

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

West Haven at Omni West Assisted Living

March 2023			West Haven at Omni West Assisted Living			9:30 coffee and adult Coloring 10:30 Worship with Reverend Tensley 1:00 matching games 3:00 walking for exercise 6:00 relaxing to music	1	9:30 coffee and creative Hour 1:00 ball toss 3:00 manicures music and social time 6:00 snacks and adult coloring	2	9:30 coffee and twenty questions 1:00 favorite music sing along 2:30 flashcard fitness 6:00 music and snacks	3	9:30 coffee and Morning stretch 12:30 arts, crafts and conversation 3:00 " the I spy" game 6:00 snacks and adult coloring	4
10:00 coffee and fellowship in the sunroom 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	5	9:30 coffee and Conversation 1:00 flashcard fitness 3:00 eraser board games 6:00 adult coloring and snacks	6	9:30 arts and crafts class 1:30 happy hour 3:00 simple stretching in the sunroom 6:00 snacks and current events	7	9:30 coffee and adult Coloring 10:30 Worship with Reverend Tensley 1:00 Birthday party with John Ruman 3:00 walking for exercise 6:00 relaxing to music	8	9:30 coffee and creative Hour 1:00 corn hole 3:00 manicures music and social time 6:00 snacks and adult coloring	9	9:30 coffee and twenty questions 10:00 bible study with believers church 2:30 flashcard fitness 6:00 music and snacks	10	9:30 coffee and Morning stretch 12:30 arts, crafts and conversation 3:00 puzzles 6:00 snacks and adult coloring	11
Purim Begins													
10:00 coffee and fellowship in the sunroom 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	12	9:30 coffee and Conversation 1:00 ring toss games 3:00 eraser board games 6:00 adult coloring and snacks	13	9:30 fun with food 1:00 history of Packard car educational series 3:00 simple stretching in the sunroom 6:00 snacks and current events	14	9:30 coffee and adult Coloring 10:30 Worship with Reverend Tensley 1:00 matching games 3:00 walking for exercise 6:00 relaxing to music	15	9:30 coffee and creative Hour 1:00 ball toss 3:00 manicures music and social time 6:00 snacks and adult coloring	16	9:30 coffee and twenty questions 10:00 lake Milton Baptist church 2:30 flashcard fitness 6:00 music and snacks	17	9:30 coffee and Morning stretch 12:30 arts, crafts and conversation 3:00 " the I spy" game 6:00 snacks and adult coloring	18
Daylight Saving Time Begins													
10:00 coffee and fellowship in the sunroom 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	19	9:30 coffee and Conversation 1:00 flashcard fitness 3:00 eraser board games 6:00 adult coloring and snacks	20	9:30 arts and crafts class 1:00 popcorn and movie 3:00 simple stretching in the sunroom 6:00 snacks and current events	21	9:30 coffee and adult Coloring 10:30 Worship with Reverend Tensley 1:00 matching games 3:00 walking for exercise 6:00 relaxing to music	22	9:30 coffee and creative Hour 1:00 corn hole 3:00 manicures music and social time 6:00 snacks and adult coloring	23	9:30 coffee and twenty questions 10:00 bible study with believers church 2:00 communion with sister Nancy 6:00 music and snacks	24	9:30 coffee and Morning stretch 12:30 arts, crafts and conversation 3:00 puzzles 6:00 snacks and adult coloring	25
Spring Begins													
10:00 coffee and fellowship in the sunroom 1:00 arts and crafts 3:00 bingo 6:00 music and snacks	26	9:30 coffee and Conversation 1:00 ring toss games 3:00 eraser board games 6:00 adult coloring and snacks	27	9:30 fun with food 1:30 karaoke party 3:00 simple stretching in the sunroom 6:00 snacks and current events	28	9:30 coffee and adult Coloring 10:30 Worship with Reverend Tensley 1:00 matching games 3:00 walking for exercise 6:00 relaxing to music	29	9:30 coffee and creative Hour 1:00 ball toss 3:00 manicures music and social time 6:00 snacks and adult coloring	30	9:30 coffee and twenty questions 1:00 favorite music sing along 2:30 flashcard fitness 6:00 music and snacks	31	Activities are subject to change with or without notice. Thank you for your understanding.	
Ramadan Begins													