

**M
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1
9:15 Walking
Club

Bagels and Coffee
on the Patio
10:15 – 11:30 AM

2
Kayaking 9:30
Riverbend
Park
10 AM CHAIR
Aerobics
Mah Jong
1-4 PM

3
Resident off
site Breakfast
Met UP 9 AM

Resident Off
site Golf

Canasta
1-4 PM

4
11 AM
Pool Aerobics

6
11 AM
Pool
Aerobics

Canasta
1-4 PM

7
Chair
Exercises
11 AM
Mah Jong
1-4 PM

8
9:15 Walking
Club

Bagels and Coffee
on the Patio
10:15 – 11:30 AM

MARCH
Birthday
celebration for
Residents Born
in March
2 PM to 3 PM
Cake and coffee

9
Kayaking 9:30
Riverbend
Park
10 AM CHAIR
Aerobics
Mah Jong
1-4 PM
Resident Get
together
5 PM
BYOB/Snack

10
Resident off
site Breakfast
Met UP 9 AM

Resident Off
site Golf

Canasta
1-4 PM

FRESH
Produce
2-4 PM in
Mangrove
Bay Parking
Lot

11
11 AM
Pool Aerobics

13
11 AM
Pool
Aerobics
Canasta
1-4 PM
4-6 PM
Food
Truck
and live
music

14
Chair
Exercises
11 AM
Mah Jong
1-4 PM

15
9:15 Walking
Club

Bagels and Coffee
on the Patio
10:15 – 11:30 AM
Jason Health
Seminars
Continues
11 AM

16
Kayaking 9:30
Riverbend Park
10 AM CHAIR
Aerobics
Mah Jong
1-4 PM

17
Resident off
site Breakfast
Met UP 9 AM

Resident Off
site Golf

Canasta
1-4 PM

18
11 AM
Pool Aerobics

20
11 AM
Pool
Aerobics

Canasta
1-4 PM

21
Chair
Exercises
11 AM
Mah Jong
1-4 PM

22
9:15 Walking
Club

Bagels and Coffee
on the Patio
10:15 – 11:30 AM

23
Kayaking 9:30
Riverbend Park
10 AM CHAIR
Aerobics
Resident
get together
5 PM
BYOB/Snack

24
Resident off
site Breakfast
Met UP 9 AM

Resident Off
site Golf
Canasta
1-4 PM

25
11 AM
Pool Aerobics

27
11 AM
Pool
Aerobics
Canasta
1-4 PM

28
Chair
Exercises
11 AM
Mah Jong
1-4 PM

29
9:15 Walking
Club

Bagels and Coffee
on the Patio
10:15 – 11:30 AM

30
Kayaking 9:30
Riverbend Park
10 AM CHAIR
Aerobics

31 Resident off
site Breakfast
Met UP 9 AM
Resident Off
site Golf
Canasta
1-4 PM

