

WHAT IS A CERTIFIED NURSING ASSISTANT?

We offer free CNA classes to our employees. Visit 'Careers' on our website or call us for more information.



A Certified Nursing Assistant (CNA) is an essential part of a healthcare team, providing care and assistance to patients & senior residents, and helping them stay safe and comfortable so they can enjoy the highest quality of life.

In New Mexico, prospective CNAs must pass a class and take a state test to become certified. Each state has specific education and testing requirements.

DUTIES OF A CNA

- Take & record vital signs
- Answer patient call lights and handle requests
- Assist with ambulation, turning, repositioning
- Communicate patient information with team members
- Observe patients and reporting to nurses
- Document patient status & information
- Help with activities and outings
- Keep patient rooms clean
- Assist nursing staff with medical procedures
- Assist with ADLs (activities of daily living): bathing, hygiene, dressing, eating, toileting, etc.
- Know emergency procedures and safety policies

BENEFITS OF BEING A CNA

- CNAs are an important part of a healthcare team.
- A degree is not required.
- Quick jumpstart to a successful healthcare career
- CNAs can work in many healthcare environments: nursing home, hospital, assisted living, hospice, home health, clinics, etc.
- Job fulfillment working directly with patients & residents
- CNAs are in demand with exponential job growth expected.
- Good income potential: \$28,000 - \$40,000/yr plus benefits

WHAT YOU'LL LEARN IN CNA CLASS

- Anatomy & physiology
- Nutrition
- Infection control
- Vital signs & measurements
- Communication & teamwork
- Personal care & ADLs (activities of daily living)
- Protecting patient/resident confidentiality
- Mental health
- Cultural diversity
- Patient/resident rights

