

Sunday

Monday

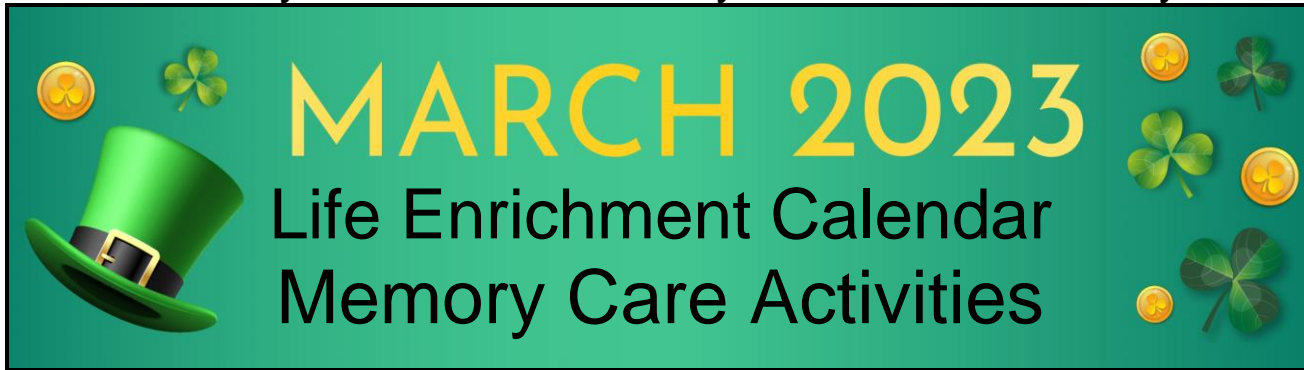
Tuesday

Wednesday

Thursday

Friday

Saturday



MARCH 2023

Life Enrichment Calendar Memory Care Activities

1
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Sail Fitness
 11:00a Brain Games
 12:30p Classic TV & One On One
 1:00p Afternoon Stretch TV room
 2:00p Armchair Travel
 3:00p Scenic Bus Ride
 6:15p Evening Movie

2
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Gentle Fitness Fun
 11:00a Brain Games:
 12:30p Classic TV & One on One
 1:00p Crafts in Dining Room
 2:00p Movie & Molly
 3:00p Social Hour with Coloring
 6:15p TV Time

3
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Funny Friday Jokes
 12:30p Classic TV/ One on One
 1:00p Afternoon Fitness
 2:00p Armchair Travels
 3:00p Social Hour with Games
 6:15p Movie Night

4
 9:00a Morning Greet & Headlines
 9:30a Sensory Station
 10:30a Morning Fitness
 11:00a Brain Games
 1:00p One on Ones
 2:00p Movie choice
 3:00p Scenic Bus tour
 6:15p Evening Movie

5
 9:00a Morning Greet & Headlines
 9:30a Church and Hymns
 11:00a Morning Fitness
 12:30p Classic TV/ One on One
 1:00p Sunday Sports or Musical
 2:30p Sing Along
 3:00p Brain Games
 4:00p One on One
 6:15p Movie Night

6
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Brain Games
 12:30p Classic TV &One on One
 1:00p Sit and Fit (EVG Room)
 2:00p Craft Hour
 3:00p Social Hour Balloon Bop
 4:00p One on One
 6:15p Movie Night
 Purim Begins

7
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a Gentle Fitness Fun
 11:00a Brain Games (Charades)
 12:30p Classic TV &One on One
 1:00p Afternoon Fitness
 1:35p Molly and Friends
 2:00p Sing Along
 3:00p Social Hour with word games
 6:15p TV Time

8
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Sail Fitness
 11:00a Brain Games
 12:30p Classic TV & One On One
 1:00p Afternoon Stretch TV room
 2:00p Armchair Travel
 3:00p Scenic Bus Ride
 6:15p Evening Movie

9
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Gentle Fitness Fun
 11:00a Brain Games:
 12:30p Classic TV & One on One
 1:00p Crafts in Dining Room
 2:00p Movie & Molly
 3:00p Social Hour with Coloring
 6:15p TV Time

10
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Funny Friday Jokes
 12:30p Classic TV/ One on One
 1:00p Afternoon Fitness
 2:00p Armchair Travels
 3:30p **WINE SOCIAL & MUSIC LOBBY**
 6:15p Movie Night

11
 9:00a Morning Greet & Headlines
 9:30a Sensory Station
 10:30a Morning Fitness
 11:00a Brain Games
 1:00p One on Ones
 2:00p Movie choice
 3:00p Scenic Bus tour
 6:15p Evening Movie

12
 9:00a Morning Greet & Headlines
 9:30a Church and Hymns
 11:00a Morning Fitness
 12:30p Classic TV/ One on One
 1:00p Sunday Sports or Musical
 2:30p Sing Along
 3:00p Brain Games
 4:00p One on One
 6:15p Movie Night
 Daylight Saving Time Begins

13
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Brain Games
 12:30p Classic TV &One on One
 1:00p Sit and Fit (EVG Room)
 2:00p Craft Hour
 3:00p Social Hour Balloon Bop
 4:00p One on One
 6:15p Movie Night

14
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a Gentle Fitness Fun
 11:00a Brain Games (Charades)
 12:30p Classic TV &One on One
 1:00p Afternoon Fitness
 1:35p Molly and Friends
 2:00p Sing Along
 3:00p Social Hour with word games
 6:15p TV Time

15
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Sail Fitness
 11:00a Brain Games
 12:30p Classic TV & One On One
 1:00p Afternoon Stretch TV room
 2:00p Armchair Travel
 3:00p Scenic Bus Ride
 6:15p Evening Movie

16
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a "Mouse The Pig"
 11:00a Brain Games:
 12:30p Classic TV & One on One
 1:00p Sit and Fit (EVG Room)
 2:00p Movie & Molly
 3:00p Social Hour with Coloring
 6:15p TV Time

17
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Funny Friday Jokes
 12:30p Classic TV/ One on One
 1:00p Afternoon Fitness
 2:00p Armchair Travels
 3:00p **Ray Conn Singing St. Paddy's Day Wine Social**
 6:15p Movie Night
 St. Patrick's Day

18
 9:00a Morning Greet & Headlines
 9:30a Sensory Station
 10:30a Morning Fitness
 11:00a Brain Games
 1:00p One on Ones
 2:00p Movie choice
 3:00p Scenic Bus tour
 6:15p Evening Movie

19
 9:00a Morning Greet & Headlines
 9:30a Church and Hymns
 11:00a Morning Fitness
 12:30p Classic TV/ One on One
 1:00p Sunday Sports or Musical
 2:30p Sing Along
 3:00p Brain Games
 4:00p One on One
 6:15p Movie Night

20
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Brain Games
 12:30p Classic TV &One on One
 1:00p Sit and Fit (EVG Room)
 2:00p **Songbirds in EVG RM**
 3:00p Social Hour Balloon Bop
 4:00p One on One
 6:15p Movie Night
 Spring Begins

21
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a **Doug Deems Music**
 11:00a Brain Games (Charades)
 12:30p Classic TV &One on One
 1:00p Afternoon Fitness
 1:35p Molly and Friends
 2:00p Sing Along
 3:00p Social Hour with word games
 6:15p TV Time

22
 9:00a Morning Greet & Headlines
 10:00a **Harpist - Cheryl Z Music**
 11:00a Brain Games
 12:30p Classic TV & One On One
 1:00p Afternoon Fitness tv room
 2:00p Armchair Travel
 3:00p Scenic Bus Ride
 6:15p Evening Movie
 Ramadan Begins

23
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Gentle Fitness Fun
 11:00a Brain Games:
 12:30p Classic TV & One on One
 1:00p Crafts in Dining Room
 2:00p Movie & Molly
 3:00p Social Hour with Coloring
 6:15p TV Time

24
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Funny Friday Jokes
 12:30p Classic TV/ One on One
 1:00p Afternoon Fitness
 2:00p Armchair Travels
 3:00p Social Hour with Games
 6:15p Movie Night

25
 9:00a Morning Greet & Headlines
 9:30a Sensory Station
 10:30a Morning Fitness
 11:00a Brain Games
 1:00p One on Ones
 2:00p Movie choice
 3:00p Scenic Bus tour
 6:15p Evening Movie

26
 9:00a Morning Greet & Headlines
 9:30a Church and Hymns
 11:00a Morning Fitness
 12:30p Classic TV/ One on One
 1:00p Sunday Sports or Musical
 2:30p Sing Along
 3:00p Brain Games
 4:00p One on One
 6:15p Movie Night

27
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Brain Games
 12:30p Classic TV &One on One
 1:00p Sit and Fit (EVG Room)
 2:00p **Songbirds in EVG RM**
 3:00p Social Hour Balloon Bop
 4:00p One on One
 6:15p Movie Night

28
 9:00a Morning Greet/Headlines
 10:00a One on One
 10:30a Gentle Fitness Fun
 11:00a Brain Games (Charades)
 12:30p Classic TV &One on One
 1:00p Afternoon Fitness
 1:35p Molly and Friends
 2:00p Sing Along
 3:00p Social Hour with word games
 6:15p TV Time

29
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Sail Fitness
 11:00a Brain Games
 12:30p Classic TV & One On One
 1:00p Afternoon Stretch TV room
 2:00p Armchair Travel
 3:00p Scenic Bus Ride
 6:15p Evening Movie

30
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Gentle Fitness Fun
 11:00a Brain Games:
 12:30p Classic TV & One on One
 1:00p Sit and Fit (EVG Room)
 2:00p **David R Music**
 3:00p Social Hour with Coloring
 6:15p TV Time

31
 9:00a Morning Greet & Headlines
 10:00a One on One
 10:30a Morning Fitness
 11:00a Funny Friday Jokes
 12:30p Classic TV/ One on One
 1:00p Afternoon Fitness
 2:00p Armchair Travels
 3:00p Social Hour with Games
 6:15p Movie Night



Patriots Landing Retirement Community