



Resident Birthdays

Robert Taller.....	03/03
James Simmons.....	03/05
Jeanne Hambly.....	03/14
Kathy Anderson.....	03/15
Doris "Dode" Eastman.....	03/15
Diana Myers.....	03/19
Maizie Mays.....	03/20
Leslie Shotwell.....	03/20
Kristin Ihrig.....	03/23
Nick Janssen.....	03/23
Colleen Ambauen.....	03/27
Joanne Stevenson.....	03/28
Carol Barrow.....	03/29
Kirk Johnson.....	03/31

Team Member Birthdays

Idrissa Diop.....	03/01	Med Tech
Patrick Sloan.....	03/03	Cook
Ronaldo Tagle.....	03/04	Cook
Dwi Parkinson.....	03/16	Tribute LE
Hayley Doerscher.....	03/07	Dining
Tracy Welling.....	03/18	HR Assistant
Radha Khadka.....	03/21	Med Tech
Fatou Bojang.....	03/23	Kitchen Assistnt
Sabriena Mathews.....	03/23	Reception
Dayana Morfin.....	03/24	Reception
Gladys Ramolete.....	03/25	Res. Care Manager
Tizita Woldehawariat.....	03/25	Lead Server
Nadine Ince.....	03/26	Med Tech
Antonia Zamora.....	03/26	Med Tech



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MARCH 2023
The Covey Connection

Dear Residents,

I love seeing the events coming back and everyone having a wonderful time. I had to share the pictures below, I hope they make you smile as much as they made me. We will be making some staffing changes that I want to make sure you are aware of. Candace Hartzell as been running our Life Engagement Department for 9 years this year. I am pleased to announce she will be moving into the HR Manager role, where she can now enjoy working with our team members more closely. Candace has done a wonderful job and we are excited to see her embrace a new adventure. Bea Souvannarath, has been working our Front Desk for the last few years and excels in Customer Service. She will be moving into our Customer Experience Manager role. I am thankful we can offer our long-term, internal staff growth opportunities. We are working on hiring for Candace and Bea's replacements and will let you know as soon as their replacements are confirmed.

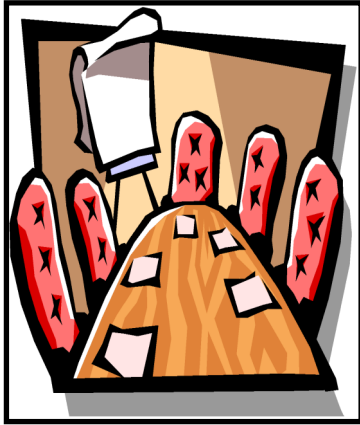
I am looking forward to a wonderful 2023 with each of you.

Sincerely,

Michelle Longwill
Executive Director



Two Messages from Kay Dichter, Resident Council Chair (425) 879-4288



*The time is approaching when **the Resident Council puts together a slate of officers and liaisons** for the general election at our June All Residents Meeting. All residents will vote after the slate is presented and the nominations from the floor are taken. Serving on Resident Council is interesting and rewarding. Please think about serving for a 2 year term.

The following positions will be voted on this June: Council Chair, Vice Chair, Recorder, and Treasurer and Liaisons. Chairs of Committees are elected by Committee members.

Interested in being nominated? Please let me know. I will pass on the information to the Council Members when we prepare the slate of candidates, or you may choose to be nominated at the June Meeting.

Serving on the council ensures the continuation of the partnership between Residents and Administration working together for the benefit of all residents. If you are interested in a position, I can provide the duties that come along with the different positions.

Please let me know if you would be interested in serving.

* **The Hospitality Committee is in need of a Chair.** Chairs of committees develop an agenda, lead the meeting, and approve minutes for distribution. Chairmanship comes along with a seat and vote on Resident Council. The chair is responsible for giving reports at Council Meetings and All Resident Meetings. Resident Council Meetings are held once a month, All Resident Meetings are every two months. Chairing Hospitality is a wonderful way of meeting new people, learning the inner workings of Council, and promoting the partnership between residents and Administration! Please consider being part of our mission to promote excellence and cooperation with the Quail Park Administration.

Feel free to contact me with any questions

Somebody I Use to Know – On a trip to her hometown, workaholic Ally reminisces with her ex Sean and starts to question the person she's become.

Leap Year – A chance encounter with an Irish innkeeper upends an American woman's trip to Dublin to propose to her boyfriend on February 29.

The Quiet Man – A retired boxer returns to the village of his birth in 1920s Ireland, & he falls for a redhead whose brother is contemptuous of their union.

All Quiet on the Western Front – A group of idealistic young men join the German Army during World War I are sent to the Western Front.

White House Down – While on a tour of the White House a police officer springs into action to save his child and the president from armed invaders.

And So It Goes – A self-absorbed realtor is suddenly left in charge of the granddaughter he never knew existed until his son drops her off at his home.

Whiskey Tango Foxtrot – A reporter takes an assignment in Afghanistan and discovers her true strength as she risks it all to find the next big story.

Griffin & Phoenix – A funny love story about two people who face an insurmountable obstacle that stands between them and a last chance at love.

The Hero – An aging actor confronts mortality in "The Hero," a beautifully poignant celebration of life and the legacies we leave behind.

The Kings Speech – A speech therapist helps King George VI overcome his stammer.

The Secret Dare to Dream - This uplifting story follows a young widow and a mysterious man who helps her and her family transform their lives.

Wild Oats – A widow receives a life insurance check accidentally made out for \$5,000,000 instead of the expected \$50,000.

Thirteen Lives – A true story a team of world-class divers who navigate through miles of dangerous cave networks to save a Thai soccer team.

Stepmom – A photographer tries to earn the love of her fiancé's children but cannot overcome their mother's disdain... until a diagnosis changes everything.

Les Miserables – The musical version of Victor Hugo's epic tale of love and sacrifice, now receives the big-screen treatment.

Parenthood - Gil Buckman and his family navigate the highs and lows of raising kids and realize they've got some growing up to do along the way.

MARCH MOVIES

Your Place or Mine – Two best friends change each other's lives when she pursues a lifelong dream and he volunteers to watch her teenage son.

You People – A new couple find themselves examining family dynamics amidst clashing cultures, societal expectations and generational differences.

Daddy's Little Girls – A father loses custody of his daughters & enlists the help of an attorney who challenges his expectations — and his heart.

Founder – After meeting the McDonald brothers, struggling salesman Ray Kroc becomes driven to change the way hamburgers are made and sold.

Still Alice - A linguistics professor and her family find their bonds tested when she is diagnosed with Alzheimer's Disease.

Dog Gone – When his dog goes missing, a young man & his parents embark on an incredible search to find him and give him life-saving medication.

Rebecca – A newlywed moves to her husband's imposing estate & must contend with his sinister housekeeper and the haunting shadow of his late wife.

The 2 Popes – At a key turning point for the Catholic Church, Pope Benedict XVI forms a surprising friendship with the future Pope Francis.

The Butler – The life of a White House butler who worked for eight presidents unfolds against a backdrop of unparalleled change in American history.

King Kong – In an epic remake, a movie director and his crew journey to remote Skull Island, where his leading lady catches the eye of a giant ape.

Uncharted – A street-smart treasure hunter and his renegade mentor set out on a dangerous adventure across the globe to find Magellan's lost gold.

La La Land – While navigating their careers in Los Angeles, a pianist and an actress fall in love while attempting to reconcile their aspirations for the future.

True Spirit – An Australian teen chases her dreams and faces her fears as she sets out to become the youngest person to sail solo around the world.

The Aviator – Eccentric mogul Howard Hughes plunges headlong into fame, aviation and more as his whirlwind career evolves into a tormented journey.

Shotgun Wedding – A destination wedding takes on a new meaning of "!'Til Death Do Us Part" when the entire party is taken hostage.

ACTIVITY HIGHLIGHTS FOR MARCH

Starting in March, we will begin playing Trivial Pursuit type board games on Saturday evenings at 7 p.m.

We have several different types of trivia games: Original Trivial Pursuit, Americana Trivia, and Brain Games. So, if you're looking for a weekend evening fun time activity, come and be part of this new activity! It's a fun way to get to know residents, learn a few facts, and have a good time in a relaxed atmosphere. You needn't be a trivia expert,

Our Saturday afternoon Trivia at 1 p.m. has grown the last few months, so we will move the location to the Ballroom to accommodate even more residents.

Contact Kay Dichter or Paul Lang with any questions about the evening games or Trivia. We look forward to seeing you there! March 8th is recognized all over the world as

* On March 2nd, Dr. Seuss would be 119 years old. We will celebrate at a BIRTHDAY PARTY for DR. SUESS in the ballroom.



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INTERNATIONAL WOMEN'S DAY (IWD.)

* The 2023 theme for International Women's Day is: **DigitAll: Innovation and technology for gender equality.** The focus is working to ensure women have access to technology education and job equity.

* **The color for IWD this year is purple.** Quail Park will celebrate the day with another **HERSTORY**. It would be fun if we all wore something **PURPLE**.

In August 2021 *Sunset Magazine* called **Snow Goose Produce** “The Farmstand of All Farmstands. From Dungeness crab to Walla Walla onions, this Washington farmstand has all the fresh produce and ice cream you need when traveling in or out of Seattle.” **It is the ice cream cones that takes QP there. Cash is needed to purchase an ice cream.**



Celebrating **St. Patrick's Day** starts on the 13th with a visit to **JJ Mahoney's Irish Pub** with craft beer and an authentic Irish menu. And on the 17th, come to the Bistro for the Luck of the Irish happy hour with a performance by **Bonnie Birch** playing Irish music on her accordion.

Comedy and Magic with Jonathan Dichter return to QP on the 18th with his unique blend of magic, mentalism, and laughter.

Rosehill Community offers another **Free Concert**. On Sunday, the 19th The Mukilteo Community Orchestra will present:

Ludwig van Beethoven — Overture to Egmont, Op. 84

Samuel Coleridge-Taylor — Petite Suite de Concert, Op. 77

Jean Sibelius — Vårsång ("Spring Song"), Op. 16

Camille Saint-Saëns — Marche Héroïque, Op. 34

Four Thursdays in March, two lectures will continue to be shown through videos by **The Great Courses** which delivers high quality academically focused lectures taught by first class professors and experts. Held at 2:00 in the Ballroom. February saw attendance increase each week.

Mar. 9: (1) Communications / (2) Immigrants Dreams & Struggles

Mar.16: (1) User Friendly Technology / (2) Extinction & Conservation

Mar. 23: (1) Kitty Hawk to Tranquility / (2) Cold War

Mar. 30: (1) National Tragedy / (2) For the Greater Good

.....**New Books in the Quail Park Library**

MEMPHIS by Tara M. Stringfellow

Summer 1995: Ten year old Joan, her mother, and her younger sister flee her father's explosive temper and seek refuge at her mother's ancestral home in Memphis. This is not the first time violence has altered their lives. Half a century earlier, Joan's grandfather built this majestic house in the black Neighborhood of Douglas — one to be lynched days after becoming the first Black detective in the city. Joan tries to settle into a new life, but the family secrets cast a longer shadow than any of them expected.

THE DAY THE WORLD CAME TO TOWN, by Jim Deede

When 38 jetliners bound for the United States were forced to land at Gander International Airport in Canada by the closing of the U.S. airspace on 9/11, the population of this small town on Newfoundland Island swelled from 10,300 to nearly 17,000. The citizens of Gander met the stranded passengers with an overwhelming display of friendship and goodwill.

..... **A Note From the BG&S Committee**

As we move closer to Spring, I would like to remind all residents that the **Quail Park Garden Club** is part of the BG&S Committee, and will soon be preparing to revitalize the 28 large flowerpots located near our entrances and in the courtyards. Based on the current condition of each pot, resident members of the Garden Club will be adding new flowers/plants as needed and then taking care of the pots by regular watering as needed until next fall. The Quail Park Bus will be scheduled to take Garden Club members to a local nursery and pay for the plants. If you are interested in becoming part of the Garden Club, please contact Nancy Utter at 425-361-2177. Karsten Overa, Chair...

..... **Coming in April — Save The Date**

Casino Night will return on Wednesday, April 26th, 6-8pm.