

# NEWSLETTER

## MARCH-2023



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# Editor's Desk

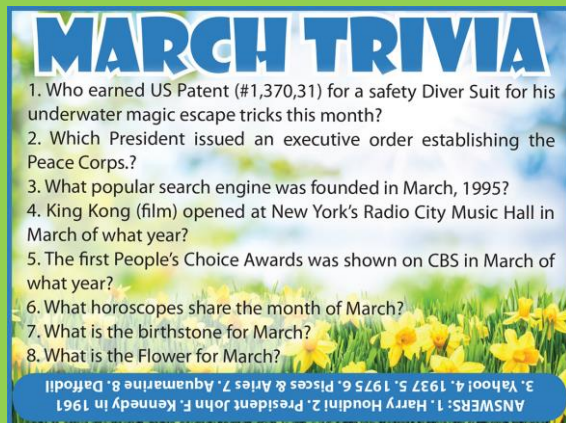
Hello everyone! My name is Mara Sifrit. I am the new activity assistant! I am very excited to meet and engage in exciting activities with each of you! While Stephanie is recovering from surgery I will be taking care of the activity duties. I hope we can have some fun together enjoying this months activities. If you have any fun ideas or events you wish to see happen please stop by my office for chat!



A little bit about me!

I grew up in a small town, Truro. I have a Dog named Archie, his is my fur baby. I have 3 nephews and a brand-new niece. When I'm not working, I am spending time enjoying my family, my dog and nature. I love crafting, reading, and painting!

Keep Safe!

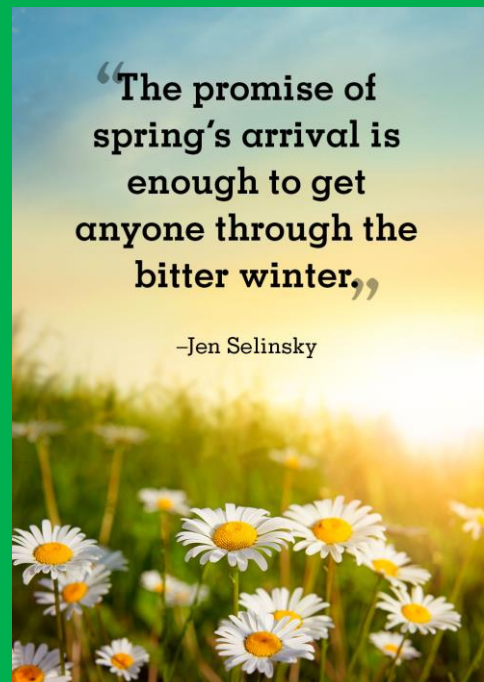


Zodiac signs: **Pisces & Aries**  
Birthstone: **Aquamarine**  
Flower: **Daffodil**

## Quote of the Month

**"The promise of  
spring's arrival is  
enough to get  
anyone through the  
bitter winter."**

—Jen Selinsky



# Upcoming Events

February 10 Buckingham Foote Duo 2:00 pm  
February 14 Valentine's Party 1:30 pm  
February 21 Paper airplane races with Cub Scouts 6:30 pm  
February 24 February Birthday Party! 2:00 pm

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# Regular Events

Trivia at 12 every day  
Church Pod Cast every Wednesday 10:30am  
Bingo! Every Thursday at 2pm

## Special Days

- |                  |                        |
|------------------|------------------------|
| 1 <sup>st</sup>  | Black History Month    |
| 3 <sup>rd</sup>  | The Day the Music Died |
| 5 <sup>th</sup>  | World Read Aloud Day   |
| 6 <sup>th</sup>  | Waitangi Day (NZ)      |
| 12 <sup>th</sup> | Abe Lincoln's Bday     |
| 13 <sup>th</sup> | World Radio Day        |
| 14 <sup>th</sup> | Valentine's Day        |
| 18 <sup>th</sup> | Drink Wine Day         |
| 21 <sup>st</sup> | Mother Language Day    |
| 22 <sup>nd</sup> | Baden-Powell's Bday    |

# March Birthdays

In March, we celebrate birthdays with:

- **Shirley Bunnell**
- **Janet Burton**
- **Bettie Simmons**

Please join us in the Game Room on February 24 to celebrate!



## Other March Birthdays:

Albert Einstein, Physicist	March 14, 1879
Stephen Curry, Basketball player	March 14 <sup>th</sup> , 1988
Vincent Van Gogh, Artist	March 30 <sup>th</sup> , 1853
Reese Witherspoon, Actress	March 22 <sup>nd</sup> , 1976
Aretha Franklin, Music artist	March 25 <sup>th</sup> , 1942

## Pisces (Feb 19 – Mar 120)

Pisces are friendly and selfless. They are always willing to help others.

## Aries (Mar 21- April 19<sup>th</sup>)

Aries are passionate, creative and energetic. They put enthusiasm into everything they do.

## Fun February Facts

**March is the equivalent of September in the Southern Hemisphere.** Every year, March and June finish on the same day of the week. March is the time of year when animals start waking up from hibernation. The name for March comes from Mars, the Roman god of war.

WOW!

# Poem to Share

## Things you can control:

by Caleb LP Gunners

Your Beliefs  
Your attitude  
Your thoughts  
Your perspective  
How honest you are  
Who your friends are  
What books you read  
How often you exercise  
The type of food you eat  
How many risks you take  
How you interpret the situation  
How kind you are to others  
How kind you are to yourself  
How often you say "I love you."  
How often you say "thank you."  
How you express your feelings  
Whether or not you ask for help  
How often you practice gratitude  
How many times you smile today  
The amount of effort you put forth  
How you spend / invest your money  
How much time you spend worrying  
How often you think about your past  
Whether or not you judge other people  
Whether or not you try again after a setback  
How much you appreciate the things you have.



# MONTH IN REVIEW:



Enjoying cookies, Floats, and Friends at the Valentine's Day party.





**Carol and Marie Paint spring Décor drink coasters.  
Reminiscing about springtime as children, and what this spring will bring.**



# Laughing Matters

## Computers – Masculine or Feminine?

A class learning French and trying to get to grips with gender wondered if the word "computer" should be masculine or feminine. Split into two groups, men and women, they were asked to say which they considered a computer to be, and to give four reasons for their decision.



The men decided that computers are feminine because:

- No one but their creator understands their internal logic.
- The language they use to communicate with each other is totally incomprehensible.
- Even your smallest mistakes are stored in long-term memory for later retrieval.
- As soon as you commit to them, you spend half your disposable income buying accessories for them.
- 

The women decided that computers are masculine because:

- In order to gain their attention, you have to turn them on.
- They are full of data, but are still clueless.
- They are supposed to help you solve your problems, but most of the time they are the problem.
- As soon as you commit to one, you realize that if you had waited a little longer, you could have had a better one.

## Vanity

A woman knelt in the confessional and said: "Bless me, Father, for I have sinned."

"What is it you did, Marcy?"

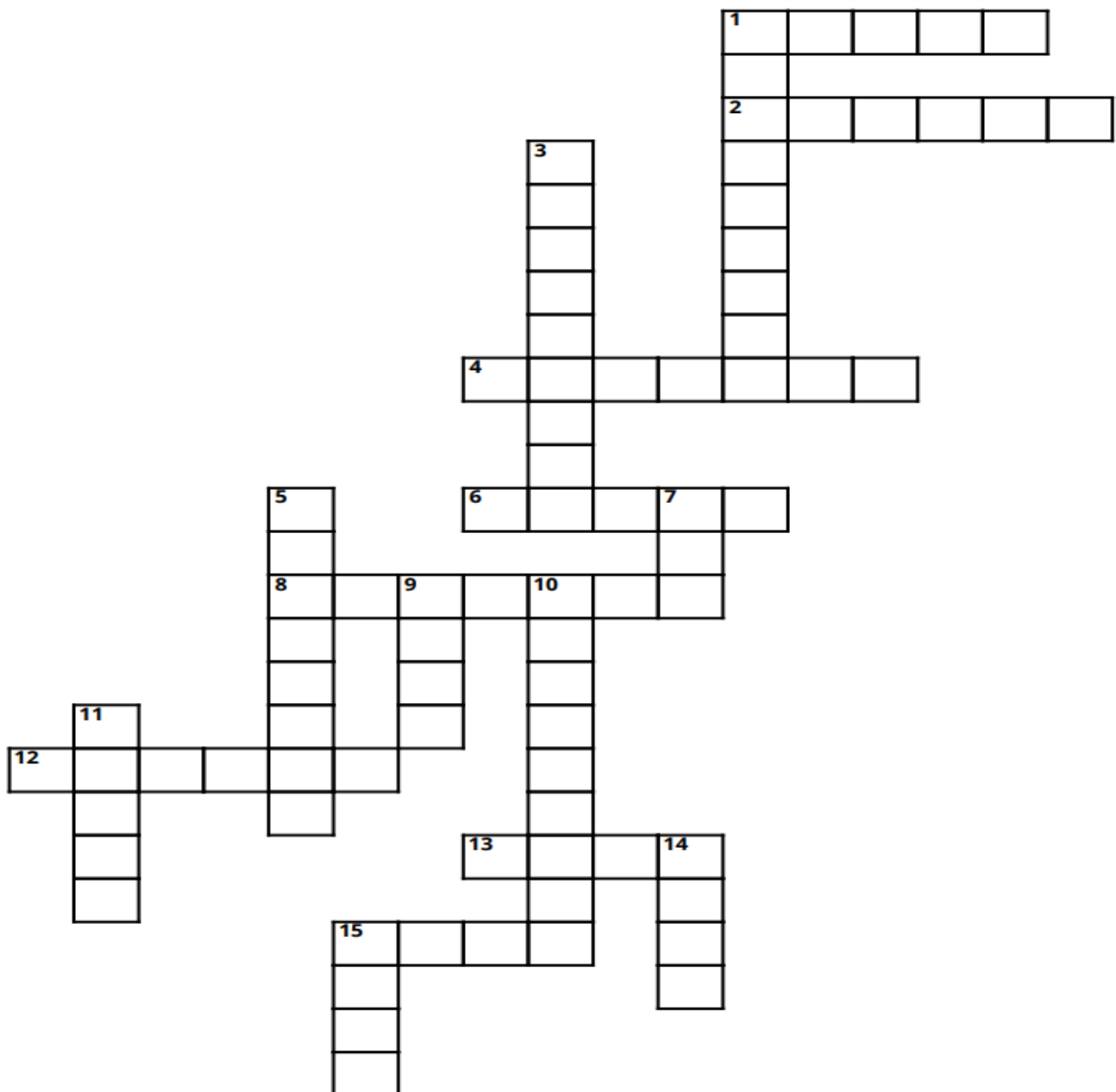
"Father, I have committed the sin of vanity. Five times a day I gaze at myself in the mirror and tell myself how beautiful I am."

The priest turned, moved the little curtain in the confessional, took a good look at her, and said, "Martha, I have good news. That isn't a sin - it's only a mistake."



Crossword

# VALENTINE'S DAY CROSSWORD



## Across

1. The ancient Roman god of love  
(5)
2. Cupid shoots these  
(6)
4. Sometimes they come in bouquets  
(7)
6. Symbol of love  
(5)
8. A person who is greatly loved  
(7)
12. St. Valentine is known as the patron saint of  
(6)
13. White and red mixed  
(4)
15. The flower of love  
(4)

## Down

1. A dry, white table wine produced in France  
(9)
3. A popular gift on this day made from cocoa  
(9)
5. The month of Valentine's Day  
(8)
7. The color associated with this day  
(3)
9. My true ....  
(4)
10. Would you be my ?  
(9)
11. Compositions in verse  
(5)
14. Sealed with a ...  
(4)
15. Something you wear on your finger  
(4)

