

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Winding Commons Celebrates 20 Years!

<p>Happy Birthday Marcene 5 1:00pm-Wii Bowling w/Donna-MR</p>	<p>Happy Birthday Carol 6 9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Beanbag Baseball-ER</p>	<p>Happy Birthday Margaret Ann 7 9:00am-Full Body Workout-ER 9:45pm-Alpha One Blood Pressure-L 1:15pm-Theodore Roosevelt: Steam Engine in Trousers Presentation-MR 2:30pm-Indoor Golf-ER 7:00pm-Bingo w/Fred-MR</p>	<p>Happy Birthday Iris 8 9:00am-Weights Workout-ER 9:00am-Chair Massage Therapist-LIB (2nd floor) 1:00pm-Poker Walk-MR 2:30pm-Happy Hour w/Happy Trails Duo-DR 7:00pm-Trivia w/Kay-MR</p>	<p>Happy Birthday Les 10 9:00am-Fitness w/Andre-ER 9:00am Donuts w/Christine-MR 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	<p>Happy Birthday Darrell B 4 1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR 3:30pm-Board Games-MR (Monopoly, Cards, Yahtzee, Mexican Train, Uno)</p>	
<p>1:00pm-Wii Bowling w/Donna-MR</p> <p>3:30pm-Super Bowl Party-MR</p>	<p>9:00am-Tai Chi w/Pati-ER 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Volleyball-ER</p>	<p>9:00am-Full Body Workout-ER 2:30pm-Cornhole-ER</p> <p>4:30-6:30pm Valentine's Day Party-DR</p>	<p>9:00am-Weights Workout-ER 2:30pm-Social Hour (Drinks with Friends Social)-DR 7:00pm-Trivia w/Kay-MR</p>	<p>9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 1:30pm-Teaching Kitchen Food Demo w/Chef Jen-DR 2:30pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>Happy Birthday Mario 17 Happy Birthday Larry 18 1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR 3:30pm-Board Games-MR (Monopoly, Cards, Yahtzee, Mexican Train, Uno)</p>	
<p>1:00pm-Wii Bowling w/Donna-MR</p> <p>3:00pm-Book Chat-LIB (Upstairs 2nd floor)</p>	<p>OFFICE HOLIDAY 20 Happy Birthday Theresa 9:00am-Tai Chi w/Pati-ER 2:00pm-Bridge-MR</p>	<p>9:00am-Full Body Workout-ER 9:45pm-Alpha One Blood Pressure-L 1:00pm-Chef's Chat Q&A w/Chef Jen-MR 2:30pm-Indoor Golf-ER 7:00pm-Bingo w/Fred-MR</p>	<p>Happy Birthday Janelle 22 9:00am-Weights Workout-ER 9:00am-Chair Massage Therapist-LIB (2nd floor) 1:00pm-Poker Walk-MR 2:30pm-Happy Hour w/Songbird Trio-DR 7:00pm-Trivia w/Kay-MR</p>	<p>9:00am-Full Body Exercise-ER 10:00am-Wii Bowling-MR 1:30pm-Craft Class w/Zhanna-PR 2:30pm-Blackjack w/Cliff-GR 3:00pm-A Stitch in Time-MR</p>	<p>9:00am-Fitness w/Andre-ER 1:00pm-Pokeno w/Fred-MR 3:00pm-Resident Wine Social-MR 7:00pm-Bingo w/Fred-MR</p>	
<p>1:00pm-Wii Bowling w/Donna-MR</p>	<p>9:00am-Tai Chi w/Pati-ER 9:00am-National Strawberry Day (Scones in the lobby) 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Volleyball-ER</p>	<p>9:00am-Full Body Workout-ER 1:00pm-Bookmobile (Side entrance parking lot) 2:30pm-Cornhole-ER 7:00pm-Bingo w/Fred-MR</p>	<p style="text-align: center;">February 2023</p> <p style="text-align: center;">Winding Commons Senior Living</p>			<p>1:00pm-Sequence w/Willard-MR 2:00pm-Poker w/Cliff-GR</p>
<p>1:00pm-Wii Bowling w/Donna-MR</p>	<p>9:00am-Tai Chi w/Pati-ER 9:00am-National Strawberry Day (Scones in the lobby) 1:00pm-Word Makers-ER 2:00pm-Bridge-MR 2:30pm-Volleyball-ER</p>	<p>9:00am-Full Body Workout-ER 1:00pm-Bookmobile (Side entrance parking lot) 2:30pm-Cornhole-ER 7:00pm-Bingo w/Fred-MR</p>				