



the **hearth**

The Hearth at  
Tuxis Pond  
100 Bradley Rd  
Madison, CT  
06443

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HearthTuxisPond

*Live More.*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday								
<b>March 2023</b> <b>The Hearth at Tuxis Pond</b> <b>Keepsake Activities Calendar</b>														
					<b>Live More Director:</b> <b>Becky Elmo</b>  <b>Live More Coordinators:</b> <b>Phyllis, Amy, Kayla &amp; Emily</b>		<b>Breakfast: 9:00 am</b>  <b>Lunch: 12:00 pm</b>  <b>Dinner: 5:00 pm</b>	<b>Hairdresser:</b>  <b>Wednesdays:</b> <b>9:00 am-3:00 pm</b> <b>Please see the front desk to set up an appointment.</b>						
<b>5</b> 10:00 Catholic Mass 10:30 Sunday Stretching 11:00 Superstitions 11:30 Church Hymns 1:00 Balloon Noodle 2:00 March Trivia 3:00 Snowman Slam 3:30 Sunday Rosary 4:00 Improved Health Exercise 6:00 Romantic Comedy			<b>6</b> 10:00 Music Monday 10:30 Popular Proverbs 11:00 Exercise Class 11:30 Talk & Toss 1:00 Swatter Ball 2:00 Guess the Word 3:00 Snowman Toss 3:30 Monday Movement 4:00 <b>Sensory Guess Bags</b> 6:00 Monday Musical		<b>7</b> 10:00 Our Song & Dance Routine 10:30 Online Crossword Puzzles 11:00 Chair Yoga 11:30 Do You Remember? 1:00 Balloon Volleyball 2:00 Joke Reading 3:00 <b>Arts &amp; Crafts</b> 3:30 Indoor Horseshoe Competition 4:00 Seated Stretching 6:00 Tuesday Theater		<b>8</b> <b>1 World Compliment Day!</b> 10:00 Fitness First 10:30 Sing a Long 11:00 Receive a Compliment! 11:30 March Gazette 1:00 <b>Who Wants to be a Millionaire?</b> 2:00 Swatter Ball 3:00 Short Stories Read Aloud 3:30 Basketball Shooting 4:00 Chair Yoga 6:00 Wednesday's Wacky Comedy		<b>9</b> <b>2 National Anthem Day!</b> 10:00 National Anthem History 10:30 Patriotic Sing a Long 11:00 Seated Stretches 11:30 Morning Trivia 1:00 Balloon Noodle 2:00 <b>Sensory Guess Bags</b> 3:00 <b>Creative Coloring</b> 3:30 Trivia Plaza 4:00 Chair Exercises 6:00 Thursday Theater		<b>10</b> 10:00 Manicures & Music 10:30 Friday Fitness 11:00 Advertisement Slogans 11:30 <b>Indoor Gardening Group</b> 1:00 Balloon Volleyball 2:00 <b>Music with Alison</b> 3:00 Joke Reading 3:30 Exercise Club 4:00 Winter Toss Games 6:00 Friday Flick		<b>11</b> 10:00 Saturday's Positive News 10:30 Saturday Songs 11:00 Exercise Ball Workout 11:30 Do You Remember? 1:00 March Poetry Reading 2:00 Balloon Tennis 3:00 Snowman Slam 3:30 Card Game Tables 4:00 Dancercise with Kayla! 6:00 Weekend Movie	
<b>12</b> 10:00 Catholic Mass 10:30 Reader's Digest Reading 11:00 Things That Go Together 11:30 Gentle Workout 1:00 Balloon Tennis 2:00 Church Hymns 3:00 21 Dice Roll 3:30 Chair Exercises 4:00 Rosary Prayers 6:00 Movie & Refreshments			<b>13</b> 10:00 Song Start 10:30 Energetic Exercise 11:00 Sports/Athlete Quiz 11:30 Knock-Knock Jokes 1:00 Balloon Noodle 2:00 <b>Creative Coloring</b> 3:00 Armchair Travel 3:30 Dart & Target Tosses 4:00 Improved Health Exercise 6:00 Music-Inspired Film		<b>14</b> 10:00 Morning Music 10:30 Exercise Club 11:00 Lyric Quiz 11:30 Brainstorm: Fruits & Veggies 1:00 Balloon Volleyball 2:00 President Quiz 3:00 <b>Special Treat Social</b> 3:30 Snowball Toss 4:00 Chair Dancing 6:00 Romantic Comedy Showing		<b>15</b> 10:00 Songs to Sing 10:30 Finish the Phrase 11:00 Exercise Ball Workout 11:30 Revolving Wheel Words 1:00 Kickball 2:00 Letter Categories 3:00 <b>Watercolor Wonders</b> 3:30 Piecing Together Puzzles 4:00 Moving to Music 6:00 Classic Movie		<b>16</b> 10:00 Our Song & Dance Routine 10:30 Stretch Band Workout 11:00 Word in a Word 11:30 Balloon Toss 1:00 Swatter Ball 2:00 Things That are White 3:00 <b>Afternoon Tea &amp; Cookies</b> 3:30 Chair Stretches 4:00 Wooden Peg Toss Game 6:00 Movie Night		<b>17 St. Patrick's Day!</b> 10:00 Morning Fitness 10:30 St. Patrick's Day Program/Songs 11:00 <b>Indoor Gardening Group</b> 11:30 <b>Aromatherapy Manicures</b> 1:00 Keep it Up: Green Balloons 2:00 <b>Music with Alison</b> 3:00 <b>Shamrock Craft/Lucky Coin Toss</b> 3:30 <b>Shamrock Shake Social</b> 4:00 Noodle Exercise 6:00 Weekend Movie		<b>18</b> 10:00 Saturday's Positive News 10:30 Feel it Out 11:00 Gentle Yoga 11:30 Singing Old Favorites 1:00 Balloon Noodle 2:00 Synonyms/Antonyms 3:00 Bowling Lanes 3:30 Trivia Plaza 4:00 Dancercise with Kayla! 6:00 Saturday Night Movie	
<b>19 Let's Laugh Day!</b> 10:00 Catholic Mass 10:30 Super Stretch Sunday 11:00 Church Hymns 11:30 Joke Reading 1:00 Balloon Toss 2:00 Weekly Rosary 3:00 <b>Creative Coloring</b> 3:30 Chair Workout 4:00 The Game of Wicked 6:00 Sunday Movie			<b>20 Spring Begins!</b> 10:00 Patriotic Songs 10:30 Exercise Group 11:00 Earth Day Program/Video 11:30 Toss & Talk Ball 1:00 Balloon Tennis 2:00 Welcome Spring Trivia 3:00 Ladder Ball 3:30 <b>Planting Seeds in Old Recyclables</b> 4:00 Afternoon Fitness 6:00 Movie & Snacks		<b>21</b> 10:00 Singing our Favorites 10:30 Guess the Category 11:00 <b>Sensory Guess Bags</b> 11:30 Gentle Yoga 1:00 Balloon Volleyball 2:00 Baseball Hitting Practice 3:00 <b>Reminisce: 70's Style/Colors</b> 3:30 Board Game Tables 4:00 Wellness Exercise 6:00 Comedy Film		<b>22</b> 10:00 Our Song & Dance Routine 10:30 EZ Does it Trivia 11:00 Wednesday Workout 11:30 Cooking Quiz 1:00 Televised Concert 2:00 Kickball 3:00 Where is This Landmark? 3:30 Snowflake Game 4:00 Seated Workout 6:00 Classic Movie Wednesday		<b>23</b> 10:00 Fitness to Start 10:30 <b>Baking Club</b> 11:00 Thursday Tunes 11:30 Toss & Talk Ball 1:00 <b>Sensory Smells: Mint</b> 2:00 <b>Reminisce: Rock &amp; Roll</b> 3:00 <b>Afternoon Tea &amp; Snacks</b> 3:30 Thursday Workout 4:00 Balloon Noodle 6:00 Thursday Theatrics		<b>24</b> 10:00 Songs to Start 10:30 Chair Yoga 11:00 <b>Sensory Scenes</b> 11:30 <b>Indoor Gardening Group</b> 1:00 Swatter Ball 2:00 <b>Music with Alison</b> 3:00 Letter Categories 3:30 Exercise Ball Workout 4:00 Golf Putting Green 6:00 Film Feature Friday		<b>25</b> 10:00 Saturday's Positive News 10:30 Motivation to Move 11:00 Saturday Songs 11:30 Homonyms 1:00 Balloon Toss 2:00 <b>Reminisce: Favorite Toys</b> 3:00 Basketball Shooting 3:30 Dancercise with Kayla! 4:00 Armchair Travel 6:00 Weekend Flick	
<b>26</b> 10:00 Catholic Mass 10:30 Old Age Humor 11:00 Gentle Chair Yoga 11:30 Church Hymns 1:00 Balloon Volleyball 2:00 <b>Household Objects Reminisce</b> 3:00 Wellness Workout 3:30 Word Unscramble 4:00 Rosary Sunday 6:00 Film Feature			<b>27</b> 10:00 Singing Along 10:30 Monday Movement 11:00 Memory Joggers 11:30 Fill in the Missing Letters 1:00 Balloon Noodle 2:00 Rhyming Dice 3:00 <b>Creative Coloring</b> 3:30 Snowball Shoot 4:00 Improved Health Exercise 6:00 Movie & Refreshments		<b>28</b> 10:00 Singing to Music 10:30 Wake Up Workout 11:00 Letter Categories 11:30 Nursery Rhymes Recall 1:00 Swatter Ball 2:00 <b>Sensory Smells: Chocolate</b> 3:00 Board Game Tables 3:30 Stretching Class 4:00 Online Crossword Puzzles 6:00 Musical Movie		<b>29</b> 10:00 Music & Dancing 10:30 Fill in the Missing Vowel 11:00 Morning Exercise Routine 11:30 Opposites Attract Quiz 1:00 Multiple-Balloon Toss 2:00 States & Capitals 3:00 National Geographic Documentary 3:30 Stretch Break 4:00 Cornhole 6:00 Comedy Film		<b>30</b> 10:00 Morning Music 10:30 Small Group Sorting Tasks 11:00 Spelling Bee Competition 11:30 Chair Yoga 1:00 Balloon Tennis 2:00 Finish Famous Sayings 3:00 Kickball 3:30 <b>Monthly Birthday Celebration</b> 4:00 Afternoon Exercise 6:00 Classic Movie Showing		<b>31</b> 10:00 Singing Songs 10:30 Workout Together 11:00 Music, Manicures & Hand Massages 11:30 Trivia Plaza 1:00 Swatter Ball 2:00 <b>Music with Alison</b> 3:00 Toss Games Galore 3:30 Card Game Groups 4:00 Exercise Ball Workout 6:00 End of the Month Movie			