

9am: Faith & Fellowship - MR



5:30pm: Game night -

Skipbo / Phase 10 - B

P = PoolFIT = Fitness Center RG= Rose Garden

9:30am: Brain & Memory Care - CC◆ 10am: Bible Study led



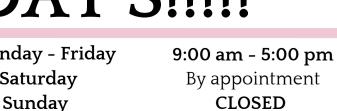
by: Pastor Naveen - MR

12:30pm: Cardio Circuit Class ♦

3pm: Birthday Celebration - B ◆







ANNOUNCEMENTS & ACTIVITIES

February 9th- Join us in the Bistro for National Pizza Day and enjoy pizza on us! February 23rd- Join us in our Bistro for a Resident Dinner @5PM.

<u>February Highlight</u>

February 15th for Wine Down Wednesday, we will celebrate Valentine's Day with some sweet treats and champagne!!



February Weekly Recurring Events

Monday at 9:30am - Brain & Memory Care in the Craft Center

Tuesdays at 12:30pm - Cardio Circuit with Ginger in the Craft Center

Wednesdays at 10:30am - Tai Chi with Ginger in the Craft Center

Thursdays at 2pm - Line Dancing with Ginger in the Bistro

M-W-F at 5:30pm - Game Night in the Bistro

Fridays at 1pm - Bingo in the Magnolia Room

Freezing Weather - BEFORE GOING OUT OF TOWN REMEMBER TO ...

Set your heater to 65, keep all faucets on a slow drip to prevent stagnant water from freezing, and open all cabinets for heat to reach the pipes. These are measures to help prevent pipes from freezing & cracking.

Alyssa Carlton | Assistant Property Manager Gloria Strickland | Resident Liason Jessy Rosales | Maintenance Director Charles Powell | Asst. Maintenance Director

SPRING DIRECTORY

Salon by Karen: 817-455-4556

Spring Office: 817-423-3580





an allure active adult community



3850 Silverton Circle Ft. Woth, TX 76133



