



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activity Director Rick Applegate</p> <p>Activity Assistants Amy Wilson Kelly Tooley Bus Driver Stephanie Musgrave James Gardner</p>	<p><u>Daylight Saving Time</u></p> <p>Turn Your Clocks Ahead 1 Hour on Sunday March 12th</p>	<p>Activity Room-(AR) Theater-(T) Country Kitchen-(CK) Lobby-(L) Dining Room- (DR) 2nd Floor Sun Room-(2SR) 3rd Floor Billiards Room-(3BR)</p>	<p>1 9:30 Strengthen & Get Fit (DR) 10:15 Card Games (CK) 11:15 Our Lady of the Lake (CK) Lunch Bunch "Koi Japanese Hibachi" 1:30 Rick Applegate (AR) 3:15 Trivia with Amy (CK)</p>	<p>2 9:30 Movement & Stretch (AR) 10:15 Veteran's Coffee & Donuts (Adoration and The American Legion) (CK) 10:15 Book Club w/ Amy (2SR) 1:00 Dr Yontz Audiologist (PDR) 2:00 Bingo (AR) 3:00 Think More- Kelly (CK) 3:00 Think More- Amy (AR) 4:00 Happy Hour (CK) 6:00 Movie and Jeopardy (AR)</p>	<p>3 9:15 Get Moving Friday (AR) 10:00 Town Hall Meeting (AR) 1:30 Friday Movie (T) "Mr. Holland's Opus" 2:00 Rick Applegate Singing (AR) 2:00 Men's Billiards (3BR) 3:00 Coffee & Conversation (CK)</p>	<p>4 9:00 Mix, Mingle, and Manicure (AR) 10:00 Wii Bowling (AR) 1:00 Saturday at the Movies "The Music of Silence" (Story of Andrea Bocelli's Life) (Prime) 2:00 Trivia (AR) 3:00 Bingo (AR)</p>
<p>5 9:00 Sunday Worship (AR) Service with James Arnold 1:00 Sunday at the Movies "1883" Series (Episode 7 & 8) (Paramount +) 2:00 Trivia (AR) 3:00 Bingo (AR) 6:00 Church Gathering (AR)</p>	<p>6 9:30 Strengthen & Get Fit (AR) 10:15 Easter Canvas Painting with Amy (AR) 1:00 Ray Newman Singing (AR) 2:00 Bingo 2:00 Billiards (3BR) 3:00 Think More (CK) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK) 6:00 Wii Bowling (AR) Game Night (CK)</p>	<p>7 9:30 Movement & Stretch (AR) 10:15 Jeopardy (AR) 1:00 Pet Therapy with Mike & Remi (AR) 1:30 Meditation (T) 2:00 Brothers of The Heart Video -Jimmy Fortune (T) 3:00 Think More-Rick (CK) 3:00 Think More-Amy (AR) 6:00 Bingo with Kelly (AR)</p>	<p>8 9:30 Strengthen & Get Fit (DR) 10:15 Card Games (CK) 11:15 Our Lady of the Lake (CK) Lunch Bunch "Jumbo & Delicious" 1:30 Patrick Calvert (AR) 3:15 Trivia with Amy (CK) 5:30 Sylvia Rapp performing with her Cello (AR)</p>	<p>9 9:30 Movement & Stretch (AR) 10:15 Men's Club (CK) 10:15 Book Club w/ Amy (2SR) 2:00 Bingo (AR) 3:00 Think More-Kelly (CK) 3:00 Think More-Amy (AR) 4:00 Happy Hour (CK) 6:00 Movie and Wii Bowling (AR)</p>	<p>10 9:15 Get Moving Friday (AR) 10:00 Devotional with Rick (AR) 1:30 Friday Movie (T) "The Answer Man" (Hulu) 2:00 Rick Applegate (AR) 2:00 Men's Billiards (3BR) 3:00 Coffee & Conversation (CK) 6:00 Jeopardy (AR)</p>	<p>11 9:00 Mix, Mingle, and Manicure (AR) 10:00 Wii Bowling (AR) 1:00 Saturday at the Movies "How Do You Know" (Reese Witherspoon) (Hulu) 2:00 Trivia (AR) 3:00 Bingo (AR) 6:00 Gospel Singing</p>
<p>12 Daylight Saving Time (Turn Your Clock Ahead 1 Hour) 9:00 Sunday Worship (AR) Service with James Arnold 1:00 Sunday at the Movies "1883" Series (Episode 9 & 10) (Paramount +) 2:00 Trivia (AR) 3:00 Bingo (AR) 6:00 Church Gathering (AR)</p>	<p>13 9:30 Strengthen & Get Fit (AR) 10:15 Bingo (AR) 1:00 Ray Newman Singing (AR) 2:00 Billiards (3BR) 3:00 Think More (CK) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK) 6:00 Wii Bowling (AR) Game Night (CK)</p>	<p>14 9:30 Movement & Stretch (AR) 10:15 Jeopardy (AR) 1:00 Putt Putt (Courtyard) 1:30 Meditation (T) 2:00 Grand Ole Opry Hour (T) 3:00 Think More-Rick (CK) 3:00 Think More-Amy (AR) 6:00 Bingo with Kelly (AR)</p>	<p>15 9:30 Strengthen & Get Fit (DR) 10:15 Card Games (CK) 11:15 Our Lady of the Lake (CK) Lunch Bunch "Olive Garden" 1:30 Rick Applegate (AR) 3:15 Trivia with Amy (CK)</p>	<p>16 9:30 Movement & Stretch (AR) 10:15 Men's Club (CK) 10:15 Book Club w/ Amy (2SR) 2:00 Bingo (AR) 3:00 Think More-Kelly (CK) 3:00 Think More-Amy (AR) 4:00 Happy Hour (CK) 6:00 Movie and Wii Bowling (AR)</p>	<p>17 St. Patrick's Day 9:15 Get Moving Friday (AR) 10:00 Devotional with Rick (AR) 1:30 Friday Movie (T) "The Quiet Man" (DVD) 2:00 Rick Applegate Singing and Homemade Shamrock Shakes (AR) 2:00 Men's Billiards (3BR) 3:00 Coffee & Conversation (CK) 6:00 Jeopardy (AR)</p>	<p>18 9:00 Mix, Mingle, and Manicure (AR) 10:00 Wii Bowling (AR) 1:00 Saturday at the Movies "Jerry & Marge Go Large" (Annette Bennington) (Paramount +) 2:00 Trivia (AR) 3:00 Bingo (AR)</p>
<p>19 9:00 Sunday Worship (AR) Service with James Arnold 1:00 Sunday at the Movies "Blue Collar Comedy Tour Rides Again" (DVD) 2:00 Trivia (AR) 3:00 Bingo (AR) 6:00 Church Gathering (AR)</p>	<p>20 9:30 Strengthen & Get Fit (AR) 10:15 Bingo (AR) 1:00 Ray Newman Singing (AR) 2:00 Billiards (3BR) 3:00 Think More (CK) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK) 6:00 Wii Bowling (AR) Game Night (CK)</p>	<p>21 9:30 Movement & Stretch (AR) 10:15 Jeopardy (AR) 11:00 Laurie Woods (Buttons Sewn on & More) 1:00 Pet Therapy with Mike & Remi (AR) 1:00 Baking Biscotti's with Amy & Butter Making (CK) 1:30 Meditation (T) 2:00 Grand Ole Opry Hour (T) 3:00 Think More-Rick (CK) 3:00 Think More-Amy (AR) 6:00 Bingo with Kelly (AR)</p>	<p>22 9:30 Strengthen & Get Fit (DR) 10:15 Card Games (CK) 11:15 Our Lady of the Lake (CK) Lunch Bunch "China Buffet" 1:30 Pam Weston (AR) 3:15 Trivia with Amy (CK)</p>	<p>23 9:30 Movement & Stretch (AR) 10:15 Men's Club (CK) 2:00 Bingo (AR) 3:00 Think More-Kelly (CK) 3:00 Think More-Rick (AR) 4:00 Happy Hour (CK) 6:00 Movie and Wii Bowling (AR)</p>	<p>24 9:15 Get Moving Friday (AR) 10:00 Devotional with Rick (AR) 1:30 Friday Movie (T) "Witness" (Paramount +) 2:00 Rick Applegate Singing (AR) 2:00 Men's Billiards (3BR) 3:00 Coffee & Conversation (CK) 6:00 Jeopardy (AR)</p>	<p>25 9:00 Mix, Mingle, and Manicure (AR) 10:00 Wii Bowling (AR) "Spring Fling Open House" (1:30pm-3:00pm) 6:00 Gospel Singing</p>
<p>26 9:00 Sunday Worship (AR) Service with James Arnold 1:00 Sunday at the Movies "The Greatest Game Ever Played" (Disney +) 2:00 Trivia (AR) 3:00 Bingo (AR) 6:00 Church Gathering (AR)</p>	<p>27 9:30 Strengthen & Get Fit (AR) 10:15 Bingo (AR) 1:00 Ray Newman Singing (AR) 2:00 Billiards (3BR) 3:00 Think More (CK) 3:15 Chair Yoga (AR) 4:00 Happy Hour (CK) 6:00 Wii Bowling (AR) Game Night (CK)</p>	<p>28 9:30 Movement & Stretch (AR) 10:15 Jeopardy (AR) 1:00 Putt Putt (Courtyard) 1:30 Meditation (T) 2:00 Grand Ole Opry Hour (T) 3:00 Think More-Rick (CK) 3:00 Think More-Amy (AR) 6:00 Bingo with Kelly (AR)</p>	<p>29 9:30 Strengthen & Get Fit (DR) 10:15 Card Games (CK) 11:15 Our Lady of the Lake (CK) Lunch Bunch "Grants Kitchen" 1:30 Rick Applegate (AR) 3:15 Resident Birthday Party and Trivia with Amy (CK)</p>	<p>30 9:30 Movement & Stretch (AR) 10:15 Men's Club (CK) 10:15 Book Club w/ Amy (2SR) 11:30 March Resident Birthday Lunch (AR) 2:00 Bingo (AR) 3:00 Think More-Kelly (CK) 3:00 Think More-Amy (AR) 4:00 Happy Hour (CK) 6:00 Movie and Wii Bowling</p>	<p>31 9:15 Get Moving Friday (AR) 10:00 Devotional with Rick (AR) 1:30 Friday Movie (T) "A Kind of Murder" (Hulu) 2:00 Rick Applegate Singing (AR) 2:00 Men's Billiards (3BR) 3:00 Coffee & Conversation (CK) 6:00 Jeopardy (AR)</p>	<p>419 East Main Street Hendersonville, TN 37075</p> <p>(615) 264-0779</p> <p>www.thehearthendersonville.com</p> <p>www.facebook.com/theheartathendersonville</p>