

FEBRUARY



Assisted Living ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

			1 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 1:00 PM Aromatherapy 3:00 PM Valentine Picture Frame Craft	2 8:30 AM Daily Chronicle 9:30 AM Lutheran Church of the Resurrection 10:00 AM Puzzles 1:00 PM Bingo 3:00 PM Happy Hour	3 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 3:00 PM Wine & Cheese Social 4:00 PM Card Games	4 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:30 AM Coffee & Donut Social—Mail Room 1:00 PM Walking Club
5 8:30 AM Daily Chronicle 10:00 AM Puzzles 1:00 PM Coffee & Cookie Social—Mail Room 2:00 PM Cranium Crunches 3:00 PM Cornerstone Church	6 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 2:00 PM Vision Board Craft 4:00 PM Game Night	7 8:30 AM Daily Chronicle 10:00 AM Puzzles 11:00 AM Therapy Dog Visit 1:00 PM Pokeno 2:00 PM Movie—Yesterday 4:00 PM Make Your Own Valentines	8 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 2:00 PM Employee Appreciation 4:00 PM Ladderball	9 8:30 AM Daily Chronicle 9:30 AM St. Odilia's Catholic Church 10:00 AM Puzzles 11:00 AM Resident Council Meeting 1:00 PM Bingo 2:00 PM Rose Music Performance 3:30 PM Hot Cocoa/Apple Cider Social	10 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 3:00 PM Wine & Cheese Social 4:00 PM Card Games	11 Salon Day 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:30 AM Coffee & Donut Social—Mail Room 1:00 PM Walking Club
12 8:30 AM Daily Chronicle 10:00 AM Puzzles 1:00 PM Coffee & Cookie Social—Mail Room 2:00 PM Cranium Crunches	13 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 2:00 PM Universal Yums Taste Testers 4:00 PM Game Night	14 Valentine's Day 8:30 AM Daily Chronicle 10:00 AM Puzzles 1:00 PM Pokeno 2:00 PM Movie—Casablanca 4:00 PM Wii Bowling—Theater	15 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 1:00 PM Knitting Club 4:00 PM J&J Music Performance	16 8:30 AM Daily Chronicle 9:30 AM Lutheran Church of the Resurrection 10:00 AM Puzzles 1:00 PM Bingo 3:00 PM Happy Hour	17 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 3:00 PM Wine & Cheese Social 4:00 PM Card Games	18 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:30 AM Coffee & Donut Social—Mail Room 1:00 PM Walking Club
19 8:30 AM Daily Chronicle 10:00 AM Puzzles 1:00 PM Coffee & Cookie Social—Mail Room 2:00 PM Cranium Crunches 3:00 PM Cornerstone Church 4:00 PM Fusion Arts Dance Performance—Community Room	20 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 2:00 PM Alterations by Sydney 4:00 PM Game Night	21 Library Day 8:30 AM Daily Chronicle 10:00 AM Puzzles 1:00 PM Ramsey County Library 2:00 PM Movie—Oklahoma 4:00 PM Cornhole	22 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 1:00 PM Baking Through the Decades—1910s 3:00 PM Jewelry Making 4:30 PM Como Zoo Outing	23 8:30 AM Daily Chronicle 9:30 AM St. Odilia's Catholic Church 10:00 AM Puzzles 1:00 PM Bingo 3:00 PM Hot Cocoa/Apple Cider Social	24 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 3:00 PM Wine & Cheese Social 4:00 PM Card Games	25 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:30 AM Coffee & Donut Social—Mail Room 1:00 PM Walking Club
26 8:30 AM Daily Chronicle 10:00 AM Puzzles 1:00 PM Coffee & Cookie Social—Mail Room 2:00 PM Cranium Crunches	27 8:30 AM Daily Chronicle 10:00 AM Puzzles 10:45 AM Live 2B Healthy—Fitness Center 2:00 PM Cupcake Decorating 4:00 PM Game Night	28 8:30 AM Daily Chronicle 10:00 AM Puzzles 1:00 PM Pokeno 2:00 PM Movie—West Side Story 4:00 PM Just Dance—Theater				

JAYBIRD SENIOR LIVING
senior living *reimagined*

*A Year of
Sweet Adventures*

FEBRUARY



Memory Care ACTIVITY CALENDAR

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

8:30 AM Daily Chronicle
9:30 AM Chair Dancing
10:00 AM Puzzles
11:00 AM Water Painting
2:00 PM Aromatherapy

1

8:30 AM Daily Chronicle
9:30 AM Lutheran Church of the Resurrection Service
10:00 AM Puzzles
12:45 PM Music Speaks
2:00 PM Hot Cocoa Social

2

8:30 AM Daily Chronicle
9:30 AM Stretch & Exercise
10:00 AM Puzzles
1:00 PM Documentary Series
4:00 PM Weekly Gratitude

3

8:30 AM Daily Chronicle
10:00 AM Puzzles
10:30 AM Coffee & Donut Social
1:00 PM Walking Club

4

8:30 AM Daily Chronicle
10:00 AM Puzzles
1:00 PM Coffee & Cookie Social
3:00 PM Cornerstone Church

5

8:30 AM Daily Chronicle
9:30 AM Balloon Toss
10:00 AM Puzzles
1:00 PM Movie Monday
3:00 PM One-on-Ones

6

8:30 AM Daily Chronicle
10:00 AM Puzzles
11:00 AM Therapy Dog Visit
12:45 PM Music Speaks
3:00 PM Make your own Valentines

7

8:30 AM Daily Chronicle
9:30 AM Chair Dancing
10:00 AM Puzzles
11:00 AM Water Painting
1:00 PM Aromatherapy

8

8:30 AM Daily Chronicle
9:30 AM St. Odilia's Catholic Service
10:00 AM Puzzles
11:00 AM Resident Council Meeting
12:45 PM Music Speaks
2:00 PM Rose Music Performance

9

8:30 AM Daily Chronicle
9:30 AM Stretch & Exercise
10:00 AM Puzzles
1:00 PM Documentary Series
4:00 PM Weekly Gratitude

10

Salon Day
8:30 AM Daily Chronicle
10:00 AM Puzzles
10:30 AM Coffee & Donut Social
1:00 PM Walking Club

11

8:30 AM Daily Chronicle
10:00 AM Puzzles
1:00 PM Coffee & Cookie Social

12

8:30 AM Daily Chronicle
9:30 AM Balloon Toss
10:00 AM Puzzles
1:00 PM Movie Monday
3:00 PM One-on-Ones

13

Valentine's Day
8:30 AM Daily Chronicle
10:00 AM Puzzles
12:00 PM Lunch Trivia
12:45 PM Music Speaks
3:00 PM Flower Arranging

14

8:30 AM Daily Chronicle
9:30 AM Chair Dancing
10:00 AM Puzzles
11:00 AM Water Painting
2:00 PM Aromatherapy
4:00 PM J&J Music Performance

15

8:30 AM Daily Chronicle
9:30 AM Lutheran Church of the Resurrection Service
10:00 AM Puzzles
12:45 PM Music Speaks
2:00 PM Apple Cider Social

16

8:30 AM Daily Chronicle
9:30 AM Stretch & Exercise
10:00 AM Puzzles
1:00 PM Documentary Series
4:00 PM Weekly Gratitude

17

8:30 AM Daily Chronicle
10:00 AM Puzzles
10:30 AM Coffee & Donut Social
1:00 PM Walking Club

18

8:30 AM Daily Chronicle
10:00 AM Puzzles
1:00 PM Coffee & Cookie Social
3:00 PM Cornerstone Church
4:00 PM Fusion Arts Dance Performance—Community Room

19

8:30 AM Daily Chronicle
9:30 AM Balloon Toss
10:00 AM Puzzles
1:00 PM Movie Monday
3:00 PM One-on-Ones

20

Library Day
8:30 AM Daily Chronicle
10:00 AM Puzzles
12:45 PM Music Speaks
1:00 PM Ramsey County Library
3:00 PM Playdough

21

8:30 AM Daily Chronicle
9:30 AM Chair Dancing
10:00 AM Puzzles
11:00 AM Water Painting
2:00 PM Aromatherapy

22

8:30 AM Daily Chronicle
9:30 AM St. Odilia's Catholic Service
10:00 AM Puzzles
12:45 PM Music Speaks
2:00 PM Apple Cider Social

23

8:30 AM Daily Chronicle
9:30 AM Stretch & Exercise
10:00 AM Puzzles
1:00 PM Documentary Series
4:00 PM Weekly Gratitude

24

8:30 AM Daily Chronicle
10:00 AM Puzzles
10:30 AM Coffee & Donut Social
1:00 PM Walking Club

25

8:30 AM Daily Chronicle
10:00 AM Puzzles
1:00 PM Coffee & Cookie Social

26

8:30 AM Daily Chronicle
9:30 AM Balloon Toss
10:00 AM Puzzles
1:00 PM Movie Monday
3:00 PM One-on-Ones

27

8:30 AM Daily Chronicle
10:00 AM Puzzles
12:00 PM Lunch Trivia
12:45 PM Music Speaks
3:00 PM Coloring

28

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