  
9:30 Bird Bath  
11:30-1:00 Brown Bag Lunch  
1:30 Root beer Floats  
3:30 Radio Bingo  
6:00 Evening Walk

**29**  
Morning Walk  
9:30 Devotions  
10:00 Exercise  
2:00 Music w/ Todd  
3:30 Radio Bingo  
6:00 Evening Walk

**30**  
Morning Walk  
9:15 Church w/ Deacon Greg  
10:00 Wii Bowling  
1:00 Bus Ride  
3:30 Radio Bingo  
6:00 Evening Walk

**31**  
Morning Walk  
10:00 Exercise  
10:45 Country Store Open  
2:30 Trivia  
3:00 Happy Hour  
3:30 Radio Bingo  
6:00 Evening Walk

# MARCH



## Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

JAYBIRD SENIOR LIVING

senior living *reimagined*

*Oh! the Places  
you'll Go!*

9:00 Aromatherapy  
9:30 I Love Lucy  
10:00 Exercise  
10:00 Beverage Cart  
11:15 Gimme 5 Game  
1:30 Resident Council  
2:00 Music w/Helen  
3:00 Beverage/Snack Cart

1

9:15 Church Rev. Keck  
10:00 Beverage Cart  
10:30 Bus Ride/ Crafts  
2:15 Board Games  
3:00 Beverage/Snack Cart  
4:30 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

2

10:00 Exercise  
10:45 Country Store Open  
11:15 Rhyme Time  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

3

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
6:00 Lawrence Welk  
7:00 Snack

4

9:00 Listen to songs of Faith  
10:00 Beverage Cart  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

5

9:30 Methodist Communion  
10:00 Exercise  
10:00 Beverage Cart  
11:15 Phrase Craze  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

6

9:30 Bird Bath  
10:00 Beverage Cart  
10:30 Trivia Game  
2:15 Hot Potato  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

7

9:00 Aromatherapy  
9:30 Father Knows Best  
10:00 Exercise  
10:00 Beverage Cart  
1:30 Music w/ Janet L.  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

8

9:15 Church Deacon Greg  
10:00 Rosary  
10:00 Beverage Cart  
2:15 Board Games  
3:00 Beverage/Snack Cart  
4:30 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

9

10:00 Exercise  
10:45 Country Store Open  
11:15 Finish The Phrase  
1:15 Music w/ Scott K.  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

10

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
6:00 Lawrence Welk  
7:00 Snack

11

9:00 Listen to songs of Faith  
10:00 Music w/Robert  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

12

10:00 Exercise  
10:00 Beverage Cart  
10:45 Country Store Open  
11:15 Music Sing-a-long  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

13

9:30 Bird Bath  
10:00 Beverage Cart  
11:00 Wheel of Fortune  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

14

9:00 Aromatherapy  
9:30 I Love Lucy  
10:00 Exercise  
11:15 Music Sing-a-long  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

15

9:15 Church w/ Rev. Tome  
10:00 Beverage Cart  
1:30 Music w/ Ron L.  
2:15 Board Games  
3:00 Beverage/Snack Cart  
4:30 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

16

10:00 Exercise  
10:45 Country Store Open  
11:15 Family Feud  
1:30 Happy St. Patrick's Day  
Music w/ Lou  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

17

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
6:00 Lawrence Welk  
7:00 Snack

18

9:00 Listen to songs of Faith  
10:00 Beverage Cart  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

19

10:00 Exercise  
10:00 Beverage Cart  
10:45 Country Store Open  
11:15 Phrase Craze  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

20

9:30 Bird Bath  
10:00 Beverage Cart  
10:15 Crafts  
2:15 Hot Potato  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

21

9:00 Aromatherapy  
9:30 Father Knows Best  
10:00 Exercise  
10:00 Beverage Cart  
11:15 Rhyme Time  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

22

9:15 Church w/ Fr. Austin  
10:00 Beverage Cart  
10:30 Bus Ride/ Crafts  
2:15 Board Games  
3:00 Beverage/Snack Cart  
4:30 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

23

10:00 Exercise  
10:45 Country Store Open  
11:15 Board Games  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

24

9:30 Adult Coloring  
10:00 Beverage Cart  
2:15 Bingo  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
6:00 Lawrence Welk  
7:00 Snack

25

9:00 Listen to songs of Faith  
10:00 Beverage Cart  
10:15 KMAQ Methodist Church  
2:15 Activity of Choice  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

26

10:00 Exercise  
10:00 Beverage Cart  
10:45 Country Store Open  
11:15 Phrase Craze  
2:15 Balloon Volley  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

27

9:30 Bird Bath  
10:00 Beverage Cart  
10:15 Crafts  
2:15 Bowling  
3:00 Beverage/Snack Cart  
5:15 Aromatherapy  
7:00 Snack

28

9:00 Aromatherapy  
9:30 TV Father Knows Best  
10:00 Exercise  
11:15 Trivia  
2:00 Music w/ Todd  
3:00 Beverage/ Snack Cart  
5:15 Aromatherapy  
7:00 Snack

29

9:15 Church w/ Deacon Greg  
10:00 Beverage Cart  
11:00 Song Trivia  
2:15 Board Games  
3:00 Beverage/ Snack Cart  
4:30 Supermarket Sweep  
5:15 Aromatherapy  
7:00 Snack

30

10:00 Exercise  
10:45 Country Store Open  
11:15 Rhyme Time  
2:15 Phrase Craze  
3:00 Beverage/ Snack Cart  
5:15 Aromatherapy  
7:00 Snack

31