


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

			<p>1 9:30 Group Workout 10:15 Bible Study 10:30 Reminiscing Group 1:30 BINGO! 2:45 Ice Cream Social 3:45 Trivia Challenge</p>	<p>2 9:30 Exercise with Legacy 10:15 Today in History 10:30 Gamer Groups 1:30 BINGO! 3:00 Lifelong Learning: History of the Postal Service <small>Groundhog Day</small></p>	<p>3 9:30 Chair Exercises 10:15 Short Story Club 10:15 Games w/ Friends 1:30 BINGO! 2:45 Happy Hour with Geri Blount</p>	<p>4 9:30 Stretch and Tone 10:15 Board Games/Cards 1:30 BINGO! 2:45 Popcorn Social 3:00 Saturday Movie</p>
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5
10:00 Church Service with Pastor Revell
2:00 Sunday Cinema


6
9:30 Morning Exercise
10:15 Weekly Horoscopes
10:30 Games/ Dominoes
1:00 Daily Chronicles
1:30 BINGO!
3:00 Lima Bean Auction

7
9:30 Fun Fitness
10:00 Catholic Communion
10:15 **10-Pin Bowling**
1:30 BINGO!
2:45 Snack & Movie
3:00 **Pretty Nails Salon**

8
9:30 Group Workout
10:15 Bible Study
10:30 Reminiscing Group
1:30 BINGO!
2:45 Ice Cream Social
3:45 Trivia Challenge

9
9:30 Exercise with Legacy
10:15 Today in History
10:30 Gamer Groups
1:30 BINGO!
3:00 Scrabble Showdown!

10
9:30 Chair Exercises
10:15 Short Story Club
10:15 Games w/ Friends
1:30 BINGO!
2:45 Happy Hour with Andrew & Terri Dean

11
9:30 Stretch and Tone
10:15 Board Games/Cards
1:30 BINGO!
2:45 Snack Social
3:00 Saturday Movie

12
10:00 Church Service with Pastor Revell
2:00 Sunday Cinema


13
9:30 Morning Exercise
10:15 Weekly Horoscopes
10:30 Trivia/ Dominoes
1:00 Daily Chronicles
1:30 BINGO!
3:00 Craft: Valentines

14
9:30 Fun Fitness
10:00 Catholic Communion
10:15 **Corn Hole Toss**
1:30 BINGO!
2:45 Sweetheart Songs with Doug Cain!
Valentine's Day

15
9:30 Group Workout
10:15 Bible Study
10:30 Reminiscing Group
1:30 BINGO!
2:45 Ice Cream Social
3:30 Pretty Nails Salon

16
9:30 Exercise with Legacy
10:15 Today in History
10:30 Gamer Groups
1:30 BINGO!
3:00 Friendly Feud!

17
9:30 Chair Exercises
10:15 Short Story Club
10:15 Games w/ Friends
1:30 BINGO!
2:45 Happy Hour with Pablo Reyes

18
9:30 Stretch and Tone
10:15 Board Games/Cards
1:30 BINGO!
2:45 Popcorn Social
3:00 Song Social with Dave Smith!

19
10:00 Church Service with Pastor Revell
1:30 Caring Friends Trio: Becki, John, and Sandi


20
9:30 Morning Exercise
10:15 Weekly Horoscopes
10:30 Games/ Dominoes
1:00 Daily Chronicles
1:30 BINGO!
3:00 Balloon Bop!
Presidents' Day

21
9:30 Fun Fitness
10:00 Catholic Communion
10:15 **10-Pin Bowling**
1:30 BINGO!
3:00 Mardi Gras Bead Roll!
Mardi Gras

22
9:30 Group Workout
10:15 Bible Study
10:30 Reminiscing Group
1:30 BINGO!
2:45 Ice Cream Social
3:45 Trivia Challenge
Ash Wednesday

23
9:30 Exercise with Legacy
10:15 Today in History
10:30 Gamer Groups
1:30 BINGO!
3:00 Bingo Store #1
3:45 Bingo Store #2

24
9:30 Chair Exercises
10:15 Short Story Club
10:15 Games w/ Friends
1:30 BINGO!
2:45 Happy Hour with The Essence Duo

25
9:30 Stretch and Tone
10:15 Board Games/Cards
1:30 BINGO!
2:45 Snack Social
3:00 Saturday Movie

26
10:00 Church Service with Pastor Revell
2:00 Sunday Cinema


27
9:30 Morning Exercise
10:15 Weekly Horoscopes
10:30 Trivia/ Dominoes
1:00 Daily Chronicles
1:30 BINGO!
3:00 Balloon Bop!

28
9:30 Fun Fitness
10:00 Catholic Communion
10:15 **Corn Hole Toss**
1:30 BINGO!
2:45 Snack & Movie
3:00 **Pretty Nails Salon**

February 2023

Arbor Oaks Activities Calendars