

March 2023

THE MONTHLY GAZETTE

*"Winds of March, we welcome you;
There is work for you to do.
Work and play and blow all day;
Blow the Winter wind away."
~ Author Unknown*



Bird of the Month – Robin

Robins are cheerful migratory birds commonly seen throughout most of North America. These lovely songbirds are easily identifiable due to their bright orange breasts, upbeat chirping, and early morning feeding. They love to dig up worms from the grass in the wee hours—making them the quintessential early bird getting the worm. In addition, they also eat insects, seeds, and fruit. Robins live in both urban and rural areas. They are not aggressive with humans but can be quite territorial with other birds. They will fight to the death to



maintain control over their territory. While robins can live well into their teens, they have high mortality in their first year of life, so their average lifespan is only about two years. Robins are very adaptable and are good at finding food and shelter in new locations. In many traditions, the robin symbolizes faith, love, optimism, renewal, and joy.

Special Days

Share a Smile Day
March 1

Holi (Hindu Spring Festival)
March 8

Daylight Saving Time Begins
March 12

St. Patrick's Day
March 17

First Day of Spring
March 20

World Math Day
March 23

Flower – Daffodil



With its bright yellow petals breaking through the melting snow, the daffodil is a sure sign of spring's return. Also known as narcissus or jonquil, the sunny flower represents love, hope, joy, and respect. But when gifting, be sure to present them in a bunch—the gift of a single daffodil is a sign of misfortune. In many cultures, the daffodil symbolizes rebirth and prosperity. Its re-emergence each spring reminds us that great beauty can follow the coldest winter or most difficult struggle.

Birthstone – Aquamarine



The name *aquamarine* comes from Latin, meaning "water of the sea." Aquamarine was the stone of the sea goddesses; sailors carried the stones believing they would ensure safe travels. Aquamarine exists in many shades, from pale to deep blue. Some are tinged with green. The gem owes its color to the presence of iron and belongs to the same family of stones as the emerald. Much of the world's supply comes from Brazil, in particular the vivid blue variety called Santa Maria. They are also found in Siberia, Myanmar, and parts of the U.S.

Birthday Critters

Monkey (March 1–8)

You embrace having a fast-paced lifestyle, and even the slightest bit of downtime drives you crazy. Always upbeat and fun, your personality wins people over every time. You're also known as a loyal and loving friend.

Lion (March 9–15)

With your fierce but peaceful spirit, you feel most at home when you are outside enjoying the wonders of nature. You are a born leader, and your candor and gentleness help you earn others' trust.

Mouse (March 16–23)

Your good sense of humor and mischievous nature help you keep everyone laughing. You are a very social person who loves being the center of attention. You also enjoy cooking, gardening, and entertaining.

Cat (March 24–31)

Though you enjoy the company of others, sometimes you just need a little quiet time for yourself. You are curious by nature and love learning new things. You're also crafty and can fix just about anything.



Spring in Scotland

You've heard that March "comes in like a lion and goes out like a lamb," but in Scotland, they say "March comes in with adders' heads and goes out with peacocks' tails." An adder is a venomous snake native to Scotland.

March Zodiac

Pisces (The Fish)
March 1–20

Aries (The Ram)
March 21–31

March is the third month of the year in the Julian and Gregorian calendars. However, March used to be the first month, until January and February were added to the calendar around 700 BC. That's why many cultures and religions still celebrate the new year in March. In Finnish, March is called *maaliskuu*, which means "earthy month." The Ukrainian word for March translates to "birch tree," which is one of the first trees to bud in the spring.

Have a PB&J

If you like peanut butter, plan on celebrating the popular, salty, creamy spread on March 1, which is National Peanut Butter Lover's Day. Get out a jar of your favorite nut butter and make a peanut butter treat, like a peanut butter and jelly sandwich. If you're like most Americans, you'll eat almost 3,000 of these yummy sandwiches over the course of your lifetime.

What's Lucky in March?

Lucky Color: Green
Lucky Animal: Cat
Lucky Letters: C and J
Lucky Day: Tuesday
Lucky Plant: Birch tree



March Birthdays

Ron Howard (actor/director) – March 1, 1954
Catherine O'Hara (actress) – March 4, 1954
Lou Costello (comedian) – March 6, 1906
Lynn Redgrave (actress) – March 8, 1943
Liza Minelli (entertainer) – March 12, 1946
Jerry Lewis (comedian) – March 16, 1926
Glenn Close (actress) – March 19, 1947
Ozzie Nelson (actor) – March 20, 1906
Fred Rogers (TV personality) – March 20, 1928
Fannie Farmer (chef) – March 23, 1857
Diana Ross (singer) – March 26, 1944
Reba McEntire (country singer) – March 28, 1955
Vincent van Gogh (artist) – March 30, 1853