

FEBRUARY

Keelson Harbour

JAYBIRD SENIOR LIVING
senior living reimagined



A Year of
Sweet Adventures

Assisted Living ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 2/6 - Pat Hansen 2/9 - Myrtle Swanson 2/14 - Kieth Tadlock 2/16 - Sally Ingwersen 2/18 - Carl Ingwersen 2/21 - Amanda Wills 2/23 - Jean Still 2/24 - Irma Reiser 2/24 - Kristi Gross 2/24 - Kelsey Mergen	*Activities Subject To Change		1 CR 9:00 Coffee Social CR 9:30 Chair Exercise CR 10:30 SingFit CH 1:00 Chapel with Norm Erickson DR 3:00 Culinary Meeting DR 3:30 February Birthday Celebration	2 Groundhog Day CR 9:00 Coffee Social CR 9:30 Chair Exercise L 10:30 This Day in History L 1:00 Bean Boozled Game DR 2:00 BINGO CS 3:00 Popcorn	3 CR 9:15 Exercise! L 10:30 Manicures L 1:00 The Day The Music Died CS 2:00 500 Cards DR 3:00 Happy Hour DR 3:30 Foodie Friday Snack	4 Melissa MOD CR 10:00 Dice Moves L 11:00 Puzzle Time L 2:00 Bird Feeders CR 3:00 Heartland TV Series
5 Melissa MOD L 10:00 Sunday Trivia CH 10:15 Presbyterian Communion DR 2:00 BINGO CS 3:30 Rummikub CS 4:30 Friendly Stroll!	6 CR 9:15 Exercise! CH 10:30 Pr. Brian Jack, Lutheran Chapel L 1:00 Sweet Talk Game EW 2:00 Jeff Buege Concert DR 3:00 Pat Hansen Birthday Party CR 6:00 Movie & Popcorn	7 CR 9:15 Exercise! L 10:30 Poker with Beth L 1:00 Jeopardy! CH 2:00 Bible Study CS 3:00 Popcorn DR 3:00 Resident Meeting	8 CR 9:00 Coffee Social CR 9:30 Chair Exercise CH 10:00 Resident Memorial Service L 1:00 Walmart Trip DR 2:30 Ice Cream L 3:00 Valentine's for Joyful Journeys	9 CR 9:00 Coffee Social CR 9:30 Chair Exercise L 10:30 This Day in History CR 1:00 Past Times Group with Mary Dreier DR 2:00 BINGO CS 3:00 Popcorn	10 CR 9:15 Exercise! L 10:00 Candyland with Joyful Journeys CH 10:00 Catholic Chapel CH 11:00 Methodist Chapel L 1:00 HyVee/Bomgaars Trip CS 2:00 500 Cards DR 3:00 Happy Hour! DR 3:30 Foodie Friday Snack	11 Miranda MOD CR 10:00 Dice Moves L 11:00 Puzzle Time DR 2:00 Strawberry Pretzel Salad CR 3:00 Heartland TV Series
12 Miranda MOD L 10:00 Sunday Trivia DR 2:00 BINGO DR 3:00 Superbowl Snacks! CS 3:30 Rummikub CS 4:30 Friendly Stroll!	13 CR 9:15 Exercise! L 10:30 Mimosa's & Muffins L 1:00 Valentine Garland Craft L 2:00 Puzzle Time CR 3:00 Dickinson County Nature Center Program L 3:30 GOLF Cards	14 Valentine's Day CR 9:15 Exercise! L 10:30 Scrabble DR 12:00 Valentine's Day Lunch L 1:00 Library Day EW 1:00 Sandra Sykes Piano L 2:00 Bridal Fashion Show CS 3:00 Popcorn CH 3:30 Bible Study	15 CR 9:00 Coffee Social CR 9:30 Chair Exercise CR 10:30 SingFit CH 1:00 Chapel with Norm Erickson DR 2:30 Ice Cream L 3:00 Find The Candy Game	16 CR 9:00 Coffee Social CR 9:30 Chair Exercise L 10:30 This Day in History L 1:00 General Store DR 2:00 BINGO CS 3:00 Popcorn	17 CR 9:15 Exercise! L 10:30 Manicures L 1:00 Valentine's Word Games CS 2:00 500 Cards DR 3:00 Happy Hour DR 3:30 Foodie Friday Snack	18 Alexa MOD CR 10:00 Dice Moves L 11:00 Puzzle Time L 2:00 Almond Taste Test CR 3:00 Heartland TV Series
19 Alexa MOD L 10:00 Sunday Trivia DR 2:00 BINGO CS 3:30 Rummikub CS 4:30 Friendly Stroll!	20 Presidents' Day CR 9:15 Exercise! L 10:30 BUMP! L 1:00 President's Day BINGO L 2:00 Monogram Sign Craft DR 3:30 Hot Tea Party CH 6:00 Movie & Popcorn	21 CR 9:15 Exercise! L 10:30 Poker with Beth CH 11:00 Pr. Gewecke Presbyterian Chapel CH 2:00 Bible Study EW 2:00 Bob Floss Piano DR 3:00 Mardi Gras Party CH 4:30 Alzheimer's Support Group	22 CR 9:00 Coffee Social CR 9:30 Chair Exercise CR 10:30 SingFit L 1:00 Walmart Trip DR 2:30 Ice Cream CR 3:30 Wii Wednesdays- Family Feud	23 CR 9:00 Coffee Social CR 9:30 Chair Exercise L 10:30 This Day in History DR 2:00 BINGO CS 3:00 Popcorn DR 3:00 Resident Council	24 CR 9:15 Exercise! L 10:30 Manicures L 1:00 Dollar Tree Trip CS 2:00 500 Cards DR 2:00 Universal Yums DR 3:00 Happy Hour! DR 3:30 Foodie Friday Snack	25 Brian MOD CR 10:00 Dice Moves L 11:00 Puzzle Time L 2:00 Price is Right CR 3:00 Heartland TV Series
26 Brian MOD L 10:00 Sunday Trivia DR 2:00 BINGO CS 3:30 Rummikub CS 4:30 Friendly Stroll!	27 CR 9:15 Exercise! L 10:30 BUMP! L 1:00 Jeopardy! DR 2:00 National Cupcake Day CR 3:00 Dewey The Cat Program	28 CR 9:15 Exercise! L 10:30 Scrabble L 1:00 Library Day L 2:00 Skip-Bo Cards CS 3:00 Popcorn CR 3:30 Armchair Travel to New Zealand				

FEBRUARY

JAYBIRD SENIOR LIVING
senior living reimagined



A Year of
Sweet Adventures

Memory Care ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 2/6 - Pat Hansen 2/9 - Myrtle Swanson 2/14 - Kieth Tadlock 2/16 - Sally Ingwersen 2/18 - Carl Ingwersen 2/21 - Amanda Wills 2/23 - Jean Still 2/24 - Irma Reiser 2/24 - Kristi Gross 2/24 - Kelsey Mergen	*Activities Subject to Change		1 DR 8:00 Breakfast 9:00 1:1 Time GR 10:00 Chair Exercise GR 11:00 Kickball DR 11:45 Lunch GR 12:30 Gameshow Network K 1:00 Jelly Bean Taste Test DR 2:30 Snack 3:30 Bus Ride! 4:45 Prayer & Wash Hands DR 5:00 Supper	2 Groundhog Day DR 8:00 Breakfast GR 9:00 SingFit GR 10:15 Trivia GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Air Hockey DR 2:30 Snack GR 3:30 Chair Exercise GR 4:45 Prayer & Wash Hands DR 5:00 Supper	3 DR 8:00 Breakfast GR 9:00 This Day In History 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 I Love Lucy GR 1:00 Balloon Volleyball 1:00 Music Therapy DR 2:30 Snack GR 3:30 Parachute Game GR 4:45 Prayer & Wash Hands DR 5:00 Supper	4 Melissa MOD DR 8:00 Breakfast 9:00 Morning Walk GR 9:30 Activity Bins GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Walking Group GR 1:15 Bird Feeder Craft DR 2:30 Snack GR 3:00 Saturday Movie GR 4:30 Puzzles GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Coloring
5 Melissa MOD DR 8:00 Breakfast GR 9:00 Church on TV GR 10:00 Hymn Sing GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Balloon Volleyball DR 2:30 Snack GR 3:00 Manicures 3:30 Walking Group GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Sunday Movie	6 DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Chapel with Pr. Brian DR 11:45 Lunch GR 12:30 Gameshow Network K 1:00 Hand Massages/Manicures DR 2:30 Snack GR 3:30 SingFit GR 4:45 Prayer & Wash Hands DR 5:00 Supper	7 DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 I Love Lucy GR 1:00 Hungry Hippo Ball Game DR 2:30 Snack GR 3:30 SingFit GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Coloring	8 DR 8:00 Breakfast 9:00 1:1 Time GR 10:00 Chair Exercise GR 11:00 Kickball DR 11:45 Lunch GR 12:30 Gameshow Network GR 1:00 Valentine Paper Chain Craft DR 2:30 Snack 3:30 Bus Ride! GR 4:45 Prayer & Wash Hands DR 5:00 Supper	9 DR 8:00 Breakfast GR 9:00 SingFit GR 10:15 Trivia GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Hope Haven Hoopla! DR 2:30 Snack GR 3:30 Chair Exercise GR 4:45 Prayer & Wash Hands DR 5:00 Supper	10 DR 8:00 Breakfast GR 9:00 This Day In History 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 I Love Lucy GR 1:00 Balloon Volleyball 1:00 Music Therapy DR 2:30 Snack GR 3:30 Parachute Game GR 4:45 Prayer & Wash Hands DR 5:00 Supper	11 Miranda MOD DR 8:00 Breakfast 9:00 Morning Walk GR 9:30 Activity Bins GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Walking Group DR 1:30 Strawberry Pretzel Salad DR 2:30 Snack GR 3:00 Saturday Movie GR 4:30 Puzzles GR 4:45 Prayer & Wash Hands DR 5:00 Supper
12 Miranda MOD DR 8:00 Breakfast GR 9:00 Church on TV GR 10:00 Hymn Sing GR 11:00 Football Games! DR 11:45 Lunch GR 1:00 Balloon Volleyball DR 2:30 Super Bowl Snacks GR 3:00 Manicures 3:30 Walking Group GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Sunday Movie	13 DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 Gameshow Network K 1:00 Hand Massages/Manicures DR 2:00 Snack GR 2:30 Dickinson County Nature Center Program GR 3:30 SingFit	14 Valentine's Day DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Valentine's Day Lunch GR 12:30 I Love Lucy L 1:00 Roll A Rainbow GR 2:00 Sandra Sykes Piano Concert DR 2:30 Snack GR 3:30 SingFit GR 4:45 Prayer & Wash Hands DR 5:00 Supper	15 DR 8:00 Breakfast 9:00 1:1 Time GR 10:00 Chair Exercise GR 11:00 Kickball DR 11:45 Lunch GR 12:30 Gameshow Network GR 1:00 Hope Haven Hoopla! DR 2:30 Snack 3:30 Bus Ride! GR 4:45 Prayer & Wash Hands DR 5:00 Supper	16 DR 8:00 Breakfast GR 9:00 SingFit GR 10:15 Trivia GR 11:00 Kickball DR 11:45 Lunch K 1:00 Find the Candy Game DR 2:30 Snack GR 3:30 Chair Exercise GR 4:45 Prayer & Wash Hands DR 5:00 Supper	17 DR 8:00 Breakfast GR 9:00 This Day In History 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 I Love Lucy GR 1:00 Balloon Volleyball 1:00 Music Therapy DR 2:30 Snack GR 3:30 Parachute Game GR 4:45 Prayer & Wash Hands DR 5:00 Supper	18 Alexa MOD DR 8:00 Breakfast 9:00 Morning Walk GR 9:30 Activity Bins GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Walking Group DR 2:30 Snack GR 3:00 Saturday Movie GR 4:30 Puzzles GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Coloring

FEBRUARY

JAYBIRD SENIOR LIVING
senior living reimagined



A Year of
Sweet Adventures

Memory Care ACTIVITY CALENDAR

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
19	Alexa MOD DR 8:00 Breakfast GR 9:00 Church on TV GR 10:00 Hymn Sing DR 11:00 Kickball DR 11:45 Lunch GR 1:00 Balloon Volleyball DR 2:30 Snack GR 3:00 Manicures 3:30 Walking Group GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Sunday Movie	20 Presidents' Day DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 Gameshow Network K 1:00 Hand Massages/Manicures DR 2:30 Snack GR 3:30 SingFit GR 4:45 Prayer & Wash Hands DR 5:00 Supper	21 DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 I Love Lucy GR 1:00 Mardi Gras Games DR 2:30 Snack GR 3:30 SingFit GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Coloring	22 DR 8:00 Breakfast 9:00 1:1 Time GR 10:00 Chair Exercise GR 11:00 Kickball DR 11:45 Lunch GR 12:30 Gameshow Network GR 1:00 Drawing To Music DR 2:30 Snack 3:30 Bus Ride! GR 4:45 Prayer & Wash Hands DR 5:00 Supper	23 DR 8:00 Breakfast GR 9:00 SingFit GR 10:15 Trivia GR 10:45 Chapel with Dr. Lucin DR 11:00 Kickball DR 11:45 Lunch GR 1:00 Broom Ball GR 2:30 Snack GR 3:30 Chair Exercise GR 4:45 Prayer & Wash Hands DR 5:00 Supper	24 DR 8:00 Breakfast GR 9:00 This Day In History 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 I Love Lucy GR 1:00 Balloon Volleyball DR 2:30 Snack GR 3:30 Parachute Game GR 4:45 Prayer & Wash Hands DR 5:00 Supper	25 Mary MOD DR 8:00 Breakfast GR 9:30 Activity Bins GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Walking Group K 1:30 Edible Playdoh Making DR 2:30 Snack GR 3:00 Saturday Movie GR 4:30 Puzzles GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Coloring	26 Mary MOD DR 8:00 Breakfast GR 9:00 Church on TV GR 10:00 Hymn Sing GR 11:00 Kickball DR 11:45 Lunch GR 1:00 Balloon Volleyball DR 2:30 Snack GR 3:00 Manicures 3:30 Walking Group GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Sunday Movie	27 DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 Gameshow Network K 1:00 Hand Massages/Manicures DR 2:30 Snack GR 3:30 SingFit GR 4:45 Prayer & Wash Hands DR 5:00 Supper	28 DR 8:00 Breakfast GR 9:00 Morning Music 10:15 1:1 Time GR 10:15 Exercise! GR 11:00 Kickball DR 11:45 Lunch GR 12:30 I Love Lucy GR 1:00 Armchair Travel to New Zealand DR 2:30 Snack GR 3:30 SingFit GR 4:45 Prayer & Wash Hands DR 5:00 Supper GR 6:00 Coloring			