February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Breakfast: Breakfast waffle fry nachos with applesauce. Lunch: Chicken breast, mac n' cheese, vegetable, and apple pie bars. Supper: Grilled cheese, soup, and Twix cookie bars.	Breakfast: Waffles, bacon, and fruit. Lunch: Pork chops in gravy, baked potato, side salad, and sherbet. Supper: Chicken bacon ranch casserole, vegetable, and German chocolate cake.	Breakfast: Egg, ham, and cheese breakfast sandwich with applesauce. Lunch: Patty melts, French fries, Cole slaw, and cookies. Supper: Cheesy ham and potatoes, vegetable, and banana peanut butter	Breakfast: Pancakes, sausage links, and yogurt. Lunch: Chicken pot pie with coconut cream pie. Supper: Meatballs subs, onion rings, side salad, and seven-layer bars.
Breakfast: Ice Cream over waffles with blueberry drizzle and bacon. Lunch: Chicken Io Mein, cream cheese wontons, and pudding dessert. Supper: Pulled pork sandwiches, French fries, side salad, and rice crispy treat.	Breakfast: French toast, sausage patties, and applesauce. Lunch: Italian wrap, chips, Cole slaw, and ice cream sundae. Supper: Bacon cheeseburger tater tot casserole, vegetable, and whipped fruit cocktail.	Breakfast: Breakfast grilled cheese with fruit. Lunch: Hot beef sandwiches, mashed potatoes, gravy, vegetable, and strawberry shortcake. Supper: Soup with biscuits and cookies.	(1 Breakfast: Egg of choice, toast, and yogurt. Lunch: Chef's Salad with Jell-o parfait. Supper: Tacos with churros.	(2 Breakfast: Cereal of choice, Canadian bacon, and fruit. Lunch: Build-your-own- pizza with pie. Supper: Deli sandwiches, chips, raw veggies, and blondies.	pinwheels.(3Breakfast: Cheeseomelets, toast, andapplesauce.Lunch: Lasagna, garlicbread, vegetable, andcherry crisp.Supper: Beef tips withgravy, au gratinpotatoes, vegetable, andorange fluff dessert.	(4 Breakfast: Oatmeal, sausage links, and fruit. Lunch: Chicken pot pie with Oreo poke cake. Supper: Brats on a bun, potato salad, vegetable, and mini muffins.
(5	(6	(7	(8	(9	(10	(11
Breakfast: Pancakes, bacon, and yogurt. Lunch: Superbowl party appetizers and dessert. Supper: Chili, corn bread, and banana cream pie. 12)	Breakfast: Egg bake with hashbrowns and fruit. Lunch: Chicken quesadillas, corn, and cinnamon sugar cheesecake. Supper: Tuna salad on croissant, chips, raw veggies, and carrot cake. (13	Breakfast: Cinnamon rolls, Canadian bacon, and fruit. Lunch: Kielbasa, scalloped potatoes, side salad, and chocolate pudding cake. Supper: Chicken patty sandwiches, tater tots, Cole slaw, and peach cobbler. (14	Breakfast: Sausage biscuits with gravy and applesauce. Lunch: Chicken broccoli and rice casserole with cookies. Supper: Shepard's pie with pudding parfaits. (15	Breakfast: French toast bake, sausage patties, and fruit. Lunch: Breaded shrimp, baked potato, vegetable, and brownies. Supper: Spaghetti with meat sauce, side salad, breadstick, and raspberry bars. (16	Breakfast: Egg of choice, toast, and fruit. Lunch: Pork chops, parmesan pasta, vegetable, and sherbet. Supper: Grilled cheese, soup, and blueberry pie.	Breakfast: Waffles, sausage links, and fruit. Lunch: Meatloaf, mashed potatoes, side salad, and cookies. Supper: Corn dogs, French fries, vegetable, and ice cream sundae. (18
Breakfast: Cheese	Breakfast: Pancakes,	Breakfast: Egg, sausage,	Breakfast: Cereal of	Breakfast: Choice of	Breakfast: Oatmeal,	Breakfast: breakfast
omelets, toast, and applesauce. Lunch: Tuna noodle casserole with chocolate chip bars. Supper: Pizza with side salad and S'mores bars.	bacon, and fruit. Lunch: Pot roast, roasted potatoes, vegetable, and Oreo treat. Supper: Chicken alfredo, breadstick, vegetable, and lemon bars.	and cheese breakfast sandwich with yogurt. Lunch: Taco salad with churros. Supper: Cheesy potatoes and ham, vegetable, and cake.	choice, Canadian bacon, and fruit. Lunch: Chicken breasts, parmesan pasta, side salad, and whipped fruit cocktail. Supper: Sloppy Joe's, chips, Cole slaw, and ice	egg, toast, and fruit. Lunch: Goulash, vegetable, and chocolate Eclairs. Supper: Meatballs and gravy, rice, vegetable, and apple crisp.	sausage links, and fruit. Lunch: Steak quesadillas, vegetable, and Mexican cheesecake. Supper: Chicken bacon ranch casserole, side salad, and pie.	burrito with applesauce. Lunch: Fried fish, baked potatoes, vegetable, and cookies. Supper: Kielbasa stir fry, egg roll, and pudding dessert.

Breakfast: French toast,	Breakfast: Choice of egg,	Breakfast: Cinnamon		
bacon, and yogurt.	toast, and fruit.	rolls, Canadian bacon,		
Lunch: Tater tot hot dish	Lunch: Hot dogs, French	and fruit.		
with banana bars.	fries, vegetable, and	Lunch: Chicken		
Supper: Deli sandwich,	chocolate cake.	enchiladas, vegetable,		
chips, fresh veggies, and	Supper: Meatballs, mac	and churros.		
mini muffins.	n' cheese, vegetable,	Supper: Ham and cheesy		
	and sherbet.	potatoes, vegetable, and		
		butterscotch blondie.		
(26	(27	(28		

MENU SUBJECTS TO CHANGE