

















SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 10:30am: Tai - Chi - CC ♦ 5pm: Wine Down Wednesday - B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	2 2pm: Line Dancing - B ♦ 6pm: Poker - B ♦	3 1pm: Bingo- MR ♦ 5pm: Social Hour - B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	4 10:30am: Zumba - CC ♦ 
5 9am: Faith & Fellowship - MR ♦ 	6 9:30am: Brain & Memory Care - CC♦ 5:30pm: Game night - Skipbo / Phase 10 - B ♦ National Frozen Yogurt Day 	7 10am: Bible Study led by: Pastor Naveen - MR 12:30pm: Cardio Circuit Class - CC ♦	8 10:30am: Tai - Chi - CC ♦ 5pm: Wine Down Wednesday - B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	9 2pm: Line Dancing - B ♦ 6pm: Poker - B ♦ National Pizza Day! 	10 1pm: Bingo- MR ♦ 5pm: Social Hour - B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	11 10:30am: Zumba - CC ♦
12 Super Bowl 9am: Faith & Fellowship - MR 	13 9:30am: Brain & Memory Care - CC♦ 5:30pm: Game night - Skipbo / Phase 10 - B ♦	14 10am: Bible Study led by: Pastor Naveen - MR 12:30pm: Cardio Circuit Class ♦ HAPPY Valentines DAY 	15 10:30am: Tai - Chi - CC ♦ 5pm: Wine Down Wednesday Valentine Celebration- B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	16 2pm: Line Dancing - B ♦ 6pm: Poker - B ♦	17 1pm: Bingo- MR ♦ 5pm: Social Hour - B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	18 10:30am: Zumba - CC ♦ 
19 9am: Faith & Fellowship - MR 	20 9:30am: Brain & Memory Care - CC♦ 5:30pm: Game night - Skipbo / Phase 10 - B ♦ Presidents Day 	21 10am: Bible Study led by: Pastor Naveen - MR 12:30pm: Cardio Circuit Class ♦ -Social Dinner @ 5PM MARDI GRAS 	22 10:30am: Tai - Chi - CC ♦ 5pm: Wine Down Wednesday - B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	23 2pm: Line Dancing - B ♦ 6pm: Poker - B ♦	24 1pm: Bingo- MR ♦ 5pm: Social Hour - B ♦ 5:30pm: Game Night - Skipbo / Phase 10 - B ♦	25 10:30am: Zumba - CC ♦
26 9am: Faith & Fellowship - MR 	27 9:30am: Brain & Memory Care - CC♦ 5:30pm: Game night - Skipbo / Phase 10 - B ♦	28 10am: Bible Study led by: Pastor Naveen - MR 12:30pm: Cardio Circuit Class ♦ 3pm: Birthday Celebration - B ♦	<div>  <h1>HAPPY BIRTHDAY TO ALL</h1> <h1>FEBRUARY BIRTHDAY'S!!!!</h1>  </div>			

ANNOUNCEMENTS & ACTIVITIES

February 9th- Join us in the Bistro for National Pizza Day and enjoy pizza on us!
February 23rd- Join us in our Bistro for a Resident Dinner @5PM .

February Highlight

February 15th for Wine Down Wednesday, we will celebrate Valentine's Day with some sweet treats and champagne!!



February Weekly Recurring Events

Monday at 9:30am - Brain & Memory Care in the Craft Center

Tuesdays at 12:30pm - Cardio Circuit with Ginger in the Craft Center

Wednesdays at 10:30am - Tai Chi with Ginger in the Craft Center

Thursdays at 2pm - Line Dancing with Ginger in the Bistro

M-W-F at 5:30pm - Game Night in the Bistro

Fridays at 1pm - Bingo in the Magnolia Room

Freezing Weather - BEFORE GOING OUT OF TOWN REMEMBER TO...

Set your heater to 65, keep all faucets on a slow drip to prevent stagnant water from freezing, and open all cabinets for heat to reach the pipes. These are measures to help prevent pipes from freezing & cracking.

Alyssa Carlton | Assistant Property Manager
Gloria Strickland | Resident Liason
Jessy Rosales | Maintenance Director
Charles Powell | Asst. Maintenance Director

SPRING DIRECTORY

Salon by Karen: 817-455-4556

Spring Office: 817-423-3580



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