

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March 2023</div> <div>Omni West Assisted Living</div>			7:30 coffee and daily bread 9:00 fast 5 bingo 10:30 worship with Reverend Tensley 1:00 mystery bingo 6:00 Afternoon snack	7:30 coffee and daily bread 9:30 arts and crafts 1:00 Chair kickball 6:30afternoon snack	7:30 coffee and daily bread 9:00 art pages 10:00 jenga/ connect four 1:00 bingo 2:00 cookies and music 6:30 afternoon snacks	9:00 coffee and conversation With Christine 10:00 games of choice 1:00 bingo 2:30 "Ask Alexa" music hour 6:30 snacks
10:00 worship with Highway Tabernacle Church 1:00 movies in the living room 6:30 snack cart	7:30 coffee and daily break 9:15 manicures music and nail care 10:15 sitting yoga and stretching class 1:00 bingo 6:30 afternoon snack <small>Purim Begins</small>	7:30 coffee and daily bread 9:30 Fun with food (Chocolate dipped fruit) 1:00 resident meeting 6:30afternoon snacks	7:30 coffee and daily bread 9:00 fast 5 bingo 10:30 worship with Reverend Tensley 1:00 birthday social with John ruman 6:00 Afternoon snack	7:30 coffee and daily bread Shopping trips today to Family Dollar(please sign up with Activities prior to trip) 6:30afternoon snack	7:30 coffee and daily bread 9:00 art pages 10:00 bible study with pastor bill 1:00 bingo 2:00 cookies and music 6:30 afternoon snacks	10:00 games of choice on your own 1:00 puzzles in the sunroom 2:30 "Ask Alexa" music hour 6:30 snacks
10:00 walking indoors for exercise 1:00 movies in the living room 6:30 snack cart <small>Daylight Saving Time Begins</small>	7:30 coffee and daily break 9:15 manicures music and nail care 10:15 sitting yoga and stretching class 1:00 bingo 6:30 afternoon snack	7:30 coffee and daily bread 9:30 Fun with food (cream cheese mints) 1:00 history of Packard car with Tony 6:30afternoon snacks	7:30 coffee and daily bread 9:00 fast 5 bingo 10:30 worship with Reverend Tensley 1:00 exercise class 6:00 Afternoon snack	7:30 coffee and daily bread 9:30 arts and crafts 1:00 cornhole bean bag toss 6:30afternoon snack	7:30 coffee and daily bread 9:00 art pages 10:00 Lake Milton Baptist church 1:00 St. Pats celebration with Humble music group 6:30 afternoon snacks <small>St. Patrick's Day</small>	9:00 coffee and conversation With Christine 10:00 games of choice 1:00 bingo 2:30 "Ask Alexa" music hour 6:30 snacks
10:00 walking indoors for exercise 1:00 movies in the living room 6:30 snack cart	7:30 coffee and daily break 9:15 manicures music and nail care 10:15 sitting yoga and stretching class 1:00 spring fling bingo 6:30 afternoon snack <small>Spring Begins</small>	7:30 coffee and daily bread 9:30 Fun with food (pretzel "birds nest" candies) 1:00Afternoon movie 6:30 afternoon snacks	7:30 coffee and daily bread 9:00 fast 5 bingo 10:30 worship with Reverend Tensley 1:00 exercise class 6:00 Afternoon snack <small>Ramadan Begins</small>	7:30 coffee and daily bread 9:30 arts and crafts 1:00 Chair Volleyball 6:30afternoon snack	7:30 coffee and daily bread 9:00 art pages 10:00 bible study with pastor bill 1:00 bingo 2:00 communion with sister Nancy 6:30 afternoon snacks	10:00 games of choice on your own 1:00 puzzles in the sunroom 2:30 "Ask Alexa" music hour 6:30 snacks
10:00 walking indoors for exercise 1:00 movies in the living room 6:30 snack cart	7:30 coffee and daily break 9:15 manicures music and nail care 10:15 sitting yoga and stretching class 1:00 bingo 6:30 afternoon snack	7:30 coffee and daily bread 9:30 Fun with food (marshmallow kabobs) 1:00 Karaoke party In the living room 6:30afternoon snacks	7:30 coffee and daily bread 9:00 fast 5 bingo 10:30 worship with Reverend Tensley 1:00 exercise class 6:00 Afternoon snack	7:30 coffee and daily bread Shopping trips today to wal-mart (please sign up with activities prior to trip) 6:30 afternoon snacks	7:30 coffee and daily bread 9:00 art pages 10:00 jenga/ connect four 1:00 bingo 2:00 cookies and music 6:30 afternoon snacks	* Activities and outings are subject to change with or without notice.