






February 2023

Golden Pond Senior Living (AL/IL)

ANY CHANGES TO THE CALENDAR WILL BE POSTED ON THE DAILY WHAT'S HAPPENING (Located at the Front Desk, Elevators & Other)

Please check daily.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:30 Exercise, <i>ER</i> 10:00 Food Committee Mtg w/Chef, <i>B</i> 11:00 Spiritual Journey Con., <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:00 Painting w/Ann Marie, <i>SR</i> 3:00 Beachball Volleyball, <i>PAR</i> 6:15 Movie Time, <i>TR</i></p>	<p>2</p> <p>9:30 Exercise, <i>ER</i> 10:30 Forget Me Not, <i>SR</i> Memory Loss Sup Grp, <i>TR</i> 1:00 Bible Study, <i>LIB</i> 1:00 Meditation, <i>TR</i> 2:00 Anagrams, <i>TR</i> 2:00 Happy Hour, <i>LP</i> 6:15 Movie Time, <i>TR</i> 6:30 Kitchen All Staff Mtg, <i>DR</i></p>	<p>3</p> <p>9:30 Exercise, <i>ER</i> 10:00 Calendar Review, <i>PAR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:00 Cocktail Hour w/Emby, <i>PAR</i> 3:15 Bingo, <i>BH</i> 6:00 Puzzles, <i>LIB</i></p>	<p>4</p> <p>9:00 Puzzles, <i>PAR</i> 9:00 Veteran's Coffee & Conversation, <i>B</i> 10:30 Readers Club, <i>LIB</i> 1:00 Cribbage, <i>PAR</i> 3:00 LCR Dice Game, <i>PAR</i> 4:00 Walking Challenge, <i>GAZ</i></p>
<p>5</p> <p>8:15 Raleys/ 99 Cent Store, <i>FL</i> 10:00 Football in the Pub, <i>LP</i> 10:15 Donuts & Conversation, <i>B</i> 10:45 Mexican Train, <i>PAR</i> 1:30 Church Service, <i>TR</i> 3:00 Hangman, <i>PAR</i> 4:00 Walking Challenge, <i>GAZ</i></p>	<p>6</p> <p>9:30 Exercise, <i>ER</i> 10:00 Crossword Time, <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:15 Brain Games, <i>TR</i> 3:15 Bingo, <i>BH</i> 4:30 Walking Challenge, <i>GAZ</i></p>	<p>7</p> <p>9:30 Exercise, <i>ER</i> 10:30 Nail Care, <i>PAR</i> 1:00 Meditation, <i>TR</i> 1:30 Happy Hour w/Skip, <i>LP</i> 3:15 LCR Dice Game, <i>PAR</i> 6:15 Movie Time, <i>TR</i></p>	<p>8</p> <p>10:00 Resident Council, <i>LIB</i> 11:00 Spiritual Journey Con., <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:00 Painting w/Ann Marie, <i>SR</i> 3:00 Wii Bowling, <i>LP</i> 4:30 Caregiver Support Group, <i>TR</i> 6:15 Movie Time, <i>TR</i></p>	<p>9</p> <p>9:30 Exercise, <i>ER</i> 10:30 Forget Me Not, <i>SR</i> Memory Loss Sup Grp, <i>TR</i> 1:00 Bible Study, <i>LIB</i> 1:00 Meditation, <i>TR</i> 2:00 Anagrams, <i>TR</i> 2:00 Happy Hour, <i>LP</i> 6:15 Movie Time, <i>TR</i></p>	<p>10</p> <p>9:30 Exercise, <i>ER</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:00 Cocktail Hour w/Vanessa, <i>PAR</i> 3:15 Bingo, <i>BH</i> 6:00 Puzzles, <i>LIB</i> 6:00 Wii Bowling, <i>TR</i></p>	<p>11</p> <p>9:00 Puzzles, <i>PAR</i> 9:00 Veteran's Coffee & Conversation, <i>B</i> 10:00 LCR Dice Game, <i>PAR</i> 1:00 Cribbage, <i>PAR</i> 3:00 LCR Dice Game, <i>PAR</i> 4:30 Walking Challenge, <i>GAZ</i></p>
<p>12</p> <p>10:00 Football in the Pub, <i>LP</i> 10:15 Donuts/Conversation, <i>B</i> 10:45 Mexican Train, <i>PAR</i> 1:30 Church Service, <i>TR</i> 3:00 Super Bowl Party, <i>LP</i> 4:30 Walking Challenge, <i>GAZ</i></p>	<p>13</p> <p>9:15 Car Museum/Lunch, <i>FL</i> 10:00 Crossword Time, <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:15 Brain Games, <i>TR</i> 3:15 Bingo, <i>BH</i> 4:30 Walking Challenge, <i>GAZ</i></p>	<p>14</p> <p>HAPPY VALENTINE'S DAY 9:30 Exercise, <i>ER</i> 1:00 Meditation, <i>TR</i> 1:00 Book Mobile, <i>FL</i> 2:00 Anagrams, <i>TR</i> 2:00 Happy Hour, <i>LP</i> 3:15 LCR Dice Game, <i>PAR</i> 6:15 Movie Time, <i>TR</i></p>	<p>15</p> <p>9:30 Exercise, <i>ER</i> 10:00 Craft Time, <i>PAR</i> 11:00 Spiritual Journey Con., <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 1:30 Painting w/Ann Marie, <i>SR</i> 3:00 Drum Circle, <i>PAR</i> 6:15 Movie Time, <i>TR</i></p>	<p>16</p> <p>9:30 Exercise, <i>ER</i> 10:30 Forget Me Not, <i>SR</i> Memory Loss Sup Grp, <i>TR</i> 1:00 Bible Study, <i>LIB</i> 1:00 Meditation, <i>TR</i> 2:00 Anagrams, <i>TR</i> 2:00 Happy Hour, <i>LP</i> 6:15 Movie Time, <i>TR</i></p>	<p>17</p> <p>9:30 Exercise, <i>ER</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:00 Cocktail Hour w/Ciprian, <i>PAR</i> 3:15 Bingo, <i>BH</i> 6:00 Puzzles, <i>LIB</i> 6:00 Wii Bowling, <i>TR</i></p>	<p>18</p> <p>9:00 Puzzles, <i>PAR</i> 9:00 Veteran's Coffee & Conversation, <i>B</i> 10:30 Readers Club w/Special Guest, <i>LIB</i> 1:00 Cribbage, <i>PAR</i> 3:00 LCR Dice Game, <i>PAR</i> 4:30 Walking Challenge, <i>GAZ</i></p>
<p>19</p> <p>8:15 WINCO, <i>FL</i> 10:00 Football in the Pub, <i>LP</i> 10:15 Donuts/Conversation, <i>B</i> 10:45 Mexican Train, <i>PAR</i> 1:30 Church Service, <i>TR</i> 3:00 Hangman, <i>PAR</i> 4:30 Walking Challenge, <i>GAZ</i></p>	<p>20</p> <p>9:00 Wide Open Walls/Lunch, <i>FL</i> 10:00 Crossword Time, <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:15 Brain Games, <i>TR</i> 3:15 Bingo, <i>BH</i> 4:30 Walking Challenge, <i>GAZ</i></p>	<p>21</p> <p>HAPPY MARDI GRAS 9:30 Exercise, <i>ER</i> 10:30 Nail Care, <i>PAR</i> 1:00 Meditation, <i>TR</i> 1:30 Happy Hour w/Richard, <i>LP</i> 3:15 LCR Dice Game, <i>PAR</i> 6:15 Movie Time, <i>TR</i></p>	<p>22</p> <p>9:30 Exercise, <i>ER</i> 10:00 Resident Council, <i>LIB</i> 11:00 Spiritual Journey Con., <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:00 Painting w/Ann Marie, <i>SR</i> 3:00 Wii Bowling, <i>LP</i> 4:30 Caregiver Support Group, <i>TR</i> 6:15 Movie Time, <i>TR</i></p>	<p>23</p> <p>9:30 Exercise, <i>ER</i> 10:30 Forget Me Not, <i>SR</i> Memory Loss Sup Grp, <i>TR</i> 1:00 Bible Study, <i>LIB</i> 1:00 Meditation, <i>TR</i> 2:00 Anagrams, <i>TR</i> 2:00 Happy Hour, <i>LP</i></p>	<p>24</p> <p>9:30 Exercise, <i>ER</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:00 Cocktail Hour w/Mark R, <i>PAR</i> 3:15 Bingo, <i>BH</i> 6:00 Puzzles, <i>LIB</i> 6:00 Wii Bowling, <i>TR</i></p>	<p>25</p> <p>9:00 Puzzles, <i>PAR</i> 9:00 Veteran's Coffee & Conversation, <i>B</i> 10:00 LCR Dice Game, <i>PAR</i> 1:00 Cribbage, <i>PAR</i> 3:00 LCR Dice Game, <i>PAR</i> 4:30 Walking Challenge, <i>GAZ</i></p>
<p>26</p> <p>10:00 Football in the Pub, <i>LP</i> 10:15 Donuts/Conversation, <i>B</i> 10:45 Mexican Train, <i>PAR</i> 1:30 Church Service, <i>TR</i> 3:00 Hangman, <i>PAR</i> 4:30 Walking Challenge, <i>GAZ</i></p>	<p>27</p> <p>8:15 Breakfast Outing, <i>FL</i> 10:00 Crossword Time, <i>TR</i> 1:00 Travel, Nature & Other Things, <i>TR</i> 2:15 Brain Games, <i>TR</i> 3:15 Bingo, <i>BH</i> 4:30 Walking Challenge, <i>GAZ</i></p>	<p>28</p> <p>9:30 Exercise, <i>ER</i> 1:00 Meditation, <i>TR</i> 2:00 Anagrams, <i>TR</i> 2:00 Happy Hour, <i>LP</i> 3:15 LCR Dice Game, <i>PAR</i> 6:15 Movie Time, <i>TR</i></p>	 <p>IT ALL STARTED ON A BUS... DECEMBER 1, 1955 This seat is reserved in honor of ROSA PARKS Her quiet strength made a seat available to everyone.</p>	 <p>I AM A MAN STOP NOW HONOR KING JUSTICE STOP</p>	<p>MEETING PLACES</p> <p><i>ER</i> - Exercise Room <i>B</i> - Bistro <i>TR</i> - Theater Room <i>SR</i> - Sun Room <i>PAR</i> - Performing Arts Room <i>LIB</i> - Library <i>LP</i> - Lucky's Pub <i>DR</i> - Dining Room <i>BH</i> - Bingo Hall</p> <p><i>GAZ</i> - Gazebo <i>FL</i> - Front Lobby</p>	<p>DIMENSIONS OF WELLNESS</p> <p>Physical Spiritual Vocational Intellectual Services Nutritional</p> <p>Emotional Environmental Social Health Purposeful</p>